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# NPSG – IMPROVE HEALTH CARE EQUITY

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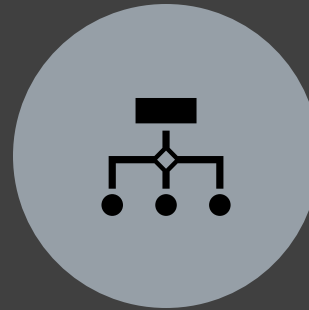
# IMPROVE HEALTH CARE EQUITY (NPSG. 16.01.01)



EVERYONE HAS THE SAME  
CHANCE TO ACHIEVE THEIR BEST  
HEALTH REGARDLESS OF THEIR  
CIRCUMSTANCES



WAS ORIGINALLY A LEADERSHIP  
STANDARD BUT WAS ELEVATED  
TO A NATIONAL PATIENT SAFETY  
GOAL BECAUSE THEY WANT TO  
IMPROVE PATIENT SAFETY



IT WILL BE IMPLEMENTED IN  
VARIOUS WAYS.



GOVERNMENT SERVICES

(The Joint Commission, 2023)

# TRENDS IN INDIAN HEALTH 2014 EDITION

INDIAN HEALTH SERVICE, U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES REPORT

Summary – A statistical analysis of the U.S. Census Bureau country data, the IHS National Data Warehouse, State birth and death certificates.

IHS Structure

Population  
Statistics

Natality and  
Infant/Maternal  
Mortality

General  
Mortality

Patient Care  
Statistics

Community  
Health  
Statistics

# LITERATURE REVIEW

3 SOURCES



# TANGLED PASTS, HEALTHIER FUTURES: NURSING STRATEGIES TO IMPROVE AMERICAN INDIAN/ALASKA NATIVE HEALTH EQUITY

Review Article

## Historical inequities - Summary

### 1) Historical Traumas

- Doctrine of Discovery 15th Century - Genocide
- Assimilation and Reform –20th Century

### (2) Provider-Patient Relationship

- Poor Health Outcome – microaggression and bias
- Diabetes, malignant neoplasms, infant mortality, TB, AIDS/HIV, DV, traumatic injuries, suicide, stroke and heart disease
- Nursing Retention in Rural area

### (3) 21st Century – Policy and geographics

- HC spending \$3100 vs. \$8097
- 25% lack insurance
- Tribal Councils determine eligibility for IHS funding

# ASSESSING THE STRATEGIES OF STATE OFFICES OF MINORITY HEALTH TO REDUCE HEALTH DISPARITIES

(Diehr et. al., 2017)



Summary: State offices of minority health are used to help minority citizens, however, due to the lack of funding, resources are limited.



Study: It was a survey with all states and 41/50 responded to it.



Why this article? – This article focused on health disparities and health equity on a national level.

The background of the slide features a stylized illustration of a large, diverse crowd of people. The figures are depicted from the chest up, wearing various business suits and professional attire in shades of grey, black, and white. They are arranged in a dense, overlapping pattern, suggesting a large gathering or a community. The overall style is modern and graphic.

## **INCLUSIVE AND INTERSECTORAL: COMMUNITY HEALTH IMPROVEMENT PLANNING OPPORTUNITIES TO ADVANCE THE SOCIAL DETERMINANTS OF HEALTH AND HEALTH EQUITY**

Summary: Assessed quality of various Community Health Improvement Plans (CHIPs) to improve health care quality.

Study: Reviewed 13 CHIPs and their implementation on addressing 5 social determinants of health

