



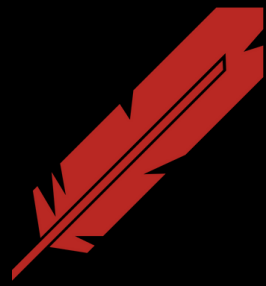
RED
ROAD
RANCH

LUMBY, BC



RED
ROAD
RISE

SALMON ARM, BC



RED
ROAD
RECOVERY

COUPLES TREATMENT



RESET



REBUILD



COUPLES TREATMENT



1. Red Road has been working with couples over the last few years to better serve existing relationships and often times entire families.
2. Couples in addiction is common and can be hard for couples to seek help individually but we have found that together they are often times more willing to walk the Red Road.
3. We have seen varied levels of success with couples integrating into our centers with other clients.
4. We have found that with some level of separation, couples are able to better navigate through treatment.
5. We have seen an uptick in the demand for couples treatment.
6. We want to help people have their best chance of success.



RED
ROAD
RANCH

RED ROAD SOLUTION

Red Road Recovery is proud to announce our newly developed 60-90 day couples program launching November 2024. In addition to our highly successful proven program, couples will experience a combination of individual healing and relationship development to form a foundation for a successful journey targeted at recovery together.

CAMELS HUMP MOUNTAIN

GETTING STARTED **RESET**

The program will begin with one partner attending Red Road Rise in Salmon Arm and the other partner attending Red Road Ranch in Lumby for the first 30 days (some exceptions may be considered). During this time, each individual will work on their own program to stabilize mentally, emotionally, physically and spiritually.

Once assessments are approved, safety issues have been addressed, risk assessments have been completed, and confirmation of commitment to the relationship has been established, their individual counsellors will confirm their readiness to continue with the next phase of their program where they will be reunited at Red Road Rise for the rest of their treatment.

There are opportunities for couples to see one another on weekends and be able to attend our weekend cultural sessions together

NEXT STEP REGROUP

While focusing on their recovery together in our Red Road Rise location, they will be exposed to individual and couples therapy, trust and communication building, codependency and boundaries,

family recovery, coping skills, mindfulness, as well as the 12 step program. In addition, they will be engaging in our robust cultural programming that is facilitated by local elders and knowledge keepers including sweat lodge ceremonies, medicine wheel teachings, art therapy, smudging, spiritual guidance and much more.



Red Road Rise
SALMON ARM, BC

FINAL STAGE REBUILD

During their final 30 days together, the focus will be on transition planning and aftercare, for example: Housing, Education Programs, Employment Supports, Parenting Resources etc.



Housing

Work on securing safe housing to return to.

Education Programs

Work with upgrading needed programs, courses etc

Employment Supports

Work on resume building and job searches

Continued Supports

Connect clients with local services to continue the inner work.

CONDENSED PROGRAM

**ON A CASE BY CASE BASIS WE WILL
CONSIDER A SHORTER RESET STAGE**

STAGE 1

RESET

**2 WEEKS



STAGE 2

REGROUP

**3-4 WEEKS



STAGE 3

REBUILD

**3-4 WEEKS

