



LENGTH OF STAY: 30 Days 45 Days 60 days 90 Days*

All Publicly Funded Beds are 90 days in length

Updated April 1, 2026

PART ONE – APPLICANT INFORMATION				
GIVEN NAMES (FIRST, MIDDLE)			PRONOUNS	
SURNAME (LEGAL)			BIRTH DATE (MM/DD/YYYY)	
SEX ASSIGNED AT BIRTH	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE <input type="checkbox"/> INTERSEX <input type="checkbox"/> PREFER NOT TO SAY	SELF IDENTIFIED GENDER	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE <input type="checkbox"/> NON-BINARY <input type="checkbox"/> TWO-SPIRITED <input type="checkbox"/> OTHER: _____	
PERSONAL HEALTH NUMBER			STATUS NUMBER	
TELEPHONE			EMAIL	
ADDRESS				
CITY		PROVINCE		POSTAL CODE
REASON FOR SEEKING TREATMENT (Please be specific)				
OTHER MEDICAL CONDITIONS (Including Mental Health)				
EMERGENCY CONTACT			TELEPHONE	
RELATIONSHIP TO APPLICANT			EMAIL	
PART TWO – PAYMENT & REFERRAL INFORMATION				
FUNDING	<input type="checkbox"/> PUBLICLY FUNDED (CMHA) <input type="checkbox"/> BAND/NATION <input type="checkbox"/> NORTHERN FIRST NATIONS ALLIANCE (NFNA / TERRACE) <input type="checkbox"/> SELF/FAMILY <input type="checkbox"/> TSILHQOT'IN NATIONAL GOVERNMENT (TNG) <input type="checkbox"/> OTHER: _____			
PAYEE / REFERRAL NAME				
CONTACT NAME				
TELEPHONE			EMAIL	
MAILING ADDRESS				



PART THREE – MEDICAL INFORMATION

MEDICAL INFORMATION – SUBSTANCES

SUBSTANCES USED (INCLUDING ALCOHOL)	AVERAGE USAGE	DATE LAST USED

MEDICAL INFORMATION - PHYSICAL

ALLERGIES			
DIETARY RESTRICTIONS			
MEDICATION	DOSE	FREQUENCY	PRESCRIBED FOR

Narcotic medications or safe supply medications (morphine, fentanyl patch etc.) are not permitted at Red Road Recovery. Benzodiazepine tapers will only be permitted for those coming out of withdrawal management detox centres.

PART FOUR – LIVING STATUS

APPLICANT IS:	<input type="checkbox"/> LIVING ALONE <input type="checkbox"/> SINGLE PARENT <input type="checkbox"/> LIVING WITH SPOUSE & CHILDREN <input type="checkbox"/> LIVING WITH FRIENDS <input type="checkbox"/> LIVING WITH IMMEDIATE FAMILY <input type="checkbox"/> EXTENDED FAMILY		
NUMBER OF CHILDREN		AGES OF CHILDREN:	<input type="checkbox"/> 0 TO 4 <input type="checkbox"/> 5 TO 9 <input type="checkbox"/> 10 TO 13 <input type="checkbox"/> 14 TO 18 <input type="checkbox"/> OVER 18
HAS THE APPLICANT BEEN MANDATED TO TREATMENT BY MCFD?	<input type="checkbox"/> YES <input type="checkbox"/> NO	IS A SOCIAL WORKER CURRENTLY INVOLVED WITH THE FAMILY?	<input type="checkbox"/> YES <input type="checkbox"/> NO
IS THERE ANY SUPERVISION ORDER IN PLACE BY MCFD?	<input type="checkbox"/> YES <input type="checkbox"/> NO	DOES THE APPLICANT HAVE ANY NO-CONTACT ORDERS WITH HIS/HER SPOUSE OR ANY OTHER PERSON?	<input type="checkbox"/> YES <input type="checkbox"/> NO



