

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	<b>CHEF SALAD &amp; VEGGIE SALAD OFFERED EVERYDAY</b>			1 Cod Filet/ <i>Vegan Fish Patty</i>	2 Oven Fried Chicken Legs/ <i>Chix Strips</i>
Hot Regular / Veggie					
Cold Regular	5	6	7	8	9
Hot Regular / Veggie	BBQ Pulled Chicken/ <i>Chix Strips</i>	Salisbury Steak w/ Mushroom Gravy/ <i>Vegetarian Patty</i>	Grilled Chicken Fettuccini Alfredo/ <i>Vegan Chicken</i>	Spaghetti & Meat Sauce/ <i>Spaghetti w/ Cheese</i>	Yangs Lemongrass Chicken/ <i>Chix Strips</i>
Cold Regular	Powerhouse Wrap	Chicken Caesar Salad	Fresh Mozz. & Bruschetta w/ Pita	Chicken Salad w/ WW Bread	Tuna Salad Sandwich
	12	13	14	15	16
Hot Regular / Veggie	Korean Beef over Quinoa/ <i>Vegan Beef</i>	Chicken & Waffles/ <i>Vegan Chicken</i>	Barbacoa Beef Street Tacos/ <i>Black Bean Tacos</i>	Oven Fried Chicken Legs/ <i>Vegan Nuggets</i>	Breaded Pollock/ <i>Vegan Fish Patty</i>
Cold Regular	Egg Salad w/ WG Roll	Beef Kale Caesar Wrap	Spinach Strawberry Feta Salad	Grilled Chicken w/ Mayo & MG Sprouted Bread	Roasted Vegetable Pasta Salad
	19	20	21	22	23
Hot Regular / Veggie	Chicken & Gravy/ <i>Vegetarian Patty</i>	Jambalaya/ <i>Chix Stick Jambalaya</i>	Stuffed Peppers/ <i>Stuffed Peppers with Beans</i>	Salisbury Steak w/ Mushroom Gravy/ <i>Vegetarian Patty</i>	Chickpea Masala/ <i>Same</i>
Cold Regular	Kale & Spinach Salad w/ Sliced Turkey	Tropical Bean Salad	BBQ Chicken Salad w/ WG Bun	Asian Chicken Salad	Yogurt, String Cheese, Blueberry Muffin & Italian Tomato Salad
	26	27	28	29	30
Hot Regular / Veggie	<b><u>CLOSED</u></b>	Sweet & Spicy Beef "Stir Fry"/ <i>Tofu "Stir Fry"</i>	Macaroni & Cheese/ <i>Same</i>	Jerk Chicken/ <i>Vegan Chicken</i>	Vegetarian Lasagna/ <i>Same</i>
Cold Regular		BLT Pasta Salad	Chicken Caesar Salad	Tuna Salad w/ WW Bagel	Mediterranean Quinoa Salad