

College Swimming Recruiting Checklist

- ✓ In General
 - ☐ Decide whether swimming for four more years is right for you (do this each year)
 - ☐ Update SwimCloud (contact info, photo, email)
 - ☐ Create a professional Gmail used only for recruiting
 - ☐ Clean up all social media (Snapchat, Instagram, TikTok, Facebook, etc.)
- ✓ By May of Sophomore Year
 - ☐ Meet with lead coach to discuss college pathways
 - ☐ Register with the NCAA Eligibility Center (Level 3)
 - ☐ Evaluate which level/style of school will be the best fit (D1/D2/D3/NAIA...)
 - ☐ Fill out questionnaires to 15-20 schools
 - ☐ Send introductory emails to coaches
 - ☐ Message coaches on SwimCloud
- ✓ By November of Junior Year
 - ☐ Option 1: Visit 3–4 schools and make a commitment
 - ☐ Option 2: Narrow to 5 schools and plan spring visits
 - ☐ Option 3: Keep training hard and maintain regular coach contact
- ✓ By November of Senior Year
 - ☐ Apply to college(s)
 - ☐ Confirm financial aid / scholarship packages
 - ☐ Visit final schools
 - ☐ Make final decision by spring

