

APPLICATION

PREFERRED NAME:

PROGRAM:

LENGTH OF STAY: 0 30 Days 0 60 days 0 90 Days*

DAY PROGRAM
 COUNSELLING

Revised: June 4, 2025

PART ONE – APPLICANT INFORMATION								
GIVEN NAMES (FIRST, MIDDLE)					PRON	NOUNS		
SURNAME (LEGAL)						TH DATE M/DD/Y		
SEX ASSIGNED AT BIRTH	n M	ALE 🗆 FEMALE	□ INTERSEX O SAY	SELI IDENTIFIED GENDEF)		ALE 🗆 FEMALI	
PERSONAL HEALTH NUMBER				STATUS NUMBEF				
TELEPHONE				EMAI	-			
ADDRESS								
CITY			PROVINCE			OSTAL CODE		
MOTIVATION TO ATTEND TREATMENT			SELF IF FAMILY INCONDITION OF EMPLOYMENT CONDITION OF GOVERNMENT ENTITY					
EMERGENCY CONTACT				TELEPH	ONE			
RELATIONSHIP TO APPLICANT				EI	MAIL			
PART TWO – PAY	MEN1	۲ & REFERRAL	INFORMA	ΓΙΟΝ				
FUNDING			NDED* 🗆 BANI	D 🗆 NFNA 🗆	SELF		R:	
PAYEE / REFERRAL NAME								
CONTACT	CONTACT NAME							
TELEPHONE			EN	/IAIL				
MAILING ADDRESS								
	CITY		PROVII	NCE			POSTAL CODE	
*Publicly funded beds are a mandatory 90 days length								

** Couples program is not available for publicly funded beds

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PART THREE – MEDICAL INFORMATION					
MEDICAL INFORM	1ATION – SUBS	STANCES			
IS THE APPLICANT EXPERIENCING ANY WITHDRAWL SYMPTOMS FROM THEIR DETOX?					
MEDICAL INFORM	1ATION - PHYS	SICAL			
MEDICAL CONDITIONS					
ALLERGIES					
DIETARY RESTRICTIONS					
MEDICATI	ON	DOSE	FREQUENCY	PRESCRIBED FOR	
				(morphing fontonul	

*Benzodiazepine, narcotic medications or safe supply medications (morphine, fentanyl patch etc.) are not permitted at Red Road Recovery. Kadian must be below 600 mg.

PART FOUR – LIVING STATUS				
APPLICANT IS:	□ LIVING ALONE □ SINGLE PARENT □ LIVING WITH SPOUSE & CHILDREN □ LIVING WITH FRIENDS □ LIVING WITH IMMEDIATE FAMILY □ EXTENDED FAMILY			
NUMBER OF CHILDREN	AGES OF 0 TO 4 5 TO 9 10 TO 13 14 TO 18 0VER 18 CHILDREN:			
HAS THE APPLICANT BEEN MANDATED TO TREATMENT BY MCFD?	□ YES □ NO	IS A SOCIAL WORKER CURRENTLY INVOLVED WITH THE FAMILY?	□ YES □ NO	
IS THERE ANY SUPERVISION ORDER IN PLACE BY MCFD?	□ YES □ NO	DOES THE APPLICANT HAVE ANY NO-CONTACT ORDERS WITH HIS/HER SPOUSE OR ANY OTHER PERSON?		



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PART FIVE – LEGAL STATUS							
NOT APPLICABLE	IS THE A	IS THE APPLICANT MANDATED TO ATTEND THE ASSISTED LIVING RESIDENCE? AND / OR HAVE LEGAL ORDERS OR BAIL ORDERS IN PLACE?					
IF YES, PLEASE SPECIFY THE TYPE OF LEGAL ORDER IN PLACE							
NAME OF BAIL OR PROBATION OFFICER				TELEPHONE			
EMAIL				CITY OF OFFICER			
THE APPLICANT UNDERS GIVES CONSENTS TO THEIR OFFICER BEING	PROBATION	□ YES	APPLICANT SIGNATURE TO CONTACT PROBA				
DOES THE APPLICANT HAVE ANY PREVIOUS LEGAL CHARGES?				□ YES □	NO		
IF YES, TO PREVIOUS CHARGES PLEASE SPECIFY THE TYPE OF CHARGES							

