

FEBRUARY NEWSLETTER

WHAT'S UP?



Courtney's Corner

I want to take a moment to thank everyone for the incredibly warm welcome as I stepped into this role as the Executive Director for the Chamber. I'm excited about all the great new things we have in store, along with the amazing events you've come to know and love.

Together, let's keep growing our membership and attracting more people to the Rusk area to enjoy everything we have to offer!

Community: The Heart of Our Success

We are currently seeking vendors for our upcoming Spring Expo:

Saturday, March 29th
9 AM – 2 PM
Ladysmith High School

Please email manager@liveruskcounty.com for your vendor sign up form.

This event is FREE to the public to attend!

We also have a beautiful display case in the Visitor Center. Please contact Courtney to sign up. One month per organization. This is a great opportunity to promote your business!

Courtney Price
Executive Director

Eat, Play, Shop... Live

RUSK

AREA CHAMBER OF COMMERCE



FOLLOW US ON FACEBOOK FOR
EVENTS, MEMBER UPDATES &
GIVEAWAYS!
[@RuskAreaChamberofCommerce](https://www.facebook.com/RuskAreaChamberofCommerce)

Email: manager@liveruskcounty.com to sign up to become a Chamber Member today!

FEBRUARY NEWSLETTER

ICAA is an equal opportunity employer and provider operating under an approved Affirmative Action Plan. As an equal opportunity employer, we encourage women, minorities, and persons with disabilities to apply.



Supportive Services for Veteran Families program is on a mission to help end veteran homelessness

The SSVF program provides temporary financial assistance and case management to help veterans and their families find or keep safe, stable housing or emergency housing.

The SSVF program proudly serves the following counties:

- | | | | |
|------------|-------------|-------------|------------|
| • Ashland | • Florence | • Menominee | • Sawyer |
| • Bayfield | • Forest | • Oconto | • Taylor |
| • Burnett | • Iron | • Oneida | • Vilas |
| • Clark | • Langlade | • Price | • Washburn |
| • Douglas | • Marinette | • Rusk | |



**If you or someone you know is a veteran
experiencing homelessness, call us today at
(715)532-4222**

**1000 College Avenue, West | Ladysmith, WI 54848
<https://www.indianheadcaa.org/ssvf/>**

FEBRUARY NEWSLETTER

The Aging and Disability Resource Center Presents

Dementia Caregiver Support Group



Do you help care for someone living with memory loss, Alzheimer's or other dementia? You won't want to miss this monthly opportunity to find answers, get guidance and support, while making connections with others who "get it". Get your questions answered about things like:

- How to handle difficult symptoms of dementia
- How to care for yourself while caring for someone else
- Community resources
- How to pay for help and resources
- Problem solving
- Plan for future care needs
- Communication strategies
- Moving into a care facility
- Relationship changes... and more!

1st Thursday of each month:

Ladysmith Senior Center (back room)
825 E 3rd St. N, Ladysmith, WI 54848

- **Support Group:** 12:30 p.m.–2:00 p.m.

For questions contact Trisha Witham at 1-888-538-3031 or email trisha.witham@co.barron.wi.us

2025 Dates

February 6

March 6

April 3

May 1

June 5

July 3

August: *no meeting*

September 4

October 2

November 6

December 4

Find us on  @ADRCBarron and @ADRCLadysmith



FEBRUARY NEWSLETTER



Ladysmith Congregational UCC Spring Classes and Activities

The Ladysmith Congregational United Church of Christ is offering classes and activities as a way to provide life-learning opportunities for not only our members but for community members as well. Most classes will be held at the church located at 109 Lake Ave, E. in Ladysmith. Please look over our offerings and Sign Up Now

Bridge for Beginners

Bridge is a wonderful card game played by people all over the world. Bridge for Beginners is an introductory class designed for people with little or no prior bridge experience. This class will focus on the fundamentals of the game including basic rules, bidding concepts, simple card play strategies, and scoring. There will also be time for practice playing. This is a three session class.

