

	2	3	4	5	6
Hot Regular / Veggie	Bean Burrito (Pinto Beans, WG Tortilla)/ Same	Oven Fried Chicken/ Veggie Chix Strips	Roast Beef w/Gravy/ Soy Beef	Chicken Parmesan/ Eggplant Parmesan	Taco Soup (legumes, tomato, corn, red pepper, onion)/ Lentil Taco Soup
Cold Regular	Tuna Salad w/WW Roll	Aztec Grain Bowl (butternut squash, WG quinoa, cannellini beans)	5-A-Day Salad, Spinach/Kale, other; Herb Vinaigrette, Sliced Turkey Mayo	WG Pasta Salad w/Turkey bacon, cheddar, Red&Green Pepper strips w/Italian	Mediterranean Roasted Vegetable Sandwich w/Fresh Mozzarella
	9	10	11	12	13
Hot Regular / Veggie	Chili con Carne w/Beans (Meat Alternative-ground beef & kidney beans)/ Veggie Bean Chili	BBQ Shredded Chicken w/WG Bun/ BBQ Tofu	Salisbury Steak & Country Gravy/ Veggie Patty	Turkey Wild Rice Soup/ Lentil Wild Rice Soup	Grilled Pollock/ White Bean & Parmesan
Cold Regular	Grilled Chicken Mayo w/WG Sliced Bread	Roast Beef w/WG Roll	Chicken Caesar Salad w/Chicken Strips	Ranch Hand Lunch (Eggs, Cheese, WG Bran Muffin)	Scoop Sriracha Chickpea Salad w/WW Bread
	16	17	18	19	20
Hot Regular / Veggie	CLOSED-PRESIDENTS' DAY	Beef Lomein Noodle/ Soy Beef Strips	Breaded Fish Filet (meat alternative, grains)/ Veggie-Hummus Sandwich	Swedish Chicken Meatballs w/ WG Egg Noodle)/ Vegetable Meatballs w/sauce	Vegetarian Minestrone Soup (Meat Alternative, legume, veggies)/ Vegetable Bean Soup
Cold Regular		Tuna Salad w/WW Bread	Whole Chicken Wrap (2 pieces) w/WG tortilla	Asian Chicken Salad w/WG Roll	Caprese (Fresh Mozzarella, Cucumbers, Tomato & Balsamic)
		23	24	25	26
Hot Regular / Veggie	Oven Fried Chicken/ Vegetarian Chicken Strips	Beef Stew (Meat Alternative, Veggies, Potatoes)/ Lentil Stew	Chicken Piccata/ Veggie Chix Strips	WG Tagliatelle Pasta w/Kale, tomatoes, Cannellini beans)/ Same	Vegetarian Chili/ Same
Cold Regular	Chef Salad (Protein, Swiss Cheese, Roast Beef, Egg Wedge)	Spinach Strawberry Feta Salad w/Chicken	1 Cup Tabbouleh (Grain, Veggies), Chickpeas, feta	Asian Beef Spring Roll w/WW Flour Tortilla	Egg Salad w/WW English Muffin

CHEF SALAD & VEGGIE SALAD OFFERED EVERYDAY

Hot Regular / Veggie
Cold Regular