PART SIX - ADDITIONAL SERVICES

The following are aftercare options if you wish to continue counselling after leaving Red Road Recovery:

- □ Aftercare Sessions (5) \$1,000.00 plus tax
- □ Aftercare Sessons (10) \$1,750.00 plus tax
- □ Aftercare Sessons (20) \$3,000.00 plus tax

CONSENT TO ATTEND AND FOR THE RELEASE OF CONFIDENTIAL INFORMATION

This form is applicable for one year after the date signed unless revoked.

This form is applicable for one year after the date signed diffess revoked.			
APPLICANT SIGNATURE		DATE (MM/DD/YYYY)	



Revised: June 4, 2025

F	ull Name:	_Date of Birth (YYYY-MM-DD):
E	Background:	
	Indigenous	
	First Nations	
	Metis	
	🗆 Inuit	
	Urban Indigenous	
	East Asian	
	Black	
	Hispanic or Latino	
	Other Indigenous:	
	Middle Eastern	
	South Asian	
	White (e.g. Caucasian)	
	□ Other:	

Do you have a partner who is also applying or currently attending any Red Road location? \Box Yes \Box No

If yes, what is their full name?

Do you have children in your care?
very Yes
No

Do you require detox?

Yes
No

Have you recently started or completed detox?
Que Yes Que No

Date completed or expected to completed:



Revised: June 4, 2025

Have you recently started or completed a bed-based treatment program? Yes, recently completed – Date completed:
Have you ever been to a bed-based treatment centre? Yes No If yes, - centre name:
If yes, - Date Completed:
Do you currently receive any of the following government assistance? Income Assistance Employment Insurance
PWD (Persons with Disability)
PPMB (Persons with Persistent Multiple Barrier Benefit)
Pension
Other:
Not applicable
Do you have any current or prior involvement in the legal system? \square Yes \square No
Have you ever committed a violent offence? Yes No
Details:
Have you ever committed a sexual offence? Yes No Details:
Do you have access to a hirth cortificate $2 - V_{ac} - N_{ac} - V_{ac}$
Do you have access to a birth certificate? \Box Yes \Box No \Box Unsure
Do vou have access to a SIN? Yes No Unsure

Do you have access to BC Identification? □ Yes □ No □ Unsure or Not Applicable Do you have access to a bank account? □ Yes □ No □ Unsure



Revised: June 4, 2025

Do you currently have a home? □ Yes □ No If unhoused, please select which best describes your living situation (choose 1 only):

- $\hfill\square$ Couch surfing
- □ Staying with family
- $\hfill\square$ Staying with friends
- □ Shelter
- □ Street
- $\hfill\square$ Incarcerated

Will you require assistance with housing supports while at our centre?

 \Box Yes \Box No

Highest level of education completed?

- □ Grade School (K-7)
- □ Some High School
- □ High School or GED
- □ Trade School
- □ Some College / University
- □ College / University Degree
- \Box None of the Above

Please select which best describes your employment situation:

- □ Employed
- □ Unemployed
- □ Contract Worker
- \Box Odd Jobs

If applicable, please provide the industry of employment: _____



Revised: June 4, 2025

Please indicate secondary drug of choice (pick 1 only):

Alcohol Cannabis Crack Cocaine Cocaine Heroin Fentanyl
 Benzos Crystal Meth Amphetamines Club drugs Hallucinogens
 Inhalants Opiates: Other Over the counter Other Rx meds
 Other: _____

If yes please sign OAT Therapy Policy included after the pre-screening

(Mobility issues may include but not be limited to physical impairments which limit walking ability, lung problems like COPD or injuries. We require that individuals are physically capable of walking independently to various locations on the property and safely navigating stairs unaided.)

