

Christian Centered Counseling

Counseling Agreement and Consent to Counseling

Mission Statement

Christian Centered Counseling provides free Christian counseling services to people who are struggling with the residuals of living in a sin-filled world.

Our Goal

Christian Centered Counseling understands that we are called not to be conformed to this world, but to be transformed by the renewing of our minds (Romans 12:2). Christian Centered Counseling's goal in providing Christian counseling is to help our clients in their journey of progressive sanctification. Our team of Christian counselors want to walk next to you by providing Christian counseling while you learn to walk towards becoming more like Jesus. Our Christian counselors understand that if we are to expect true life change, then we need to become more like Christ. Depending on the Christian counselor you are paired with, the progressive sanctification process may look different, but we pledge to work with you to the best of our ability as we are guided by God's spirit and Scripture.

The Biblical Basis of Our Counsel

Christian Centered Counseling is based upon God's Word. We believe the claims of Scripture, its promises, precepts, principles, and wisdom, is the all-sufficient truth that provides everything we need for living a godly life (2 Peter 1:1-4). Christian Centered Counseling believes that change is provided through God's grace, the Scriptures, and the transformation of turning away from our sin and turning to God and His Son Jesus. There are no problems that the Bible fails to address, either in general or specific principles. Therefore, all counseling at Christian Centered Counseling will be conducted under the authority of the Scriptures.

The Christian counselors at Christian Centered Counseling are not psychologists nor psychiatrists. The Christian counselors are not licensed in any state and do not fall under the terms or control of any outside governing authority. Our counselors provide Christian Counseling to individuals and families based on God's Word. Therefore, if you have significant legal, financial, medical, or other technical questions, you should seek advice from an independent professional.

Confidentiality

Confidentiality is an important aspect of the counseling process, and we will carefully guard the information you entrust to us. There are certain situations, however, when it may be necessary for us to share certain information with others:

1. When a Christian counselor is uncertain how to address a particular problem and needs to seek advice from another counselor.
2. When there is a clear indication that someone may be harmed unless others intervene.
3. By law, we are required to report child abuse to the authorities.
4. Please be assured that our pastoral counselors strongly prefer not to disclose personal information to others, and they will make every effort to help you find ways to resolve a problem as privately as possible.

Termination of Counseling

The Christian counselor, or counselee, for reasons sufficient to themselves, may terminate counseling at any time. Termination of counseling also refers to ending the counseling sessions when the crisis situation(s) for which you initially came for help have been adequately solved.

Help from Your Local Church

Christian Centered Counseling believes the Scriptures teach that a local body of believers have the responsibility to come alongside those who are struggling with issues in their lives (Galatians 6:1-3). God has equipped each local church body with those who have the gifts necessary to help those who are struggling. To deprive the body of Christ the opportunity to minister to others will deprive the struggling person of a powerful resource for change in their life. It will also deprive those who have the ability to minister the opportunity to be used of God in the lives of others. Christian Centered Counseling encourages the counselee to be involved in the local church of their choice.

Donations

Christian Centered Counseling is a non-for-profit tax-exempt charitable organization dedicated to the faithful proclamation of the Gospel of Jesus through ministry to individuals and families who are in need of spiritual help. It is the purpose of the Christian Centered Counseling to provide competent Christian counsel to those who seek it at no charge. This is done for the benefit of the body of Christ throughout the world. We want to make you aware though, that there are costs that we do incur such as but not limited to: secretarial staff, counselor training, resources for counselors and counselees, etc. If you can help cover these expenses by making a donation, it would be greatly appreciated. Checks should be made out to Christian Centered Counseling. Do not make your checks out to any counselor or individual members of Christian Centered Counseling.

Agreement

By signing this consent form, you agree that you will not attempt to subpoena or require any Christian counselor to appear in any legal proceeding related to any matters discussed during counseling; nor will you attempt to subpoena any notes or records related to this counseling. Christian Centered Counseling is not required by law to and does not retain or release counseling records. Also, you waive any and all rights to take any legal actions of any kind against Christian Centered Counseling.

Having clarified the principles and policies of our counseling ministry, we welcome the opportunity to minister to you in the name of Christ and to be used by Him as He helps you grow in spiritual maturity and prepares you for usefulness in His body. If you have any questions about these guidelines, please speak with one of the counselors. If these guidelines are acceptable to you, please sign and date below.

Signature:

Date:
