



MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT LUNCH	3 Hamburger Patty w/ Lettuce, Tomato, Onion Ketchup/Mustard/Mayo WG Bun Baked beans Cheesy Broccoli Blueberry cobbler Milk Veg: Veggie Burger w/ Lettuce, Tomato, Onion	4 Slice Turkey & Gravy Stuffing WG Roll w Butter Broccoli & Cauliflower Corn Baked Cinnamon Apple/Applesauce Milk Veg: Chicks Strips	5 Grilled Pollock w/ tartar sauce WG Bun Stewed Tomatoes Lima Beans Tropical mix Milk Lewisville - Meatloaf w/Gravy Veg: Vegan fish	6 2 Oven Fried Chicken Legs Corn Muffin Mashed sweet potatoes 4 Way vegetable mix Plum Milk Veg: Vegan Nuggets	7 Spaghetti & Meat Sauce Spinach Sauteed Summer Squash Tangerine WG Roll w/ butter Milk Veg: Spaghetti w/ Cheese
	COLD LUNCH Tropical Bean Salad WW Bread Butter Romaine Lettuce Tomatoes Tropical Fruit Salad Milk Veg: Same	Pesto Pasta Salad Grain Chicken Field Greens w Italian Yogurt Parfait Roasted Zucchini Milk Veg: Same	Beef Teriyaki Wrap WG Wrap Asian Bean Salad Canned Pears Milk Veg: Beefless strips	Egg Salad WG Roll Marinated Vegetable Salad Cucumber Salad Cantaloupe Milk Veg: Same	Asian Chop Salad w/ Chicken WW Nan Bread Banana Milk Veg: Same w. chick strips
	HOT LUNCH 10 Chicken Tikka Masla WG Rice Sauteed Spinach Ginger Cauliflower Mandarin Orange Milk Veg: Chickpea marsala	VETERAN'S DAY 11 Meatloaf w/ Gravy WG Bun Brussel Sprouts Scalloped Potatoes Banana (1) Milk Veg : Vegan Beef Strips	12 Tuna Noodle Casserole Garlic Bread Green Beans Cannellini bean Plum Milk Lewisville – Turkey & Gravy	13 Sunny Lemon Chicken Peas Eggplant roasted WG Linguine w/ butter Apple Slices Milk Veg: Meatless Chicken	14 1 Chicken & Dumplings Dumplings WG Roll w Butter Lima bean Pineapple Milk Veg: Chix Strips
COLD LUNCH	Chef Salad WG Corn Muffin w butter Mixed Greens Lettuce w Herb Vinaigrette Cherry Tomato & Cuke Peaches Milk Veg: Cheese, 2 eggs	Turkey Mayo WG Roll Tomato and Lettuce garnish Romaine w/ Caesar Dressing Mediterranean Chickpea Salad Mixed Fruit Milk Veg: Fresh Mozzarella, Cucumbers, Tomato & Balsamic Vinaigrette	Pasta Salad Red & Green Pepper strips w Italian Red Bean Salad Grapes Milk Veg: Egg Salad	Cottage Cheese String Cheese WG English Muffin Field Salad w/ Ranch Tomato Balsamic Salad Honeydew Milk Veg: Same	Mild Buffalo Ranch Chicken Salad WW Bread Spinach Salad w Balsamic Vinaigrette Beet Salad Mango (frozen) Milk Veg: Hummus & Provolone



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
HOT LUNCH	17	18	19	20	21				
	Chinese Style Vegetables w/ Orange Chicken Brown Rice Roasted Carrots Edamame Tropical Fruit Cup Milk Veg: Teriyaki Tofu					Vegetarian Lasagna Garlic Bread Italian Blend Acorn squash Pears Milk Veg: Same	Hamburger w/ Lettuce, Tomato, Onion WG Bun Roasted Potatoes Steamed broccoli Banana Milk Veg: Vegetarian Patty	Beef Lo Mein Vegetable Egg Roll Bok Choy Pumpkin Tangerine Milk Veg: Soy Beef	2 Oven Fried Chicken Legs WG Corn Muffin w Butter Kale Creole Style Black Eyed Peas Cherry Cobbler Milk Veg: Chicks Strips
COLD LUNCH									