	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
Hot Regular / *Veggie*	Beef Picadillo/***3 oz. soy beef***	Yangs Orange Chicken/ ***Veggie Chix Strips***	1 - 5x5 slice Shepards Pie/***Vegan Beef***	2 Cheese Manicotti (5.5oz) w 1/2 cup Tomato Basil Sauce/***Same***	Stuffed Peppers w/3oz beef/***Soy Protein***
Cold Regular	Tuna Salad	Chicken Caesar Salad w/Chicken Strips	Yogurt, String Cheese, WG Blueberry Muffin	Whole Chicken w/WG Wrap	Roasted Vegetable Pasta Salad w/ranch dressing
	8	9	10	11	12
Hot Regular / *Veggie*	Baked Chicken Thigh w/Herb Gravy/***Veggie Chix Strips***	Turkey Patty w/Lettuce, Tomato, & Onion/***3 oz. Soy Protein***	Chili con Carne/ ***Vegetarian Chili***	Sunny Lemon Creamy Chicken Enchiladas/ ***Veggie Chix Strips***	Minestrone Soup/ ***Same***
Cold Regular	Taco Salad w/ Southwest Ranch	Greek Salad w/ Chicken Strips	Chicken Salad (lettuce, tomato garnish), w/WW Bread	Fresh Mozzerela, WG Pita Bread, Veggie Bruschetta	Spinach Strawberry Feta Salad w/Chicken Breast
	15	16	17	18	19
Hot Regular / *Veggie*	Hamburger Patty w/Lettuce, Tomato, Onion/***Veggie Burger w/Lettuce, Tomato, Onion***	Sliced Turkey & Gravy/***3 oz. Chicks Strips***	Grilled Pollock w/Tartar Sauce/***3 oz. Vegan Fish***	Oven Fried Chicken Legs 3 oz./***3 oz. Vegan Nuggets***	Spaghetti & Meat Sauce/***Spaghetti w/***
Cold Regular	Tropical Bean Salad w/ WW Bread & Butter	Pesto Pasta Salad w/ Chicken	Beef Teriyaki Wrap	Egg Salad w/WG Roll	Asian Chop Salad w/ Chicken
	22	23	24	25	26
Hot Regular / *Veggie*	Chicken Tikka Masala & WG Rice/***3 oz. Chickpea Marsala***	Meatloaf w/Gravy/***Vegan Beef Strips***	**MERRY CHRISTMAS EVE!**	**MERRY CHRISTMAS!**	Chicken & Dumplings/ ***Veggie Chix Strips***
Cold Regular	Chef Salad w/Roast Beef, 1 Egg wedged & Swiss	Turkey Mayo & WG Roll			Mild Buffalo Ranch Chicken Salad
	29	30	31		
Hot Regular / *Veggie*	Chinese Style Vegetables w/Orange Chicken/ ***Teriyaki Tofu***	Vegetarian Lasagna/ ***Same***	Hamburger w/Lettuce, Tomato, & Onion w/WG Bun/***3 oz. Vegetarian Patty***		
Cold Regular	Cranberry Chicken Salad w/WG Crackers	Grilled Chicken Mayo w/WW Bun	Tuna Nicoise Salad w/WG Crackers		

CHEF SALAD & VEGGIE SALAD OFFERED EVERYDAY