




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT LUNCH					Spaghetti w/ Meat sauce 1 Garlic Bread WG Spaghetti Noodles Ceasar Salad w/ Romaine Broccoli Orange in Wedges Milk <i>Veg.: Eggplant w/ meat sauce</i>
COLD LUNCH					Fruited Yogurt (m/ma) String Cheese, m/ma WG Blueberry Muffin Honeydew Peaches Zucchini Tomato Salad Milk <i>Veg.: Same</i>
HOT LUNCH	4 Broccoli , Cheese & Rice Casserole <i>m/ma (Cheese)</i> Grain WG Roll w Butter Dark leafy green Roasted Root Vegetable Cantaloupe Milk <i>Veg.: Same</i>	5 Oven Fried Chicken Legs WG Biscuit w Butter Steamed Kale Black Eyed Peas Mango Papaya Milk <i>Veg.: Vegan Nuggets</i>	6 Chili con Carne with bean (<i>meat & Meat Alternate</i>) WG Corn Muffin w/ Margarine Kidney Beans Baked Potato Tropical Fruit Salad ((Guava, Pineapple) Milk <i>Veg.: Vegetarian Chili</i>	7 Baked Salmon w/ Sesame Ginger WG Fried Rice Chow-Chow Cole Slaw Green Beans Strawberries Milk <i>MOW Veg: Same</i> <i>Cong Veg: Vegetarian Lasagna</i>	8 Lentil Soup (<i>Lentils and vegetable, Peas & Carrots, Onion</i>) WW Naan Bread Carrots Field Green Salad Ranch ½ c Pears Milk <i>Veg.: Same</i>
COLD LUNCH	Chicken Caesar Salad <i>Chicken strips</i> WG Roll Caesar Salad field greens salad Green & Red Pepper Strips Peaches Milk <i>Veg.: Chicx strips</i>	Egg Salad Potato Roll Marinated Vegetable Salad Cucumber Salad Banana Milk <i>Veg.: Same</i>	Grilled Chicken Mayo WW Bun Med Chickpea Salad Cucumber Salad Orange Milk <i>Veg.: Egg Salad</i>	Cold Cuts & Cheese Mustard w/ Lettuce, Tomato, Mustard WG Flatbread Beet Salad Potato Salad Melon Salad (Cantaloupe , Honeydew) Milk <i>Veg.: ½ c Fresh Mozzarella, Cucumbers, Lett. & Tom. & Balsamic Vinaigrette</i>	Tomato, Mozzarella w/ Pesto Sandwich, <i>Beef</i> WG Roll Chopped Kale Salad w/ vinaigrette ** Salad Vegetables** Applesauce Milk <i>Veg.: Powerhouse Wrap</i>