Date: February 5, 2025

Time: 11:00 AM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: 8

Bible Study

Throughout the church's history, people have read the Bible differently in different places and ages. What a reader discovers in the Bible varies from one reader to the next. Every engagement with the Bible requires interpretation. These Bible study sessions will study the Bible using different approaches. Participants will have an assigned reading or topic. These will be discussed together, assuming from the beginning that not everyone will understand these passages in the same way. We should welcome challenges to our views and be open to challenging the views of others. Our aim is to grow and to increase our understanding of the biblical text and its numerous possibilities. This study will meet twice a month, on the first and third Wednesdays. The first meeting will be February 5. Sign up and then please email Pastor Bowles at bliksemflitsen@gmail.com for the assigned reading.

Date: February 5, 2025

Time: 11:00 AM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: No Limit

Book Club

All Bookworms are invited. Do you love to read and talk about books? Book Club is for you. We are forming a Book Club. Book Club will meet Thursday morning on February 6. Bring book ideas, authors you love or want to check out. Also, bring a friend or two. Men and women are welcome.

Date: February 6, 2025

Time: 10:00 AM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: No Limit

18-hr No-Knead Bread

With four ingredients, a few pieces of basic baking equipment and ten minutes of work, you will learn how to bake healthy, nutritious, incredibly delicious loaves of oven-fresh, crusty bread that you can make in your own kitchen at home whenever you want. The instructors will show you everything you need to know to go from zero to your first great home-baked loaves of artisan bread. Participants are asked to bring 4-5 cups of unbleached, all-purpose flour and one large bowl for your bread to rise. The rest of the ingredients will be supplied.

Date: February 25, 2025

Time: 2:00 – 3:30 PM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: 10

FEBRUARY NEWSLETTER

Game Night

Whether you enjoy playing Chess, Shoots and Ladders, or Cards, you are invited to Game Night. Game Night is an evening playing various games of your choice. All ages are welcome. This event will be held on the last Wednesday of each month beginning on February 26th.

Date: February 26, 2025

Time: 6:00 PM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: No Limit

The 13th* Annual Garden Seminar

Save the Date! The Women's Fellowship of the Congregational UCC Church is once again sponsoring the Garden Seminar. The Garden Seminar offers participants a variety of gardening workshops. It is a morning of gardening camaraderie and fun. Snacks will also be provided. The brochure will be sent out in early March. Please email pjkosher@gmail.com to get on the mailing list.

Date: April 5 2025

Time: 9:30 AM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: No Limit

Soup Making

Soups are easy and fun to make, with the greatest burden being no more than the chopping of items you hope to include in the soup. Come learn the basic and easy soup making principles than can produce any number of different soups. There will be a finished pot of soup to sample and participants will make a second different soup (a chowder) as an example of how this process works.

Date: April 9, 2025

Time: 12:00 PM

Cost: None

Place: Ladysmith Congregational UCC

Class Size: 15

Ice Age Hike

The Ice Age Trail, located entirely within the state of Wisconsin, is one of eleven National Scenic Trails in the US. Come and explore the trail as we hike the Firth Lake Segment. Participants will meet at the Ice Age Trail parking lot on CC (near Cornell), and then be shuttled to the start of the trail. This hike will be 2.2 miles and includes a 737 foot boardwalk.

Date: April 12, 2025

Time: 9:00 AM

Cost: None

Place: Ice Age Trail Parking Lot on CC

Class Size: No Limit

Warbler Walks

Over 140 species of birds including 19 species of warblers have been spotted in this area over the years. This easy, slow 2 mile walk will be led by Pastor Bowles who is an avid birdwatcher. He will help spot and identify the birds. These days may be cold and the trail may be wet, so dress appropriately and be sure to bring binoculars if you have them.

Date: April 26 and/or May 10, 2025

Time: 9:00 AM

Cost: None

Place: Flambeau Mines Nature Trail

Class Size: 12

Congregational UCC Classes and Activities Registration

To Register: Complete this Registration form and mail it to Congregational UCC Classes,
c/o Alice Kesan, 871 East 6th St. Ladysmith, WI 54848. Please register at least 1 week prior to the start of class.

For Further information: Call (715) 415-9618 or (715) 532-5994

Name:

Phone Number:

Email Address:

Classes and Activities Title:

1. _____

2. _____

3. _____

FEBRUARY NEWSLETTER

February & March 2025 Exercise classes

Check out www.wholyfit.org
for more information about this exercise program.