PART FIVE – LEGAL STATUS			
NOT APPLICABLE <input type="checkbox"/>	IS THE APPLICANT MANDATED TO ATTEND THE ASSISTED LIVING RESIDENCE? AND / OR HAVE LEGAL ORDERS OR BAIL ORDERS IN PLACE?		<input type="checkbox"/> YES <input type="checkbox"/> NO
IF YES, PLEASE SPECIFY THE TYPE OF LEGAL ORDER IN PLACE			
NAME OF BAIL OR PROBATION OFFICER		TELEPHONE	
EMAIL		CITY OF OFFICER	
THE APPLICANT UNDERSTANDS AND GIVES CONSENTS TO THEIR PROBATION OFFICER BEING CONTACTED	<input type="checkbox"/> YES	APPLICANT SIGNATURE FOR CONSENT TO CONTACT PROBATION OR BAIL OFFICER	
DOES THE APPLICANT HAVE ANY PREVIOUS LEGAL CHARGES?		<input type="checkbox"/> YES <input type="checkbox"/> NO	
IF YES, TO PREVIOUS CHARGES PLEASE SPECIFY THE TYPE OF CHARGES			

PART SIX – ADDITIONAL SERVICES

The following are post-treatment virtual session options if you wish to continue counselling after leaving Red Road Recovery:

- Virtual Sessions (5) - \$1,000.00 plus tax
- Virtual Sessions (10) - \$1,750.00 plus tax
- Virtual Sessions (20) - \$3,000.00 plus tax

CONSENT TO ATTEND AND FOR THE RELEASE OF CONFIDENTIAL INFORMATION

I, (Please Print Applicant's Name) _____ consent to attend and participate at Red Road Recovery Assisted Living Residence and hereby give permission for the staff to contact the identified persons listed for release of information in regard to program information, contact and attendance verification.

I consent for the Red Road Recovery Staff to confer with those listed, if applicable, regarding my progress and clarifying any detail regarding my progress during treatment, aftercare planning and upon End of Residency.

This form is applicable for one year after the date signed unless revoked.

APPLICANT SIGNATURE		DATE (MM/DD/YYYY)	
----------------------------	--	--------------------------	--

Full Name: _____ Date of Birth (YYYY-MM-DD): _____

Background:

- Indigenous
- First Nations
- Metis
- Inuit
- Urban Indigenous
- East Asian
- Black
- Hispanic or Latino
- Other Indigenous: _____
- Middle Eastern
- South Asian
- White (e.g. Caucasian)
- Other: _____

Do you have a partner or family member who is also applying or currently attending any Red Road location? Yes No

If yes, what is their full name? _____

Do you have children in your care? Yes No

Have you recently started or completed detox? Yes No

Date completed or expected to completed: _____

Have you **recently** started or completed a bed-based treatment program?

- Yes, recently completed – Date completed: _____
- Yes Started (in process) – Date expected to complete: _____
- No

Have you **ever** been to a bed-based treatment centre? Yes No

If yes, - centre name: _____

If yes, - Date Completed: _____

Do you currently receive any of the following government assistance?

- Income Assistance
- Employment Insurance
- PWD (Persons with Disability)
- PPMB (Persons with Persistent Multiple Barrier Benefit)
- Pension
- Other: _____
- Not applicable

Do you have any current or prior involvement in the legal system? Yes No

Have you ever committed a violent offence? Yes No

Details: _____

Have you ever committed a sexual offence? Yes No

Details: _____

Do you have access to a birth certificate? Yes No Unsure

Do you have access to a SIN? Yes No Unsure

Do you have access to BC Identification? Yes No Unsure or Not Applicable

Do you have access to a bank account? Yes No Unsure

Do you currently have a home? Yes No

If unhoused, please select which best describes your living situation

(choose 1 only):

- Couch surfing
- Staying with family
- Staying with friends
- Shelter
- Street
- Incarcerated

Will you require assistance with housing supports while at our centre?

Yes No

Highest level of education completed?

- Grade School (K-7)
- Some High School
- High School or GED
- Trade School
- Some College / University
- College / University Degree
- None of the Above

Please select which best describes your employment situation:

- Employed
- Unemployed
- Contract Worker
- Odd Jobs

If applicable, please provide the industry of employment: _____

Please indicate primary drug of choice (pick 1 only):

- Alcohol Cannabis Crack Cocaine Cocaine Heroin Fentanyl
 Benzos Crystal Meth Amphetamines Club drugs Hallucinogens
 Inhalants Opiates: Other Over the counter Other Rx meds

Other: _____

Please indicate secondary drug of choice (pick 1 only):

- Alcohol Cannabis Crack Cocaine Cocaine Heroin Fentanyl
 Benzos Crystal Meth Amphetamines Club drugs Hallucinogens
 Inhalants Opiates: Other Over the counter Other Rx meds

Other: _____

Are you on any OAT Medications?

