

CONSECRATION FAST 2026

Consecration, in the biblical context, goes beyond mere rituals and ceremonies. It involves a deep commitment to God and a surrender of one's entire being to His will.

The act of consecration signifies a separation from worldly desires and a dedication to serving God wholeheartedly. Furthermore, **consecration is about sanctifying oneself** for a specific purpose or calling. It's an ongoing process that requires constant renewal and recommitment to God.

WEEK ONE (January 1–3, 2026): Fast until noon | Read scripture(s) | Pray

The importance of being consecrated or pure in our relationship with God is emphasized in an incident in the book of Joshua. After forty years in the wilderness, the children of Israel were about to cross over the Jordan River into the Promised Land. They were then given a command and a promise: "Joshua told the people, 'Consecrate yourselves, for tomorrow the LORD will do amazing things among you'

Joshua 3:5

⁵ And Joshua said unto the people, Sanctify yourselves: for tomorrow the Lord will do wonders among you.

The significance of this command was that in ancient times water was considered a luxury and wasn't used often for personal hygiene. The bathing and changing clothes symbolized making a new beginning with the Lord. The picture here is that sin is defilement and we have to be cleansed before we can truly follow God.

Psalm 51:2, 7

² Wash me throughly from mine iniquity, and cleanse me from my sin.

⁷ Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

Consecrating oneself is that of David upon confessing his sin of adultery. He bathed and changed clothes before he worshiped the Lord

2 Samuel 12:20

²⁰ Then David arose from the earth, and washed, and anointed himself, and changed his apparel, and came into the house of the Lord, and worshipped: then he came to his own house; and when he required, they set bread before him, and he did eat.

WEEK TWO (January 4–10, 2026): Fast eat no bread | Read scripture(s) | Pray

Man shall not live by bread alone ...

Matthew 4:1-4

¹ Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.

² And when he had fasted forty days and forty nights, he was afterward an hungred.

³ And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.

⁴ But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

WEEK THREE (January 11–17, 2026): Fast until noon | Read scripture(s) | Pray

Jesus declares that he consecrated himself, that his disciples will be sanctified. We as mere humans cannot consecrate ourselves. This action is purely and only the work of God. It is a gift, just as his salvation is given.

John 17:13-21

¹³ And now come I to thee; and these things I speak in the world, that they might have my joy fulfilled in themselves.

¹⁴ I have given them thy word; and the world hath hated them, because they are not of the world, even as I am not of the world.

¹⁵ I pray not that thou shouldest take them out of the world, but that thou shouldest keep them from the evil.

¹⁶ They are not of the world, even as I am not of the world.

¹⁷ Sanctify them through thy truth: thy word is truth.

¹⁸ As thou hast sent me into the world, even so have I also sent them into the world.

¹⁹ And for their sakes I sanctify myself, that they also might be sanctified through the truth.
²⁰ Neither pray I for these alone, but for them also which shall believe on me through their word;
²¹ That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.

WEEK FOUR (January 18–24, 2026): Fast until noon | Read scripture(s) | Pray

Being consecrated is a critical component in our relationship to God and to those in the world. Paul tells us, "Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will". The concept of consecration is expanded to include the lives of believers.

Romans 12:1

¹ I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.
² And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Colossians 3:5-14

⁵ Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:
⁶ For which things' sake the wrath of God cometh on the children of disobedience:
⁷ In the which ye also walked some time, when ye lived in them.
⁸ But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth.
⁹ Lie not one to another, seeing that ye have put off the old man with his deeds;
¹⁰ And have put on the new man, which is renewed in knowledge after the image of him that created him:
¹¹ Where there is neither Greek nor Jew, circumcision nor uncircumcision, Barbarian, Scythian, bond nor free: but Christ is all, and in all.
¹² Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;
¹³ Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye.
¹⁴ And above all these things put on charity, which is the bond of perfectness.

WEEK FIVE (January 25–31, 2026): Fast until noon | Read scripture(s) | Pray

The Bible tells believers to be a holy people, separate from the world: "Therefore come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you"

2 Corinthians 6:17

¹⁷ Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you.

In other words, as true believers in Christ, the act of consecration involves our lives being a living sacrifice to Him; we are totally separated from the defilement of the world. Each day, we are to live out our lives as a "holy" and "royal" priesthood to the glory of God, for we are now God's people.

1 Peter 2:9-10

⁹ But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light;
¹⁰ Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy.