

Lash Aftercare Card

Cleanse *DAILY* with your cleanser to avoid the risk of inflammation or build up. Eyelash extensions will also not last if they are not being cleaned properly and daily. Make cleansing a part of your daily routine to keep your natural lashes healthy!



- Sleeping on your stomach, side, or somewhere in-between can be a downside to your lashes. You do not want to damage them either by sleeping on them and pulling them off. Do not fear, this does not mean your natural lashes fell out. Only the extensions unless you happen to have been very rough and done damage. With extensions we must learn to sleep on your back and still throughout the night. If you sleep on your side, be conscious, and tilt your nose up so your face is slightly propped up. This is a common way for the extensions to not last as long due to how you sleep.
- Avoid moisture to enhance the longevity of the extensions. This includes silly things even like steam from opening a dishwasher, draining hot steaming water from a pot, or heat caused by hot baking ovens or outdoor fires. Be super careful not to get too close, you could steam them or even singe them. Singeing lashes is a common mistake.
- Do not expose lashes to excessive moisture or get wet within 24 hours of application. Do not go home and clean them right away after application.
- Do not touch, pick, or pull on your extensions. If your eyelids are itchy due to seasonal change, be very careful when you are itching or moving your eyelids back and forth.
- Brush your lashes daily but do not brush lashes when they are wet. Always dry lashes when wet by using a small, controlled portable fan on low, cool.
- Always dry first for a few minutes before brushing. At the same time as drying them, start first by only working at the tips of the lashes, watching the lashes dry or fan back out becoming fluffy again.
- If submerged in water, first carefully pat dry with lint free paper towel if possible. Do not put a towel up to them to dry them.
- Use cool, distilled water when cleansing to avoid hard water.
- Avoid long, hot and steamy showers due to excess moisture and steam. It is best to avoid getting them wet in the shower at all costs due to the hot water and force. If lashes become wet on accident or are slightly steamy after getting out of shower, dry with the fan. Heat and steam will weaken the bond of the adhesive.
- Avoid eye makeup, creams and cleansers with oils. Stay away from eye area when using any moisturizers or face products. Use only powder-based makeup products, nothing oil based. Makeup like eyeliner and eyeshadow gets notched into the extensions and will affect retention. You must know how to properly cleanse it out and purchase safe products for extensions. All bottom mascara, foundation and under eye makeup will transfer so properly wash away and cleanse before bed every night, including up to the bottom lash line. While removing makeup, use something formulated for eyelash extensions provided by your artist. Many drugstore makeup removers have oils and will leave excess oils on your skin. Consult with your artist if you plan to wear any oil-based face products or makeup products so you can create a safe routine!
- Avoid wearing any eye makeup or under eye creams to your appointment.
- Do NOT apply false eyelashes, false adhesives, or mascara over the eyelash extensions. This will cause damage to your natural lashes.
- Remember your lifestyle & activities can affect your lash retention.
- Cleanse immediately after crying, or submerging eyelashes in salt water or chlorinated water. IT is best not to go underwater with them.
- Cleanse immediately after hot, humid days outside or after sweating.
- Cleanse your lashes prior to coming to your fill appointment so the extensions have a clean, oil free base to stick to!
- Book your fills within 2-3 weeks to maintain care. We have a continuous growing and shedding cycle and they need to be maintained to look their best.