

THE healthy room project

We believe that every child deserves the opportunity not only to survive but also to thrive in the comfort of their own bedroom. In partnership with local peace officers, The Healthy Room Project addresses the negative impact of dangerous living conditions and the lack of suitable spaces on at-risk children's physical and emotional development.

Through a one-day transformation, officers and volunteers unite to create safe, comfortable, and personalized bedrooms. We improve these children's overall quality of life by providing basic essentials for their development and growth. We also create a safe and nurturing environment for the kids to play, study, sleep, and flourish.



500

POLICE PARTICIPANTS



160+

BEDS



16

CITIES



4

KIDS PER ROOM



1600+

VOLUNTEERS





STEP 1

NOMINATE A CHILD

Officers apply to the: @healthyroom.org website explaining why a child deserves a healthy room, accompanied by bedroom photos and the current situation



STEP 2

APPROVAL & PREPARATION

Once selected, families will be notified within 3 weeks of submission. A project date is agreed upon within six weeks of approval.



STEP 3

FAMILY PREP NIGHT BEFORE

- The family will be responsible for removing all items from the bedroom except the bed.
- Officers confirm the completion of the clean bedroom



STEP 4

PROJECT DAY STAFFING

- 5-8 volunteers per location
- 3-4 officers/adults for furniture assembly
- 2-4 volunteers for prep and painting
- All furniture delivery and assembly

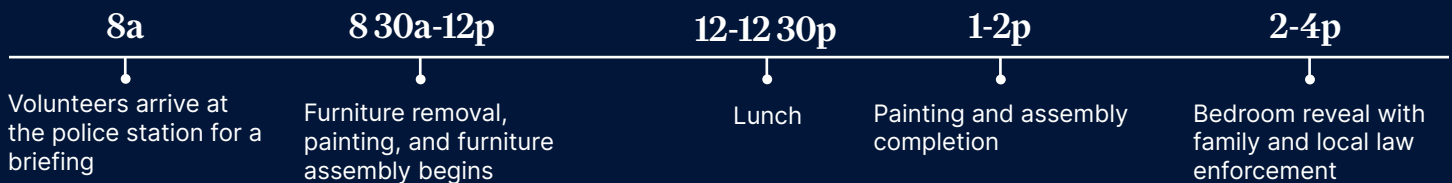


STEP 5

REVIEW ENGAGE / REFLECTION

- All media will be uploaded to the Healthy Room Project website via the project portal (coming soon).
- Project day transformations will also be featured in videos, social media posts, and local news stations.

PROJECT DAY SCHEDULE



BEFORE



AFTER



Partnering Police Departments

- Arlington, TX
- Bakersfield, CA
- Detroit, MI
- Fresno, CA
- Ft Worth, TX
- Hawthorne, CA
- Livermore, CA
- Manteca, CA
- Merced, CA
- Modesto, CA
- Stanislaus County, CA
- Stockton, CA
- Tracy, CA
- South Bureau, LAPD
- Watts, CA

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It is so important that kids grow up in an environment that promotes a clear state of mind. It not only benefits them emotionally and mentally, it also helps create a positive mindset for the whole family. EMADA TINGIRIDES, DEPUTY CHIEF, LAPD