



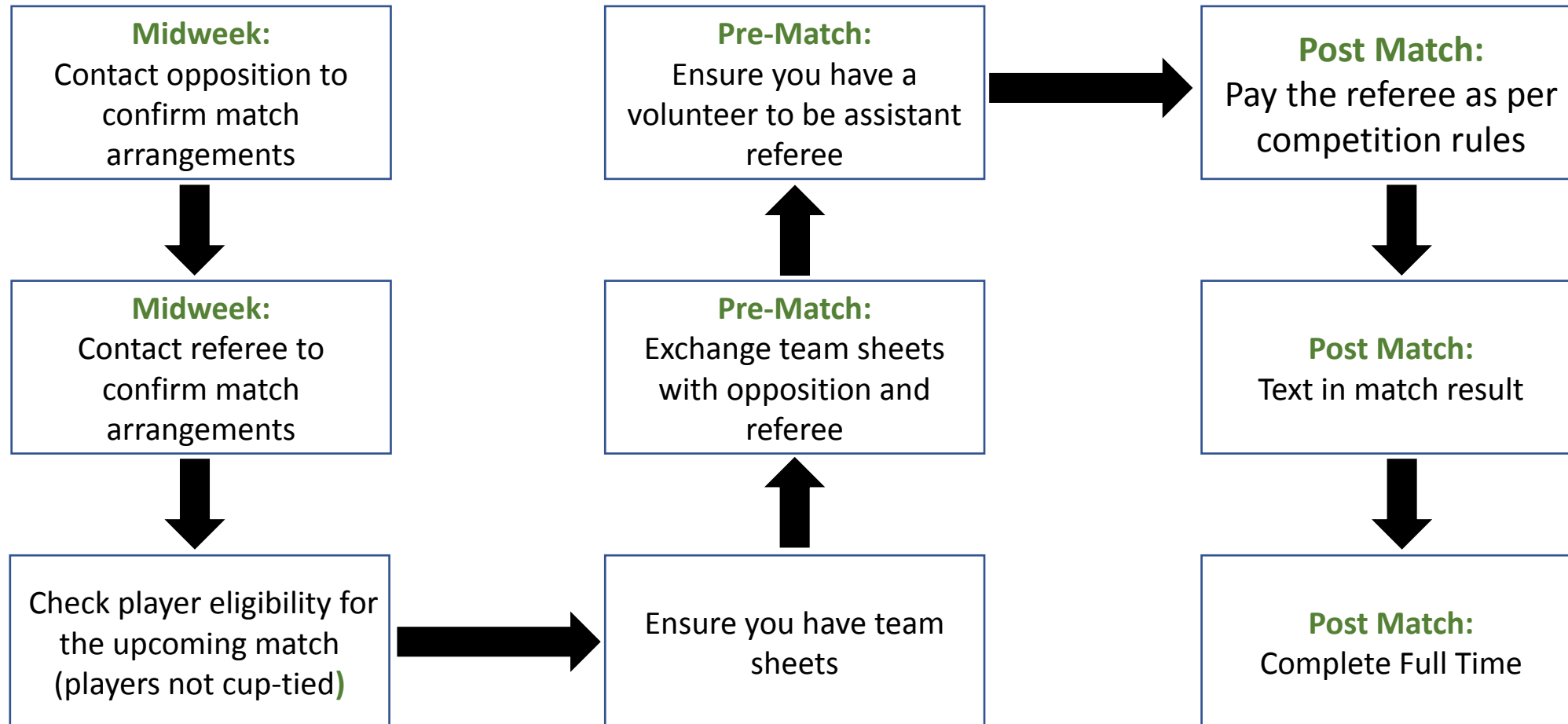
Norfolk Sunday Football League

League Cup Guide

Season 2024-25

Norfolk Sunday Football League

League Cup - Match Process - 2024-25



Norfolk Sunday Football League

League Cup - Rules - 2024-25



THE COMPETITION

There will be 2 league cup competitions which will be known as -

THE H2 SECURITY LEAGUE CUP

THE BERNIE HARDIMAN LEAGUE CUP SPONSORED BY CONBANO

MATCH BALLS

The home club must provide 2 match balls.

SUBSTITUTES

5 substitutes may be used from 5 players named. Return substitutions are permitted.

Clubs must advise the opposition and referee of the names of substitutes not later than 5 minutes prior to kick off (Team sheet)

Norfolk Sunday Football League

League Cup - Rules - 2024-25



REFEREE MATCH FEES

THE H2 SECURITY LEAGUE CUP - Basic Fee - £30

THE BERNIE HARDIMAN LEAGUE CUP SPONSORED BY CONBANO - Basic Fee - £25

Mileage - 35p a mile, maximum of £25

For group games, fees are to be paid by the HOME TEAM

For Quarter final games, fees are to be paid by the AWAY TEAM

For Semi final games, referee fees and 1 assistant referee fee are to be paid by the AWAY TEAM. The second assistant referee fee is to be paid by the HOME TEAM

Call off over which neither Club has control: Expenses only

Call off due to one Club being in default: Expenses only to be paid by defaulting Club

Game Duration - 45 Mins Each Way

Extra Time - No

Penalties - Yes (Knockout stages only)

Norfolk Sunday Football League

League Cup - Rules - 2024-25



PLAYER AVAILABILITY

Players must be registered with the club using The Whole Game System as per league games.

If a player has played in a previous round (group or knockout) for a team, that player is therefore cup tied and cannot play for another team.

