



Where: Online (link provided after registration)



July 30, 2025
6:00 PM - 7:00 PM



About

The Pathways Parent Circle is a gentle, intentional space for parents who are navigating emotional stress, burnout, or healing from their own childhood experiences while raising children.

Whether you're breaking cycles, processing guilt, or just feeling overwhelmed, this space is for you. Come as you are -- there's no pressure to have it all together.

This group centers emotional wellness, connection, and support - not parenting tips or judgment.

Register Now!

Parents must register to receive the meeting link and session reminders.

Registration Form:
<http://bit.ly/46wfwMR>

The Pathway Parent Circle



A virtual support group for parents who are healing while raising children.

Topics May Include

Parenting while healing from trauma



Burnout, stress & emotional overwhelm



Guilt, shame, and inner child work



Breaking generational cycles



Reclaiming identity outside of parenting



Led by: Elizabeth Calcaterra, LCSW

Group Size:
Intentionally kept small to maintain intimacy

parentpathwaygr.org