Exercise classes will be led by Gold Certified WholyFit Instructor and Occupational Therapist Heidi Jo Sovacool, Owner of Offering Hope Therapies. Class goals will be stretching, strengthening, and balance. Equipment needed: a thin, 2 foot x 6 foot exercise mat. Recommended attire: modest, comfortable clothes. The exercises will be done on your mat with bare feet. The class length is 45 minutes. Class sizes are limited to 13 participants. Please call/message to request a registration form at 715-609-1310. Class cost: \$8/visit. If you've never taken a class here before, your first class will be free.

Class location:

Offering Hope Therapies, Inc.
(Next to Dollar General on
Highway 27 North in Ladysmith)
711 W 9TH ST N Ladysmith, WI 54848



The Tuesday Gentle Chair Class

Exercise from a seated and standing position.
February 25, March 4, 11, 18 & 25. Time: 12:45 PM-1:30 PM


The Monday Regular Class

Exercises are done at standing, kneeling, and floor levels.
February 24, March 3, 10, 17 & 24. Time: 11:00 AM - 11:45 AM



FEBRUARY NEWSLETTER

**JUMP RIVER ELECTRIC
COOPERATIVE, INC.**


**Jump River Electric
Cooperative, Inc.**
Since 1938
Your Touchstone Energy® Cooperative 


COMMUNITY Cents



 **NOW ACCEPTING APPLICATIONS
FOR CHARITABLE DONATIONS.**

 **SUBMIT APPLICATION BY
MARCH 24, 2025**

 **VISIT [JREC.COM/COMMUNITY-
CENTS](http://JREC.COM/COMMUNITY-CENTS) FOR DETAILS.**

 **Must be a nonprofit organization within
JREC's service territory to apply.** 



Jump River Electric Cooperative (JREC) is very excited to announce that they are accepting applications for disbursement from their Community Cents program. Applications for charitable donation requests will be accepted from nonprofit organizations within JREC's service territory. This program is funded by JREC members who sign up to have their electric bill rounded up to the next whole dollar.

Nonprofit organizations can find the application and program details at jrec.com/community-cents. Applications to be considered at the next Community Cents meeting must be received by March 24, 2025. The application and required documentation can be emailed to jrec@jrec.com or mailed to:

**Jump River Electric Cooperative
Attn: Community Cents, LLC.
PO Box 99
Ladysmith WI 54848**

JREC is an equal opportunity provider and employer.

FEBRUARY NEWSLETTER

Cookbook Club

Mac and cheese

Come and show off your best
macaroni and cheese recipe!

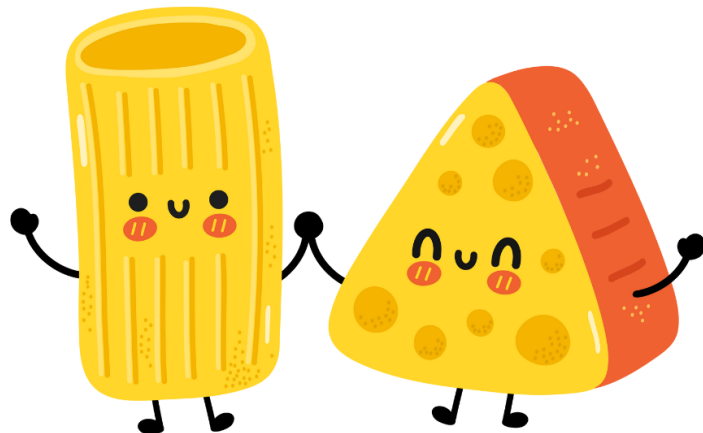
Sunday



February 16th

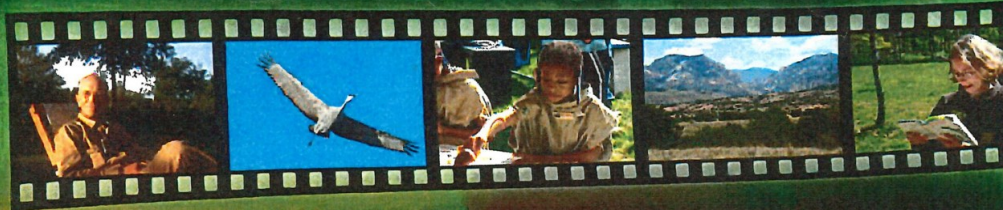
2:30pm

lower level
of the
Library
(East Room)