- Methadone
 Suboxone
 Sublocade
 Kadian
 Other: _____
 Not Applicable

If yes, dosage: _____

If yes, doctor: _____

Clinic Name: _____

Phone: _____

Fax: _____

If yes please sign OAT Therapy Policy included after the pre-screening

Do you have any mobility issues? Yes No

(Mobility issues may include but not be limited to physical impairments which limit walking ability, lung problems like COPD or injuries. We require that individuals are physically capable of walking independently to various locations on the property and safely navigating stairs unaided.)

If yes, what are your limitations? _____

Have you received a mental health diagnosis?

- Chronic Pain Disorder
- Mood Disorder
 - Depression
 - Bipolar Disorder
- Anxiety or Panic Disorder
- Eating Disorder
- PTSD
- Emotional Trauma or Occupational Stress Injury
- ADD/ADHD
- Psychotic Episode or Disorder
- Personality Disorder
- Suicidal Ideation
- Schizophrenia
- Other: _____
- Not applicable

Do you have any of the following communicable diseases?

- HIV
- Hepatitis
- Hep C
- TB
- Other: _____
- Not Applicable

Welcome to Red Road Recovery. We look forward to starting this journey with you to a better way of life. During your stay, you will be involved in all aspects of your recovery. You will gain confidence and self-respect by taking accountability for the outcomes of your choices. One of the first steps to freedom is self-responsibility and accountability. This process is referred to as resident-focused supportive recovery. As you begin to live within the boundaries set out in the guidelines (which are safety oriented); you will have the opportunity to examine your feelings, old belief systems and fears around “authority” and operating within a structured environment.

ADMISSION CRITERIA

- Admission application submitted for approval.
- Red Road Recovery is co-ed.
- Drug test upon arrival (must be negative for alcohol and substances).
- Travel arrangements prepared for intake and end of residency. Resident agrees to absorb travel costs if they are mandatorily or voluntarily discharged.
- Resident is free of outside interferences for the duration of their program example online school.
- Resident is entering the supportive recovery residency voluntarily with a commitment to participating in all programming.
- Resident has read, understands, and agrees to follow all the Resident Guidelines.
- Resident agrees that if the rules and expectations, as deemed necessary by Red Road Recovery, are not followed the resident may be mandatorily discharged from the program.

RESIDENT RIGHTS

- Residents have the right to be treated with dignity and respect.
- Residents have the right to make their own decisions as capable adults.
- Residents have the right to protection and promotion of their health, safety, and well-being.
- Residents have the right to participate in the development of an implementation of plans that affect them personally.
- Residents have the right to services that are tailored specially for them on the basis of their unique capabilities, needs, and cultural or spiritual preferences.
- Residents have the right to be kept informed of planned events, changes in the residence and services.
- Residents have the right to fair process to express their concerns, make complaints or resolve disputes. *Please see the “Complaints Policy”.*

RESIDENT GUIDELINES

These rules and expectations are non-negotiable, and violation of these rules may result in mandatory discharge. Prior to discharge, we will work with resident's approved supports to make sure they have a safe place to go and will provide them with a naloxone kit upon leaving.

The stabilization period will be for the first week which means:

- No phone access or family visits for 7 days
- Buddy system for any outings, meetings, on and off grounds activities. (examples: gym, meetings, walks, etc.)

Behaviour

- Remain alcohol and drug free. (*with exception of prescribed medications*)
- Smoking & Vaping is only permitted in the designated smoking areas.
- Live among fellow residents cooperatively and respectfully.
- Remain appropriately dressed at all times. As we are an indigenous based program, we dress modestly, which means we do not see nipples, butts, thighs or belly buttons, nor do we advertise any drug or alcohol.
- Abstain from criminal behaviour of any kind.
- No sexual activity and/or romantic relationships.
- Abusive, and/or violent behaviour of any kind will not be tolerated (including but not limited to gossip, direct or indirect threats, verbal abuse, or physical abuse).