If yes, what are your limitations? ______

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Revised: June 4, 2025

- Have you received a mental health diagnosis?
- Chronic Pain Disorder
- \square Mood Disorder
 - Depression
 - Bipolar Disorder
- □ Anxiety or Panic Disorder
- Eating Disorder
- \Box PTSD
- Emotional Trauma or Occupational Stress Injury
- □ ADD/ADHD
- Psychotic Episode or Disorder
- Personality Disorder
- Suicidal Ideation
- Schizophrenia
- Other: _____
- $\hfill\square$ Not applicable

Do you have any of the following communicable diseases?

- $\Box \; HIV$
- Hepatitis
- □ Hep C
- $\Box TB$
- □ Other: _
- \square Not Applicable



Revised: June 4, 2025

Disclaimer: The following questions are sensitive in nature. Should you wish to
answer them with one of our counsellors rather than complete the remainder of
the application, please indicate below:

□ Yes, please contact me to complete

Have you experienced suicidal ideation/intent/plan? Yes	\square No
If yes, explain:	

Have you acted on or had ideation of self harm (ex: injury, poising, eating disorders, risky sexual behaviour)? □ Yes, acted on □ Ideation only □ No Explain: _____

Do you have a history of harm/abuse from others?

Yes No

Have you experienced any form of neglect, trauma or PTSD 🗆 Yes	\square No
If yes, explain:	



Revised: June 4, 2025

If yes, are you aware of any triggers related to abuse or trauma?

Are you a child of a parent(s) who suffer or have suffered from substance use
disorder or abuse? 🗆 Yes 🛛 No
Explain:

Do you have a risk of harm to others? □ Yes □ No Is there a family history of psychiatric diagnosis? □ Yes □ No Explain: _____



OAT MEDICATIONS POLICY

To be completed only if you are on OAT/MAT Therapy

Revised: June 4, 2025

Purpose:

This policy aims to clarify our position on those taking OAT medications while attending the Red Road Recovery Program.

Permitted Medications:

Red Road Recovery does not allow the following medications to be brought to our centres: Benzodiazepine, narcotic medications or safe supply medications (morphine, fentanyl patch etc.). OAT medications such as Methadone, Suboxone, and Sublocade are allowed provided the below program participation requirement as met. Kadian dosage must be below 600 mg.

Program Participation Requirements:

Although OAT medications are accepted, we do require residents to be stabilized on the medication and to actively participate in all programming.

If an individual is deemed to not be stable and cannot participate in programming, they will be asked to return to their room. After 3 consecutive instances where they are unable to participate, due to the affects of their medication, they will be asked to leave the program.

Participant Name: _____

OAT/MAT Therapy Name: _____

Current Dosage: _____

Acknowledgement of Policy: _____



Updated: June 4, 2025

This policy is common to all Red Road Recovery Ltd. residences

Welcome to Red Road Recovery. We look forward to starting this journey with you to a better way of life. During your stay, you will be involved in all aspects of your recovery. You will gain confidence and self-respect by taking accountability for the outcomes of your choices. One of the first steps to freedom is self-responsibility and accountability. This process is referred to as resident-focused supportive recovery. As you begin to live within the boundaries set out in the guidelines (which are safety oriented); you will have the opportunity to examine your feelings, old belief systems and fears around "authority" and operating within a structured environment.

ADMISSION CRITERIA

- Admission application submitted for approval.
- Red Road Recovery is co-ed.
- Drug test upon arrival (must be negative for alcohol and substances).
- Travel arrangements prepared for intake and end of residency. Resident agrees to absorb travel costs if they are mandatorily or voluntarily discharged.
- Resident is free of outside interferences for the duration of their program example online school.
- Resident is entering the supportive recovery residency voluntarily with a commitment to participating in all programming.
- Resident has read, understands, and agrees to follow all the Resident Guidelines.
- Resident agrees that if the rules and expectations, as deemed necessary by Red Road Recovery, are not followed the resident may be mandatorily discharged from the program.

