

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	CHEF SALAD & VEGGIE SALAD OFFERED EVERY-DAY	1 Spaghetti & Meat Sauce/ <i>Spaghetti w/Cheese</i>	2 Oven Fried Chicken Legs/ <i>Vegan Nuggets</i>	3 3 oz. Hamburger Patty w/Lettuce, Tomato, Onion, Ketchup/Mustard/Mayo/ <i>Veggie Burger w/Lettuce, Tomato, & Onion</i>	4 <u>CLOSED</u>
Hot Regular / Veggie		Asian Chop Salad w/ Chicken	Beef Teriyaki Wrap	Egg Salad w/WG Roll	
Cold Regular					
	7	8	9	10	11 Vegetarian Lasagna/ <i>Same</i>
Hot Regular / Veggie	Chicken Tikka Masala/ <i>Chickpea Marsala</i>	Meatloaf w/Gravy/ <i>Vegan Beef Strips</i>	Chicken Spinach Alfredo Bake/ <i>Chix Strips</i>	Oven Roasted Haddock & WG Quinoa/ <i>Vegan Fish Patty</i>	
Cold Regular	Chef Salad (Protein/Swiss Cheese/Roast Beef/Egg wedged)	Pasta Salad w/Turkey bacon/cheddar cubes	Turkey Mayo Roll/ Tomato & Lettuce Garnish	Cottage Cheese, String Cheese, & WG English Muffin	
	14	15	16	17	18
Hot Regular / Veggie	Chinese Style Vegetables w/ Teriyaki Salmon & Brown Rice/ <i>Teriyaki Tofu</i>	Oven Fried Chicken Legs/ <i>Chicks Strips</i>	Cheesy Italian Rice & Meatball/ <i>Cup added beans, soy</i>	Chicken in Orange Sauce/Chix Strips in Orange Sauce	Macaroni & Cheese/ <i>Same</i>
Cold Regular	Cranberry Chicken Salad & WG Crackers	Powerhouse Wrap-Tossed Green Salad w/Italian Dressing	Chicken Salad Slices & WG Bread	Turkey/Cheese & WW Bread/ Lettuce/Tomato/mayo/Zucchini salad	Grilled Chicken Mayo & Whole Wheat Bun
	21	22	23	24	25
Hot Regular / Veggie	Korean Beef Over Jasmine Rice/ <i>Korean Soy Beef over WG Rice</i>	Salisbury Steak w/ mushroom gravy/ <i>Vegetarian Patty</i>	Yangs Teriyaki Chicken & WG Asian noodle/ <i>Veggie Chicken Strips</i>	Grilled Pollock Fish w/ Tarter Sauce/ <i>Vegan Fish Patty</i>	Ground Turkey & Spanish Rice/ <i>2 cups black beans & Spanish rice</i>
Cold Regular	Roasted Vegetable Pata Salad, ranch dressing, & Fresh Mozzarella	Egg Salad & Whole Wheat Bread	Beef Kale Caesar Wrap-WG Wrap	Taco Salad w/Southwest Ranch Dressing	Chicken Gyro w/1oz Hummus
	28	29	30	31	CHEF SALAD & VEGGIE SALAD OFFERED EVERY-DAY
Hot Regular / Veggie	Chicken Carnitas Sorghum Burrito Bowl/ <i>Bean Sorghum Burrito Bowl</i>	Cod Filet & WG Noodles w/butter/ <i>Vegan Fish</i>	Korean Beef over Quinoa, WG Roll w/Butter/ <i>Vegan Beef</i>	Turkey Burger w/LTO & WG Bun/ <i>Black Bean Burger</i>	
Cold Regular	Tuna Salad & Whole Wheat Bagel	Chicken Caesar Salad-Chicken strips, WG Roll	Yogurt, String Cheese, WG Blueberry Muffin	Whole Chicken Wrap w/ Lettuce/Tomato/mayo	