Participation

- To be on time and participate in all programming (including but not limited to group therapy, individual counselling, meals, meetings, activities, outings, clearing circle, yoga, sweat preparations, cultural activities and ceremonies, daily chores and mental and emotional components etc.)
- Discuss concerns with a Red Road Recovery counsellor or support worker if resident feels they are unable to participate in any of the programming.
- Please be aware we are a safe space for people working through trauma.
- Immediately report any thoughts of self harm and/or suicidal ideation to a counsellor or support worker.
- Immediately report abusive, and/or violent behaviour to a counsellor or support worker.
- In case of emergency notify staff immediately.
- Check assigned house chores daily.
- Residents are to clean up after themselves and maintain a clean-living space.
- Respect the confidentiality and anonymity of fellow residents and staff members.

- Must be able to participate in the full extend of the program including but not limited to physical activities such as walking, hiking, climbing stairs etc.
- If you have a sweat dress for the sweat lodges (elbow/ankle length with no cleavage) please bring this as well.

Common Areas

- Phone times are scheduled.
- Scheduled laundry times are posted at each washing machine and in each room.
- It is the duty of the last resident leaving the common areas at night to tidy up.
- Personal toiletries are not to be left in communal areas or bathrooms.

Bedrooms

- Residents are responsible for the safety of their possessions during their stay at Red Road Recovery.
- Keep your room tidy and organized.
- Linens and towels are resident's responsibility to clean during their designated laundry day.
- Room checks will be conducted randomly. Red Road Recovery staff reserve the right to inspect bedrooms at any time. Bedroom checks include the entire room and all its contents.
- Food and drinks are not permitted in bedrooms with the exception of water in the provided bottle residents receive on intake. Some exceptions can be made if approved by staff.
- Clothes are to be put away in provided spaces. Dirty clothes to be put in the laundry hamper.
- Towels are to be hung up, not on the floor.
- Resident's beds are to be made every morning.
- Residents are not permitted to enter the bedrooms or cabins of other residents for any reason.

Medical & Related Issues

- All medications (prescribed, over the counter, vitamins or otherwise) are to be handed in to staff for safekeeping. (with exception of EpiPens or inhalers)
- Residents are responsible to get their medications during scheduled medication times only. Staff will not continuously remind you or dispense medication during programming.
- Narcotic medications or safe supply medications (morphine, fentanyl patch etc.) are not permitted at Red Road Recovery. Benzodiazepine tapers will only be permitted for

those coming out of withdrawal management detox centres. OAT Policy must be acknowledged and signed by any resident on OAT medication.

- All pressing medical issues will need to be dealt with prior to attending.
- Medical and dental appointments will only be arranged in emergency situations.

Personal Effects

- All money, bank cards, credit cards and other instruments of payment are to be handed in upon intake.
- Identification, passports, wallets, money, and other important documentation will be kept in lockers throughout the duration of the residents stay for safekeeping. All other personal belongings are kept in the resident's room at their own risk.
- Medications, medical fees, doctors, dental, and any other expenses incurred must be paid for directly by the resident.
- Residents may not lend, borrow or exchange anything amongst themselves (including but not limited to money, cigarettes, mp3's, etc.)
- Incidental money may be required for coffee, cigarettes, personal toiletries, and other personal expenses. Sufficient money must be available for the resident to cover their personal expenses. Red Road Recovery or its staff will not cover bills nor provide cash loans / advances.
- Do not bring or purchase alcohol, drugs, drug paraphernalia, opened cigarettes, opened vape juice, weapons, sex toys, revealing or inappropriate clothing (that promotes violence, sex, gangs, drugs, or alcohol), bedding, stuffed animals, toiletries that contain alcohol (such as mouthwash, cologne, perfume, aftershave, etc.), aerosols, scented items, candles, incense, essential oils, lottery tickets, food, snacks, pop, energy drinks, electronics, recreational reading material, protein powder or workout supplements.
- Belongings left behind by resident after departure will be held for 4 weeks. The property / item must be collected or posted (resident's expense) within those 4 weeks, if not requested or collected the item / items will be donated to charity.
- Upon return from an outing, all bags will be subject to search and a urine test will be conducted.
- Residents may receive mail during their stay. Whenever possible, mail will be forwarded to a known address provided by the resident.
- If no forwarding address is available, or forwarding is not possible, mail will be returned to the sender.

Electronics

- Electronics (including but not limited to cellphones, cameras, laptops, iPods or personal devices with internet or movie capability) are not permitted and will be locked up for the duration of your treatment stay.