FEBRUARY NEWSLETTER

ALDO LEOPOLD AND A LAND ETHIC FOR OUR TIME



DATE & TIME:

Shared Readings/Discussion
Thursday, February 27, 2025
6:00-7:30 pm at Bruce Area Library

Shared Readings/Discussion
Tuesday, March 4, 2025
6 – 7:30pm at Ladysmith Library Lower Level

Green Fire Screening
Thursday, March 6, 2025
6:00-7:30 pm at Ladysmith Library Lower Level

DETAILS:

Help celebrate Leopold Week by shared readings and discussion of select passages from *A Sand County Almanac*, Aldo Leopold's masterpiece on conservation and discovery of the natural world. A screening of *Green Fire* will look at Leopold's life and his impact on the world of conservation. For questions or more information contact Ron Weber at 715-642-4917 or ronw2492@yahoo.com.

FEBRUARY NEWSLETTER

Clay Craft

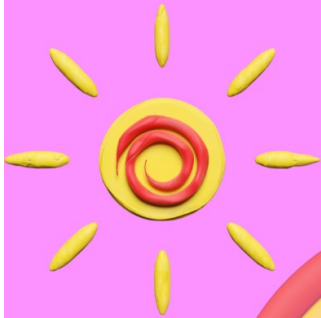
Saturday, February 8th, 2025

10:30am-12pm

lower level of the Library

**Come and exercise your creativity with
air dry clay!**

**Free and fun for all
ages!**



FEBRUARY NEWSLETTER



RUSK COUNTY COMMUNITY LIBRARY

ALL AGES COSPLAY COSTUME PARTY

February 15th 10:30am to 12:30pm
Lower Level of the Library

DRESS UP IN YOUR FAVORITE CHARACTER COSTUME.
PRIZES FOR DIFFERENT AGE CATEGORIES

Character Trivia Game
Coloring & Activity Station
Cookie Decorating
Snacks

FEBRUARY NEWSLETTER

Join us for a Rusk County Historical Society Speaker Series!

**SUNDAYS FROM
2:00-4:00 AT RUSK
COUNTY COMMUNITY
LIBRARY**

**This series will offer a
chance to learn more
about Rusk County
History year round!**

*More topics and speakers to be
announced at a later date!*



Sunday - Feb 23rd

The Birth of Gates County

-How Rusk County Got Its
Name- by Walter Gustafson

Presented by Kathy Halbur

Sunday - Mar 23rd

Logging in Rusk County

-And Aldo Leopold's
reflections on the Flambeau-

Presented by Ron Weber

Sponsored by: Rusk County Historical Society & Rusk County Community Library

FEBRUARY NEWSLETTER

Rusk County Community Library

Friday, February 21st at 4:30pm or

Saturday, February 22nd at 10am



We're partnering with Rusk County 4-H to play a game, make a craft, and more! Recommended for ages 5-12+

Contact the library at 715-532-2604 or email spooner@laysmithpl.org with any questions.



UW-MADISON EXTENSION

FEBRUARY NEWSLETTER

Rusk County Community Library

Walking Group

**Every Wednesday
morning @8:30am**

**Lindoo School
Apartments Rec Center**



Everyone is welcome to join!

For any questions email swearingen@ladysmithpl.org



FEBRUARY NEWSLETTER



PLAY AND LEARN

EVENTS RUNDOWN

Why join with us?

Parents get education & motivation

Children learn skills & strategies

We grow and learn together

Create Stronger Family & Community Bonds

FREE SNACK!



19
FEBRUARY

Collaboration & Cooking

10:00 a.m. - 11:30 a.m.



19
FEBRUARY

Keep Calm & Coupon On!

5:00 p.m. - 7:00 p.m.

19
MARCH

Play & Learn

10:00 a.m. - 11:30 a.m.

16
APRIL

Play & Learn

10:00 a.m. - 11:30 a.m.



Hours of Operation
Monday - Friday
8:00 a.m. - 4:30 p.m.



