



# HEART CENTERED KIRTAN

Sanskrit mantras, prayers, and aphorisms set to  
original music by Jeff Martell & Libby Volckening

CD Released 11/04/2017

- 1 **Om Namah Shivaya** *I offer to Shiva a respectful invocation of his name.*
  
- 2 **Govinda Gopala Narayana**  
**Govinda Narayana,** *Finder and Protector of knowledge and wisdom,*  
 Gopala Narayana *We invoke you, Eternal Lord of the Universe.*  
 Govinda Gopala Narayana  
 Hare Govinda Ananda Narayana
  
- 3 **Bhagavan Kripalu** manelo *Divine Compassionate One, You are my refuge.*  
 sharane. *I have come to stand forever at Your feet.*  
 Aavi ubho chung hung to tava *Victory to the Divine.*  
 charane.  
 Jaya Bhagavan.
  
- 4 **Om Cecilia, Hare Cecilia**
  
- 5 **Even Kali Gets the Blues**  
**Jayanti mangala Kali,** *Salutations to*  
 Bhadra Kali kapalini, *the Ever-victorious and -auspicious Kali,*  
 Durga kshama Shiva dhatri, *to Bhadrakali who wears a garland of skulls,*  
 Svaha svadha namostute *to forebearing Durga who is One with Shiva,*  
 Jai, Jai Kali, Jai Kali Durga, *The Cosmic Being to whom we surrender*  
 Jai Kali Durga Mata Om *and make offering, salutations to You.*



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- 6 **Om asatoma sat gamaya**  
Om tamasoma jyotir gamaya  
Om mrtyorma amritam gamaya  
Om *Lead me from lies to truth,  
from darkness to light,  
From death to eternal life.  
Om.*
- 7 **Ishvara pranidhana,**  
Let it go *Surrender to your Higher Power,  
Let it go.*
- 8 **Mahamrtunjaya Mantra**  
**Om tryambakaṁ yajaamahay**  
Sugandheṁ puṣṭee vardhanam *I invoke the Lord who sees what I cannot see,  
Nourish, strengthen, and restore my health*  
Urva rukameeva bandhanaan *Like a cucumber freed from the vine,  
Liberate me from the bonds of death.*  
Mṛtyor mukṣheeya mamṛitat
- 9 **Purnam adah** purṇam idam *That is Infinite, this is Infinite, and*  
Purṇat purṇam udachyate *From that Infinite comes this Infinite.*  
Purṇasya purṇam adeya *When anything is removed from or added to it,*  
Purṇam eva vashishyate *Infinite remains Infinite.*  
Om Shantih Shantih Shantih *Om. Peace Peace Peace.*
- 10 **Saraswati**  
Om Ayeem Saraswatya Namaha