Reflect

DESCRIBE THE YEAR IN 3 WORDS

3 THINGS I'M GRATEFUL FOR

ACHIEVEMENTS I'M MOST PROUD OF

HARDEST LESSON AND WHAT I LEARNT

WHAT LIGHTS YOU UP, WHAT BRINGS YOU JOY?

WHAT DO YOU WISH YOU HAD THE COURAGE
TO DO THIS YEAR BUT DIDN'T?

You can do it lets make a plan...

Dream

MY GUIDING AFFIRMATION

THIS YEAR I WILL

MY GOALS TO ACHIEVE THIS YEAR

STEPS TO ACHIEVE MY GOALS

REVIEW

Never forget how wildly capable you are.

CHASE THOSE DREAMS.