Contact a Resource Specialist
715-532-1589

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FEBRUARY NEWSLETTER

CERTIFIED BABYSITTING COURSE



**American
Red Cross**

**REGISTER ONLINE OR CONTACT
ARYN SATHER AT 715-933-2388,
AMERICAN RED CROSS CERTIFIED INSTRUCTOR**



Class 2: Tues, 3/11 & 3/25 from 4:30 p.m. - 7:30 p.m.

(LIMITED SPACES AVAILABLE)



Future babysitters will learn:

- First Aid & Safety
- Infant & Child CPR
- Care for choking child & infant
- How to handle emergencies
- Creative problem solving
- Job professionalism/Resume Booster
- Hands on practice with diapers
- Bottle feeding and infant care
- Creative age appropriate activities

**MUST BE 11 YEARS OLD
COST: \$40**

INDIANHEAD COMMUNITY ACTION AGENCY, 1000 COLLEGE AVE W., LADYSMITH, WI, 54848
WWW.INDIANHEADCAA.ORG

FEBRUARY NEWSLETTER

Give blood.

Every 2 seconds someone
in the U.S. needs blood.

American Red Cross



Blood Drive
**Indianhead Community
Action Agency**

Meeting Room
1000 College Ave W

Thursday, February 13, 2025
10:00 a.m. to 4:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and
enter: ICAA to schedule an appointment.



Scan to be directed to
ReportPass®

Create a flurry of hope! Come give blood Jan. 27 to Feb.
28 for a \$15 e gift card rcblood.org/flurry



Scan to schedule
an appointment

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

© 2016 The American National Red Cross

[25M] 1-Online ID: 175262 • Item ID: 847581 • Qty: 1 of 1 • 257440 • 2024-APL 2013 • AARC • 2-48888

FEBRUARY NEWSLETTER



Diverse Business Assistance Grant Program IS SEEKING *CURRENT OR FUTURE* **BUSINESS OWNERS!**

- \$5,000 Grants and Free services to those who qualify!
- Must be Located in one of the following counties: Taylor, Price, Iron, Douglas, Clark, Burnett, Bayfield, Barron, Ashland, Sawyer, Rusk, and Washburn

Apply Today!

If you are interested in applying to participate in the DBA Program, please email mack.baughman@indianheadcaa.org or you may call Mack at 715-532-1608 for more information.

ICAA is an equal opportunity employer and provider operating under an approved Affirmative Action Plan. As an equal opportunity employer, we encourage women, minorities, and persons with disabilities to apply.

FEBRUARY NEWSLETTER



Are you a victim and need legal assistance because of issues that are a consequence of domestic abuse and violence, dating violence, sexual assault, or stalking?

Free and Confidential Support

ICAA hopes to support all of the civil needs identified through the services they provide, ensuring their clients and their children are safe stable, and free from violence.

**You do have choices.
We are here to help you explore your options and make informed decisions.**



For more information or to submit a referral for services call 715-532-4222

<https://www.indianheadcaa.org/lav/>

Indianhead Community Action Agency is an equal opportunity employer and provider operating under an approved Affirmative Action Plan. This project was supported by Grant No. 15CMBP-22-GG-000275-LISA awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program exhibition are those of the author(s) and do not necessarily reflect the views of the U.S. Department of Justice.
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FEBRUARY NEWSLETTER

VOLUNTEERS

NEEDED!



You asked... we listened.
Connections is open year round!

Connections is looking for Volunteers to help as we continue to grow as a resource for our community. Volunteers are essential for year-round operations.

Visit ICAA's website for more information on volunteering at
Connections
www.indianheadcaa.org
or
Call us at 715-532-1622 to volunteer today!

FEBRUARY NEWSLETTER



Child Care Partnership Program

ICAA EHS-CCP will provide:

- A Child Development Specialist (Coaches/Mentors EHS-CCP staff)
- A Family Advocate (Supports Center & Families)
- Mental Health Consultants services
- \$235 per week per EHS-CCP child enrolled/50 weeks per year

ICAA EHS-CCP will support Staff with:

- Curriculum Implementation
- Obtaining a CDA for infants and toddlers
- Monthly meetings for Childcare Directors
- Center Enhancements (Updates)
- Implementing Head Start Performance Standards

More Info



Contact Michelle Stout
715-532-4222

michelle.stout@indianheadcaa.org

<https://www.indianheadcaa.org/head-start-programs-2/>



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ICAA *hours*

ICAA VISITORS

PLEASE RING THE BUZZER
OR CALL 715-532-4222
to be admitted into building.