RESIDENT RIGHTS

- Residents have the right to be treated with dignity and respect.
- Residents have the right to make their own decisions as capable adults.
- Residents have the right to protection and promotion of their health, safety, and well-being.
- Residents have the right to participate in the development of an implementation of plans that affect them personally.
- Residents have the right to services that are tailored specially for them on the basis of their unique capabilities, needs, and cultural or spiritual preferences.
- Residents have the right to be kept informed of planned events, changes in the residence and services.
- Residents have the right to fair process to express their concerns, make complaints or resolve disputes. *Please see the "Complaints Policy"*.

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Updated: June 4, 2025

This policy is common to all Red Road Recovery Ltd. residences

RESIDENT GUIDELINES

These rules and expectations are non-negotiable, and violation of these rules may result in mandatory discharge. Prior to discharge, we will work with resident's approved supports to make sure they have a safe place to go and will provide them with a naloxone kit upon leaving.

The stabilization period will be for the first week which means:

- No phone access for 7 days
- No family visits for 7 days
- Buddy system for any outings, meetings, on and off grounds activities. (examples: gym, meetings, walks, etc.)

Behaviour

- Remain alcohol and drug free. (with exception of prescribed medications)
- Smoking & Vaping is only permitted in the designated smoking areas.
- Live among fellow residents cooperatively and respectfully.
- Remain appropriately dressed at all times. As we are an indigenous based program, we dress modestly, which means we do not see nipples, butts, thighs or belly buttons, nor do we advertise any drug or alcohol.
- Abstain from criminal behaviour of any kind.
- No sexual activity and/or romantic relationships.
- Abusive, and/or violent behaviour of any kind will not be tolerated (including but not limited to gossip, direct or indirect threats, verbal abuse, or physical abuse).

Participation

- To be on time and participate in all programming (including but not limited to group therapy, individual counselling, meals, meetings, activities, outings, clearing circle, yoga, sweat preparations, cultural activities and ceremonies, daily chores and mental and emotional components etc.)
- Discuss concerns with a Red Road Recovery counsellor or support worker if resident feels they are unable to participate in any of the programming.
- Please be aware we are a safe space for people working through trauma.
- Immediately report any thoughts of self harm and/or suicidal ideation to a counsellor or support worker.
- Immediately report abusive, and/or violent behaviour to a counsellor or support worker.
- In case of emergency notify staff immediately.
- Check assigned house chores daily.

Updated: June 4, 2025

This policy is common to all Red Road Recovery Ltd. residences

- Residents are to clean up after themselves and maintain a clean-living space.
- Respect the confidentiality and anonymity of fellow residents and staff members.
- Must be able to participate in the full extend of the program including but not limited to physical activities such as walking, hiking, climbing stairs etc.
- If you have a sweat dress for the sweat lodges (elbow/ankle length with no cleavage) please bring this as well.

Common Areas

ROAD

RECOVERY

- Lights out at 10:30pm (Sunday Thursday) and 11pm (Friday & Saturday). No exceptions.
- Phone times are scheduled.
- Scheduled laundry times are posted at each washing machine and in each room.
- TV time is permitted during free time when there are no activities, meetings, chores or programming.
- It is the duty of the last resident leaving the common areas at night to tidy up.
- Personal toiletries are not to be left in communal areas or bathrooms.

Bedrooms

- Residents are responsible for the safety of their possessions during their stay at Red Road Recovery.
- Keep your room tidy and organized.
- Linens and towels are resident's responsibility to clean during their designated laundry day.
- Room checks will be conducted randomly. Red Road Recovery staff reserve the right to inspect bedrooms at any time. Bedroom checks include the entire room and all its contents.
- Food and drinks are not permitted in bedrooms with the exception of water in the provided bottle residents receive on intake. Some exceptions can be made if approved by staff.
- Clothes are to be put away in provided spaces. Dirty clothes to be put in the laundry hamper.
- Towels are to be hung up, not on the floor.
- Resident's beds are to be made every morning.
- Residents are not permitted to enter the bedrooms or cabins of other residents for any reason.

