

PROGRAM DETAILS

****When Registering for a class or trip,
please see a staff member at the front desk
or call (703) 464-6200****

Digital Class with David

Class on Thursdays! Stop by and bring your computer questions, 3D printing or phone skills questions from 1-2pm!

Community Cares Manager Onsite

Wednesdays: 11/5, 11/12, 11/19 from 10:30am-2pm

Monday: 11/24 from 10:30am-2pm

Rising Phoenix Sing-a-long

The **first Wednesday** at 12:10pm in the Dining Room!

Walking Club

Join us on Thursday's at 10:30am for a stroll to the farmers market or on the WO&D Trail.

Program is dependent on weather.

Book Club

Thursday, November 13th at 2:30pm in the Conference Room.

Blood Pressure Clinic with Nurse Kerry

10:00am-11:00am in the Conference Room on the **second Tuesday** of the month.

Shepard Center

Find information about the Shepard Center as well as speak to a representative in the front lobby. **November Dates: TBD**

ESL w/John R.

Mondays at 11am in the Conference Room.

Beginners' Spanish w/Octavia C.

Every 2nd Wednesday at 1pm in the Conference Room.

Intermediate Spanish w/Octavia C.

Every 4th Wednesday at 1pm in the Conference Room.

BINGO

Everyone Wins. Limit of 2 cards per person. Fridays at 10:15-11:15am in the Dining Room. One Prize per person but endless wins with bragging rights!

***NEW: Mocktails & Mingle**

Come mingle with your friends and make new ones while sipping some delicious refreshing mocktails!

Every 2nd Friday (Except Holidays), Ballroom C: 1-2:30pm

- 11/14

***NEW: What's Your Favorite?**

In this program, we will test out multiples of similar items to determine which is your favorite! For Ex.: Favorite Brand of Ginger Ale, Type of Vanilla Ice Cream, Favorite Cheese, etc. Please sign up by 2pm the day before the program to ensure enough supplies are available. **Every 4th Friday (Except Holidays), Ballroom C: 1-2pm**

- 11/21: Favorite Bread and Favorite Jam

PROGRAM DETAILS—CONT.

All arts and craft programs end at 2:45pm for proper clean up and closure.

****Diamond Art Notice****

No Small Diamond Art project this month! Regular Diamond Art will still occur from 1:00-2:45pm on Tuesdays and Thursdays in the Craft Room.

In the Garden-Dried Leaf Collecting/Pressing Glycerin/Press Methods

Thursday, November 6th from 10:30am-12pm in the Garden! *Registration at the front desk is required!*

Card Making with Nabilah

Friday, November 7th at 1pm in the Craft Room! Themes include: Thanksgiving|Friendsgiving; Pressed Fall Leaves; Caregivers' Appreciation [Awareness Month]; Veterans' Day Appreciation. *Registration at the front desk is required!*

Destination Discovery

Stamp your passport and set off on a cultural adventure—each month, we'll journey to a new destination and uncover the rich history, traditions, and stories that make it unique. This activity will be in Ballroom C, Thursday November 13th at 10:45am! *Registration at the front desk is required!*

Annual Gratitude Garland-Leaf Garland Painting for Seniorsgiving

Tuesday November 18th from 10:30am-12pm in the Craft Room! *Registration at the front desk is required!*

Sip and Paint

Step by Step Painting with light refreshments, Thursday, November 20th at 10:15am in the craft room. *Registration at the front desk is required!*

Jewelry Making with Nabilah

2 Pairs of Beaded Earrings: 1 for us, & another for a friend or relative! Friday, November 21st from 1-3pm in the Craft Room! *Registration at the front desk is required!*

Open Crafternoon!

Tuesday, November 25th from 10:30am-12pm in the Craft Room! This time will be used to finish up any past/old projects!

CENTER REMINDERS

Emergency Drills

Under strict orders by the Fairfax County Fire Marshal we are required to complete quarterly drills. These ensure your safety & best practices of how to safely & quickly exit the building.

Here are some tips to ensure your safety during an emergency:

- 1) Follow the instruction of Herndon Senior Center Staff.
- 2) Please exit immediately, & do not turn back to return to the program room.

If you have any Questions or Concerns,

Please Contact:

Becky Shearer, Senior Center Director.

Rebecca.Shearer@fairfaxcounty.gov

Membership Processing

START Times:

Monday - Friday
> 10:15am - 11:30am
> 12:45pm - 1:15pm

**Cash; Credit Cards, or
please make Checks out to
DNCS. We do not accept AMEX.**