MONDAY 8:00 a.m. - 4:30 p.m.

TUESDAY 8:00 a.m. - 4:30 p.m.

WEDNESDAY 8:00 a.m. - 4:30 p.m.

THURSDAY 8:00 a.m. - 4:30 p.m.

FRIDAY BY APPOINTMENT ONLY

CLOSED DAILY FOR LUNCH 12:00-1:00p.m.

Fset Clients

Please call or text 715-415-2089 and someone will come down to let you into the building then escort you the FSET offices.

Join ICAA's Governing Board

Indianhead Community Action Agency's
Governing Board is looking for:
Early Childhood Education Specialist
- Any County

Benefits:

Mileage Reimbursement,
Zoom Optional
Meals are Provided
Meet Every 4th Monday of the month

If you are interested in joining our Agency's Governing Board,
please let us know at:

jennifer.shearer@indianheadcaa.org

FEBRUARY NEWSLETTER



YOU ARE INVITED!
TO HELP CREATE THE NEW
PARENT ADVISORY COMMITTEE



Parents of young children, we need your input!

We invite you to share your experiences so we can do our best to ensure all kids have an equal chance to learn and succeed.

- Provide feedback on the work of the ICAA Family Resource Center
- Receive training to develop leadership skills and engage in advocacy for the early learning initiatives needed locally
- Create an intentional community through parents of young children through shared activity

ELEVATE YOUR VOICE!

Help shape the future with your experiences!

**Call or Text
715-532-1589
To Join Our Family Resource Center PAC!**

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KEEP CALM AND COUP - ON Workshop

**Wednesday, February 19th, 2025
from 5:00 p.m. - 6:30 p.m.
1000 College Ave. W. Ladysmith, WI. 54848**

*This workshop will teach you how to coupon and show
you the possibilities of saving - all from your phone!*

Workshop Outline:
5:00 p.m. - Welcome and introductions
5:30 p.m. - Overview of the workshop
6:00 p.m. - Discussion of different couponing
techniques
6:30 p.m. - Practice exercises to help
participants
Call to speak with a Resource Specialist
715-532-1589
www.indianheadcaa.org



**Parenting is a
learning process,
let us
support you!**



Frustrating times?

Parenting
isn't perfect;
remember
you're doing
GREAT!

We are here to help!