Medical & Related Issues

• All medications (prescribed, over the counter, vitamins or otherwise) are to be handed in to staff for safekeeping. (with exception of EpiPens or inhalers)



Updated: June 4, 2025

This policy is common to all Red Road Recovery Ltd. residences

- Residents are responsible to get their medications during scheduled medication times only. Staff will not continuously remind you or dispense medication during programming.
- Benzodiazepine, narcotic medications or safe supply medications (morphine, fentanyl patch etc.) are not permitted at Red Road Recovery. Kadian dosage must be less than 600 mg. OAT Policy must be acknowledged and signed by any resident on OAT medication.
- All pressing medical issues will need to be dealt with prior to attending.
- Medical and dental appointments will only be arranged in emergency situations.

Personal Effects

- All money, bank cards, credit cards and other instruments of payment are to be handed in upon intake.
- Identification, passports, wallets, money, and other important documentation will be kept in lockers throughout the duration of the residents stay for safekeeping. All other personal belongings are kept in the resident's room at their own risk.
- Medications, medical fees, doctors, dental, and any other expenses incurred must be paid for directly by the resident.
- Residents may not lend, borrow or exchange anything amongst themselves (including but not limited to money, cigarettes, mp3's, etc.)
- Incidental money may be required for coffee, cigarettes, personal toiletries, and other personal expenses. Sufficient money must be available for the resident to cover their personal expenses. Red Road Recovery or its staff will not cover bills nor provide cash loans / advances.
- Do not bring or purchase alcohol, drugs, drug paraphernalia, opened cigarettes, opened vape juice, weapons, sex toys, revealing or inappropriate clothing (that promotes violence, sex, gangs, drugs, or alcohol), bedding, stuffed animals, toiletries that contain alcohol (such as mouthwash, cologne, perfume, aftershave, etc.), aerosols, scented items, candles, incense, essential oils, lottery tickets, food, snacks, pop, energy drinks, electronics, recreational reading material, protein powder or workout supplements.
- Belongings left behind by resident after departure will be held for 4 weeks. The property / item must be collected or posted (resident's expense) within those 4 weeks, if not requested or collected the item / items will be donated to charity.
- Upon return from an outing, all bags will be subject to search and a urine test will be conducted.



Updated: June 4, 2025

This policy is common to all Red Road Recovery Ltd. residences

Electronics

• Electronics (including but not limited to cellphones, cameras, laptops, iPods or personal devices with internet or movie capability) are not permitted and will be locked up for the duration of your treatment stay.

Visitors

• Visitors must sign in upon entry and be pre-approved by the Executive Director, Program Director, Team Leader or Lead Counsellor (*Visitor and Communication Policy*)

Residence Information

Red Road Recovery Sorrento: 1650 Trans Canada Hwy, Sorrento BC VOE 2W0

Red Road Ranch: 1129 Creighton Valley Rd, Lumby BC VOE 2G1

Red Road Rise: 4891 Foothills Rd SW, Salmon Arm BC VIE 3C2

Red Road North: 20047 E 16 Highway, Terrace BC V8G 0A8

Consent

- I have been given information about Red Road Recovery, including the Assisted Living Services that will be received, the services that will be available and the circumstances in which I may leave. (*Please see End of Residency Plan*)
- _ I have been given the opportunity to ask questions about admission to Red Road Recovery and its benefits and risks.

I understand:

- _ The assisted living services available.
- _ I have the right to give or refuse consent to admission to Red Road Recovery.
- _ If I do not follow the Resident Guidelines, I may be mandatorily discharged from the Red Road Recovery with no refund. (*Please see End of Residency Plan*)

I acknowledge and	Signature	
agree to all Red Road		
Recovery Guidelines		
Print Name		Date Signed (MM/DD/YYYY)



What to Bring

BRING ENOUGH FOR THE DURATION OF YOUR STAY

Revised: June 4, 2025

Essentials:

- Honesty, Open-mindedness, and Willingness
- I month supply of Prescriptions (Non-expired, prescribed to you and in blister packs) with script sent to Lumby IDA/Munro's Sorrento/ Shuswap Valley Pharmacy
- Over-the-counter medication or vitamins in the original packaging that are sealed/unopened
- Government Issued Picture ID
- □ Health care number or card
- Health Insurance Information
- Credit/Debit/ or Incidental Money
- Comfortable casual clothing (non-revealing)
- □ Socks and underwear
- □ Jacket / hoodies, etc. (weather / season appropriate
- Toiletries, hair dryer, bathrobe, your normal bathroom items.
- Footwear (hiking boots/shoes, sturdy walking shoes)
- Workout clothes & shoes
- Bathing suit (no bikinis or revealing swimsuits)
- Sunglasses

In the winter, late fall, early spring:

- Winter Jacket
- Winter hiking boots
- □ Warm moisture wicking socks
- Warm moisture wicking long underwear
- □ Hat & gloves/mittens
- Snow pants

In the summer, late spring, early fall:

□ Shorts / Beachwear (Sandals)

Optional:

- Cigarettes
- □ Sealed/unopened vape juice
- Phone numbers of healthy supportive loved ones
- iPod/MP3 (NO internet or camera capabilities)
- Musical Instruments
- Art Supplies
- □ \$300 or less cash for incidentals
- □ Wristwatch (without wifi capabilities)

What NOT to Bring:

- Revealing clothing including sleeveless shirts, or clothing that promotes violence, gangs, drugs or alcohol
- Bedding such as blankets, pillows, or stuffed animals
- Recreational reading material
- Cell phones or cameras
- Lap top computers, iPod or portable devices with internet or movie capability.
- Mouthwash or toiletries that contain alcohol
- □ Cologne or perfume
- □ Weapons of any kind
- Lottery tickets
- Sex toys
- Foods, snacks, candies, soda pop or energy drinks
- Protein powder or workout supplements
- □ A negative attitude
- BAGS ARE LIMITED TO ONE SUITCASE/DUFFLE BAG AND ONE CARRY-ON* (additional bags will be shipped at owners expense)



DETOX QUESTIONNAIRE

Revised: June 4, 2025

Name:
Date of Birth:
Personal Health Number:
Last visit to detox:
Do you have any COVID Vaccinations? Yes No If yes, how many?
Have you ever had a seizure? Yes No If yes, was it during withdrawal? Yes No
Have you ever had hallucinations? Yes No
If yes, was it during withdrawal? Yes No
Are you allergic to anything? Yes No If yes what? If yes is it anaphylactic? Yes No
Are you on any medications? Yes I No (if yes, list names below)

*Note: Benzodiazepine or narcotic medications are not permitted at Pheonix detox centre



DETOX QUESTIONNAIRE

Revised: June 4, 2025

Do you have any medical or mental health conditions?

What is your primary drug of choice: ______

When did you last use: _____

Do you have sleep apnea (stops breathing while asleep)? □ Yes □ No If Yes, do you use a CPAP Machine □ Yes □ No

Do you have any court dates or legal issues? □ Yes □ No
If yes, will that interfere with you going to detox □ Yes □ No
If yes, are your charges of a violent nature? □ Yes □ No

Does any of the following apply to you?

- □ Income Assistance
- Disability
- Employment Insurance
- □ Unemployed
- □ Retired

How will you get to detox: _____

*Note: The phoenix centre does not having parking to bring your own vehicle



DETOX QUESTIONNAIRE

Revised: June 4, 2025

Are you connected with any of the following:

 \square Counsellor

Name: _____

Company: _____

Treatment Centre

Name: _____

□ Recovery Meetings

Are you on any OAT Medications?

- Methadone
- \square Suboxone
- \square Sublocade
- 🗆 Kadian

If yes, dosage: _____

If yes, doctor:	
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Clinic Name: _____

Phone: ______

Fax: _____

*Safe supply meds (Morphine, Fentanyl patch etc. will not be distributed at Pheonix detox centre)