Visitors

- Visitors must sign in upon entry and be pre-approved by the Executive Director, Operations Manager or Counsellor.
- *Please see Visitor and Communication Policy*

Residences

Red Road Recovery Sorrento: 1650 Trans Canada Hwy, Sorrento BC V0E 2W0

Red Road Ranch: 1129 Creighton Valley Rd, Lumby BC V0E 2G1

Red Road Rise: 4891 Foothills Rd SW, Salmon Arm BC V1E 3C2

Red Road North: 20047 Highway 16 E, Terrace BC V8G 4Y4

Consent

- I have been given information about Red Road Recovery, including the Assisted Living Services that will be received, the services that will be available and the circumstances in which I may leave. *(Please see End of Residency Plan)*
- I have been given the opportunity to ask questions about admission to Red Road Recovery and its benefits and risks.
- I understand:
- The assisted living services available.
- I have the right to give or refuse consent to admission to Red Road Recovery.
- If I do not follow the Resident Guidelines, I may be mandatorily discharged from the Red Road Recovery *(Please see End of Residency Plan)*

I acknowledge and agree to all Red Road Recovery Guidelines

Signature

Print Name

Date Signed (MM/DD/YYYY)



OAT MEDICATIONS POLICY

To be completed only if you are on OAT/MAT Therapy

April 1, 2026

Purpose:

This policy aims to clarify our position on those taking OAT medications while attending the Red Road Recovery Program.

Permitted Medications:

Red Road Recovery does not allow the following medications to be brought to our centres: Narcotic medications or safe supply medications (morphine, fentanyl patch etc.). Benzodiazepine tapers will only be permitted for those coming out of withdrawal management detox centres. OAT medications such as Methadone, Suboxone, Kadian and Sublocade are allowed provided the below program participation requirement as met.

Program Participation Requirements:

Although OAT medications are accepted, we do require residents on a stabilized therapeutic dose of their medication and to be able to actively participate in all programming.

If an individual is deemed to not be stable and cannot participate in programming, they will be asked to return to their room. After 3 consecutive instances where they are unable to participate, due to the effects of their medication, they will be asked to leave the program.

Participant Name: _____

OAT/MAT Therapy Name: _____

Current Dosage: _____

Acknowledgement of Policy: _____

What to Bring

BRING ENOUGH FOR THE DURATION OF YOUR STAY

Revised: April 1, 2026

Essentials:

- Honesty, Open-mindedness, and Willingness
- 1 month supply of Prescriptions (Prescribed to you and in Blister Packs) with script sent to Lumby IDA/Munro's Sorrento/ Shuswap Valley Pharmacy/Shoppers Terrace**
- Government Issued Picture ID
- Health care number or card
- Health Insurance Information
- Credit/Debit/ or Incidental Money
- Comfortable casual clothing (**non-revealing**)
- Socks and underwear
- Jacket / hoodies, etc. (weather / season appropriate)
- Toiletries, hair dryer, bathrobe, your normal bathroom items.
- Footwear (hiking boots/shoes, sturdy walking shoes)
- Workout clothes & shoes
- Bathing suit (**no bikinis or revealing swimsuits**)
- Sunglasses

In the winter, late fall, early spring:

- Winter Jacket
- Winter hiking boots
 - Ranch – All year round**
- Warm moisture wicking socks
- Warm moisture wicking long underwear
- Hat & gloves/mittens
- Snow pants

In the summer, late spring, early fall:

- Shorts / Beachwear (Sandals)
- Light jacket

Optional:

- Cigarettes
- Sealed/unopened vape juice
- Phone numbers of healthy supportive loved ones
- iPod/MP3 (NO internet or camera capabilities)
- Musical Instruments
- \$300 or less cash for incidentals
- Wristwatch (without wifi capabilities)

What NOT to Bring:

- Revealing clothing including sleeveless shirts, or clothing that promotes violence, gangs, drugs or alcohol
- Bedding such as blankets, pillows, or stuffed animals
- Recreational reading material
- Cell phones or cameras
- Lap top computers, iPod or portable devices with internet or movie capability.
- Mouthwash or toiletries that contain alcohol
- Cologne or perfume
- Weapons of any kind
- Lottery tickets
- Sex toys
- Foods, snacks, candies, soda pop or energy drinks
- Protein powder or workout supplements
- A negative attitude**
- BAGS ARE LIMITED TO ONE STANDARD SIZED SUITCASE/DUFFLE BAG AND ONE CARRY-ON* (additional bags will be shipped at owners' expense)**