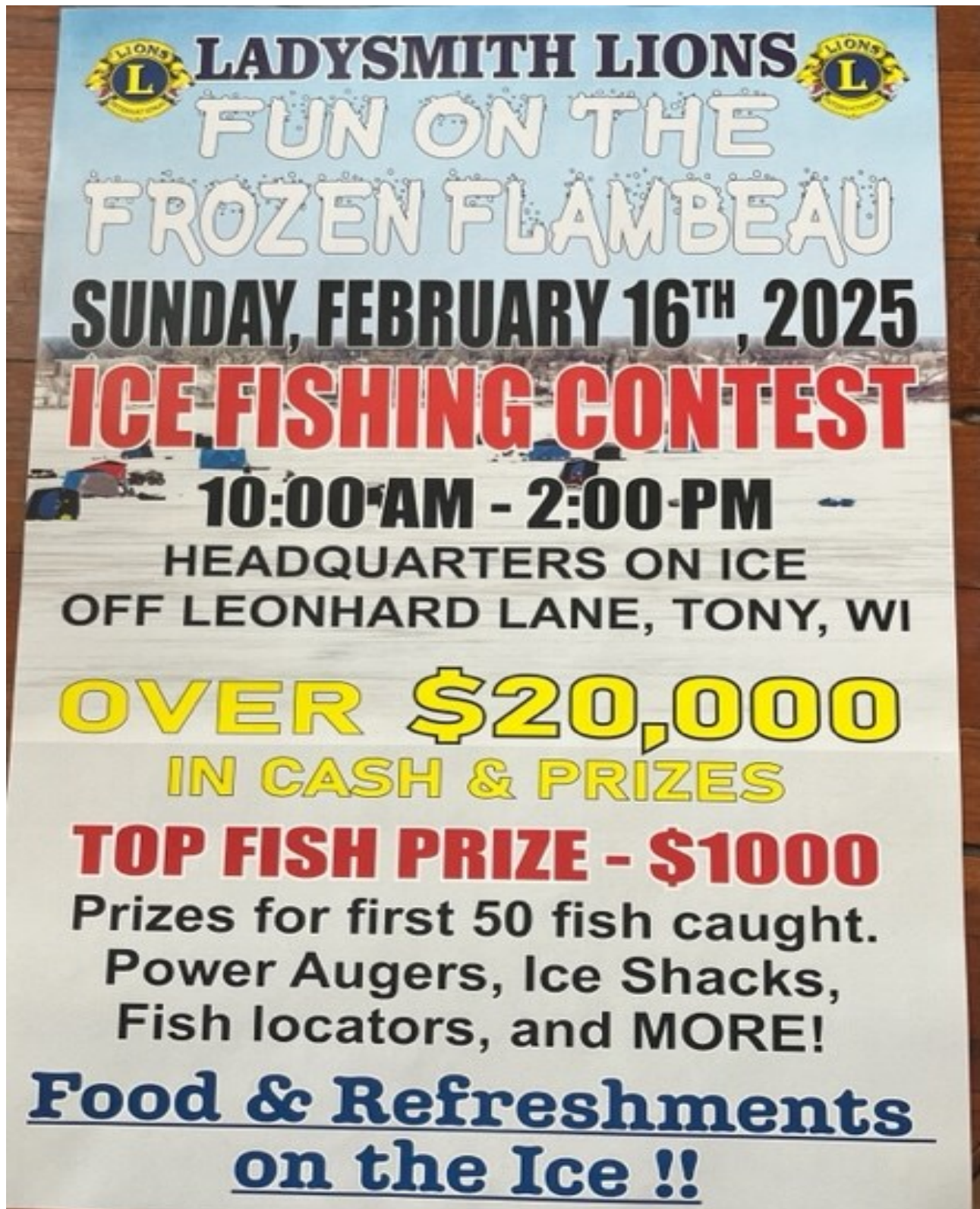
Work with a
certified parent
educator & gain
multiple
resources. This
is
FREE &
CONFIDENTIAL!

Scan the QR code to get started!



Contact a Parenting Profession today by
call or text
715-532-1589

FEBRUARY NEWSLETTER



LADYSMITH LIONS
FUN ON THE
FROZEN FLAMBEAU
SUNDAY, FEBRUARY 16TH, 2025
ICE FISHING CONTEST
10:00 AM - 2:00 PM
HEADQUARTERS ON ICE
OFF LEONHARD LANE, TONY, WI
OVER \$20,000
IN CASH & PRIZES
TOP FISH PRIZE - \$1000
Prizes for first 50 fish caught.
Power Augers, Ice Shacks,
Fish locators, and MORE!
Food & Refreshments
on the Ice !!

FEBRUARY NEWSLETTER

Grieving a loss?

Find hope and healing after
the death of a loved one.

Join us at

GriefShare®

Weekly grief support group

HOPE LUTHERAN CHURCH

320 1st St. S., Ladysmith, WI

TIME: 6:00 -7:30

DATES:

Thursdays, March through April 10
Wednesdays, April 16 through May 28

Call Hope Lutheran at 715-532-7739
or go to griefshare.org, click on
"Find a group", enter the 54848.

FEBRUARY NEWSLETTER

WHAT'S UP?

- ⇒ Are you interested in using our Visitor Center display case for your business or organization? We still have some months available!
- ⇒ Know a business or community member who would like to become a member of the Chamber? There will be a refer a member program coming soon!
- ⇒ Spring Expo Vendor booths are available! \$90 for your booth spot and that includes 2 free meal tickets. Saturday, March 29th at the Lady-smith High School.
- ⇒ Want to be a sponsor for any of our upcoming Chamber events? Please connect with me, as the Chamber would love to collaborate with local people and businesses to help make our events a success!
- ⇒ The best way to hear about events, membership updates, community involvement and so much more is to follow us on Facebook @RuskAreaChamberofCommerce. Please help grow our following.

Please email Courtney at:

manager@liveruskcounty.com

