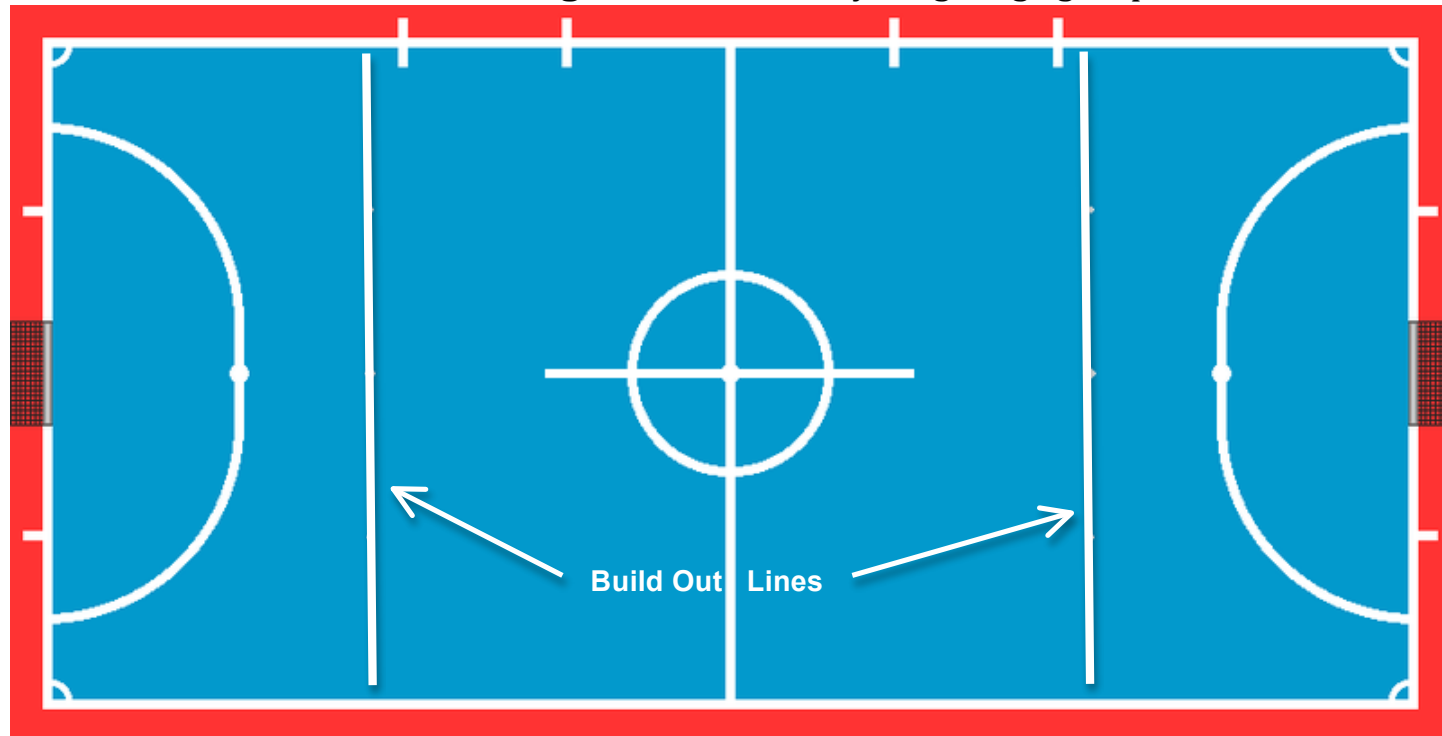


Long Island Futsal will be using **Build Out Lines** for the U8 --- U10 age groups to conform to U.S. Soccer's new Coaching Initiatives for Youth teams and **NO Heading** for the U12 and younger age group



- The build out line is used to promote playing the ball out of the back in an unpressurized setting
- When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line
- The defender can enter the space behind the build out line only when an offensive player has touched the ball after received from the goalkeeper. If the Goalie distributes a pass to a teammate, it is **only live** when the **teammate receives and Touches the ball**, not when it leaves the hand or foot of the goalie. When the ball is live, only then can the opposing team cross the Built Up Line to attack the ball. The referee should instruct the coaches and players initially for a violation; a subsequent offense would be an Indirect Kick
- If the goalkeeper, however, decides to throw the ball past the build out line, there is no restriction on the defender - the defender does **NOT** have to wait until an offensive player touches the ball.