A player must have played in at least 2 competitive (any FA Affiliated competition) games to be eligible for selection for the Semi Final and Final

NON FULFILMENTS

If a club cannot field a team and non fulfils the fixture, the game will be awarded to the opposition (0-0 win)

PLAYING AN INELIGIBLE PLAYER

In the event of a club playing an ineligible player (reasons including, but not limited to, not registered correctly, cup tied) in a game that they win or draw the result will be null and void and awarded to the opposition (0-0 win). If the offending team loses, the result will stand

Norfolk Sunday Football League

League Cup - Rules - 2024-25



LEAGUE POSITIONS

Final league positions will be decided on

THE H2 SECURITY LEAGUE CUP

Points
Goal Difference
Goals Scored
Head To Head
Play-Off

THE BERNIE HARDIMAN LEAGUE CUP SPONSORED BY CONBANO

Points
Goal Difference
Goals Scored
Head To Head
Play-Off

Best 2 runners-up

Points
Goal Difference
Goals Scored
Play-Off

Norfolk Sunday Football League

League Cup - Rules - 2024-25



LEAGUE POSITIONS

Final league positions will be decided on

If a club withdraws from Divisions 2, 3 or 4 during the group stage the following criteria will be used -

Best 2 runners-up	Average Points
	Average Goal Difference
	Average Goals Scored
	Play-Off

Norfolk Sunday Football League

League Cup - The Drawing - 2024-25



- Groups will be seeded by the league committee into 2 pools for each cup competition. Pool 1 will be drawn with the first club out being placed in group 1, the second club drawn will be placed in group 2 etc. Once Pool 1 is complete, pool 2 will be drawn using the same method.
- Fixtures will be decided by the league committee for the group stages
- The draw will take place at league committee meetings
- After each respective draw the Norfolk Sunday Football League shall intimate the cup draw result to the competing Clubs along with the date on which the ties must be played. The date for all the rounds shall be decided by the league committee

Norfolk Sunday Football League

League Cup - The Drawing - 2024-25



- Each home Club shall, at least three days before its respective cup tie, confirm with its opponents and where they have been appointed, the Match Official(s) the match arrangements including the venue, colours and kick off time
- Any Club in default may be fined the sum of up to £30
- The venue of each match (apart from the Final) will be that of the first drawn Club unless an alternative arrangement is made
- A first team and reserve team from the same club cannot play each other before the quarter finals

Norfolk Sunday Football League

League Cup - The Drawing - 2024-25



THE H2 SECURITY LEAGUE CUP

Group winners and runner-ups qualify for knockout

QF 1
Winner A
Runner B

SF 1
Winner QF 1
Winner QF 3

QF 2
Winner B
Runner C

SF 2
Winner QF 2
Winner QF 4

QF 3
Winner C
Runner D

QF 4
Winner D
Runner A

Norfolk Sunday Football League

League Cup - The Drawing - 2024-25



THE BERNIE HARDIMAN LEAGUE CUP SPONSORED BY CONBANO

Group winners and 2 best runner-ups qualify for knockout

QF 1
Winner A
Best Runner

SF 1
Winner QF 1
Winner QF 3

QF 2
Winner B
Best Runner

SF 2
Winner QF 2
Winner QF 4

QF 3
Winner C
Winner D

QF 4
Winner E
Winner F

Norfolk Sunday Football League

League Cup - Referees - 2024-25



- No Norfolk County FA appointed referee shall be a member of either of the competing clubs
- The responsibility for appointing all match officials for league cup fixtures will be that of the Norfolk County FA Referees Appointments Officer
- In all fixtures each club shall supply an assistant referee. Any club failing to comply with this rule may be fined up to £30
- Fees to be paid by the HOME Team for group games and AWAY Team for Quarter final and will be:
 - THE H2 SECURITY LEAGUE CUP - Basic Fee - £30
 - THE BERNIE HARDIMAN LEAGUE CUP SPONSORED BY CONBANO - Basic Fee - £25
 - Mileage - 35p a mile, maximum of £25
- At the Semi Final stage the home team will pay for the pitch and one assistant referee, the away team will pay for the referee and the second assistant referee

Norfolk Sunday Football League

League Cup - Referees - 2024-25



- In the event of no referee being appointed or the appointed referee failing to arrive, a referee shall be chosen by the home club and must be mutually agreed by both teams. This individual will be considered as an official appointment by the Association for the duration of the match. The absence of the appointed referee shall not be deemed sufficient cause for the match not being played
- In all unplayed matches, where the referees or any appointed assistant referees attend they shall be entitled, if no club is at fault, to expenses only. If the delegated Committee deem any Club is at fault for the non-playing of a fixture it may be required to pay the appointed official(s) their full fees and expenses

Norfolk Sunday Football League

League Cup – The Final - 2024-25



- The final of the League Cup shall be played on a ground to be determined by the League Committee
- In the event a final match is level after normal time, it shall be decided by the taking of kicks from the penalty mark in accordance with regulations laid down by the International Board
- The League Committee shall have direct control of all arrangements for the Cup Final
- The only persons allowed in the technical areas, for the final, will be the named substitutes and club officials as named on the official team sheet on the day of the match. All named persons shall act in a responsible manner. The names of all individuals eligible to enter the technical areas must be submitted to the match referee and opponents prior to kick off when submitting the Club's completed team sheet
- The 2024-25 League Cup finals will be held in May 2024

Norfolk Sunday Football League

League Cup – Responsibility for the Cup - 2024-25



- The cup shall be presented to the captain of the winning Club immediately after the completion of the Final. An officer from the winning Club will be required to sign the 'Custody of League Cups' form, confirming the Club knows and accepts its personal responsibility for the cup and its value along with the undertaking that the Club will be financially liable for any damage caused
- The League Cup shall be returned to a Norfolk Sunday Football League Committee member no later than 1 March in the following year or earlier if so requested

Norfolk Sunday Football League

League Cup – Sponsors - 2024-25



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