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HOT LUNCH	<p>11</p> <p>Chicken Supreme WG Noodles 2.5 oz Zucchini Butter Beans ½ c Peaches alt. Strawberries Milk</p> <p>Veg.: Chickless Patty</p>	<p>12</p> <p>Meatloaf & Gravy WG Roll Collard Greens Whipped Potatoes Clementine Milk</p> <p>Veg.: Vegetarian Black Bean Burger* w Ketchup</p>	<p>13</p> <p>Chicken Breast w/ stuffing WG Wheat Roll (2 oz) Lima Beans Glazed Carrots Apple Slices (4-6) Milk</p> <p>Veg.: Chickenless Nuggets* w Ketchup</p>	<p>14</p> <p>Swiss Mushroom Burger (<i>mushroom on side</i>) Lettuce & Tomato / Ketchup. <i>m/m</i> (Beef) WG Bun Mushrooms Green Beans Melon Salad Milk</p> <p>Veg.: Black Bean Burger</p>	<p>15</p> <p>Rosemary Chicken Breast WG Rice WG Roll w butter Broccoli Summer Squash Blueberry Cobbler Milk</p> <p>Veg.: Chickless Patty</p>
COLD LUNCH	<p>Asian Beef Spring Roll WW Flour tortilla Seasoned Green Bean Salad Grapes Orange Milk</p> <p>Veg.: Soy Protein</p>	<p>Sliced Chicken Mayo w/ Lettuce & Tomato WG Roll w/ butter Carrot & Raisin Salad German Potato Salad Banana Milk</p> <p>Veg.: Fresh Mozzarella, Cucumbers, Lett. & Tom. & Balsamic Vinaigrette</p>	<p>Fruited Yogurt String Cheese WG Blueberry Muffin Zucchini Tomato Salad Honeydew Pineapple Milk</p> <p>Veg.: Same</p>	<p>Tuna Salad WW Roll w/ butter Field Greens w Italian Fruit Salad Tropical Bean Salad Milk</p> <p>Veg.: Same</p>	<p>Taco Salad <i>Ground Beef 1 oz Cheese,</i> Baked Tortilla Chips Black Beans Pico De Gallo (Onion, Tomato, Green Peppers, Cilantro) Romaine Salad Fresh Fruit (Strawberries) Milk</p> <p>Veg.: Soy taco meat</p>
HOT LUNCH	<p>18</p> <p>Beef Stew WG Pita Carrots, potatoes Cannellini Beans Hot Cherry Crisp Milk</p> <p>Veg.: Soy Protein Stew</p>	<p>19</p> <p>Oven Baked Chicken Leg Stuffing 1 oz WG Roll w Margarine Collard Greens Butter Squash Peach Milk</p> <p>Veg.: Chix strips</p>	<p>20</p> <p>Vegetarian Lasagna <i>cheese</i> WG noodles 2.5 oz Garlic Breadstick, Zucchini Mixed Greens Salad w Italian Orange in Wedges Milk</p> <p>Veg.: Same</p>	<p>21</p> <p>Honey Ginger Chicken WG Nan Spring Peas Cauliflower Apple (1) Milk</p> <p>Veg.: Chix strips</p>	<p>22</p> <p>Baked Cod Ole WG Turmeric Couscous WG Roll w/ butter Golden Salsa Black Beans Mango Milk</p> <p>Veg.: Same</p>
COLD LUNCH	<p>Powerhouse Wra <i>Black Beans</i> WW Tortilla (6 in 2.6 oz) Tossed dark Green Salad w Italian Pears Tomato & Cucumber Salad Milk</p> <p>Veg.: Same</p>	<p>Pastrami mustard w/Lettuce & Tomato WW Bread Rye Fruit Jello Potato Salad Milk</p> <p>Veg.: Assorted cheese slices</p>	<p>Garden Chef Salad <i>Turkey eggs, cheese</i> WG bread Tossed Green Salad w Italian Strawberries Broccoli Salad Milk</p> <p>Veg.: Egg & Cheese</p>	<p>Turkey & Cheese mayo Sandwich WW Bread Cole Slaw Mediterranean Chickpea Salad Pineapple Milk</p> <p>Veg.: Fresh Mozzarella, Cucumbers, Lett. & Tom. & Balsamic Vinaigrette</p>	<p>Chicken Caesar Salad WG Apple Muffin Caesar Field Greens Salad Green & Red Pepper Strips Fresh Melon Salad (<i>Cantaloupe, Honeydew, Pineapple</i>) Milk</p> <p>Veg.: Chicx Strips</p>



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HOT LUNCH	MEMORIAL DAY 25 Vegetarian Chili w/ kidney beans <i>Meat Alternate (Kidney Beans)</i> WG Cornbread Vegetable (Corn, Green Pepper, Onion, kidney beans, Diced Tomato) Red Bliss Potatoes Berries Milk Veg.: Same	26 Lemon Chicken Breast WG Fettucine Green Beans Sautéed Summer Squash Mandarin Orange Milk Veg.: Soy Protein in Pepper	27 Bean Burrito Bowl <i>Monterrey Jack M/M (Black Beans)</i> WG Rice WG Corn Muffin Pico De Gallo (Onion, Tomato , Green Peppers, Cilantro) Corn Fresh Fruit Salad (Cantaloupe , Honeydew, Pineapple) Milk Veg.: Same	28 Beef & Macaroni Casserole WG noodles Creamed Spinach Carrots Apple in slices Milk Veg.: Soy Protein & Macaroni	29 Stuffed Cabbage, <i>m/ma Beef</i> WG Rice WG Roll w/ butter Cabbage Sweet Potato Pineapple Milk Veg.: Vegetarian Cabbage Roll
COLD LUNCH	Smoked Turkey mustard SI WG Bread Broccoli w Caesar Dressing Cucumber Salad Peaches Milk Veg.: Assorted Cheese Slices	Spinach Strawberry Feta Salad <i>Chicken diced Breast</i> WG Roll Spinach salad w Raspberry Vinaigrette Green & Red Pepper Strips Banana Milk Veg.: Chicx Strips	Marinated Chicken w/ Lettuce & Tomato WG Foccacia Kale Salad w/ Balsamic Oil & Vinegar Cole Slaw Grapes Milk Veg.: Tuna	Hawaiian Pasta Salad w/ Ham Cubes (Broccoli , cucumber , cherry tomatoes , green bell pepper) String Cheese WG Noodles Pickled Beets Orange Slices Milk Veg.: Same	Asian Chicken Salad WG Corn Muffin Field Greens w Ranch Red Bean Salad Honeydew Milk Veg.: Chicks Strips