



Norfolk Sunday Football League

Team Sheet

Home _____ Away _____

Date _____ Venue _____

Shirt No.	Surname	Forename
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		

Important Notes

Team sheets must be completed fully with names and numbers of the sheet corresponding to the numbers worn by players.

Team sheets must be exchanged with the opponents and the referee at least 20 minutes before kick off

Substitutes

12		
13		
14		
15		
16		

Club _____

Name _____

Referee _____

Results should be submitted by text message within one hour of completion of the match
Failure to text the result and complete this form will result in a fine of up to £30 in each instance