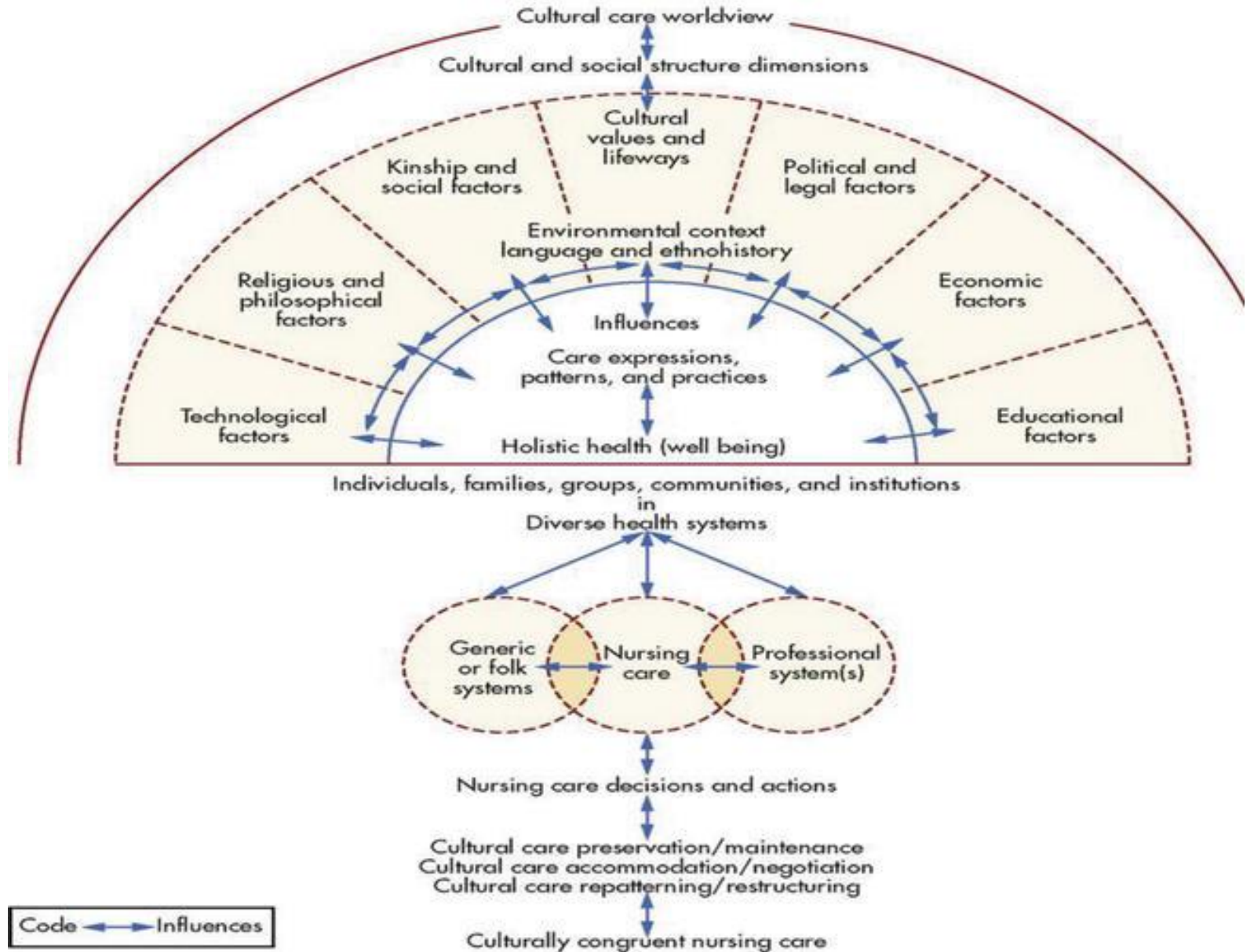
Many of the plans fell short in education access and quality, economic stability, and social and community context.

The article provided suggestions to improve goals and implementation to directly address local health disparities.

(Hatton et. al., 2024)

# TRANSCULTURAL CARE THEORY

- Culturally congruent care
- Multi-factorial approach



(Nursing Theory, 2020)  
(Gümüşhane University, 2023)

## PLAN OF IMPLEMENTATION

Educate medical professionals on cultural awareness and the effects and signs/symptoms of historical trauma.

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graph TD; A[Educate medical professionals on cultural awareness and the effects and signs/symptoms of historical trauma.] --> B[Public awareness of stigma and inequities of the American Indians.]; B --> C[Inclusion of American Indians as separate racial group on censuses reporting and hospital/clinical reporting to improve monitoring of health disparities and risks.];
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Public awareness of stigma and inequities of the American Indians.

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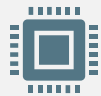
## MARKETING PLAN:

- Creation of a CEU course, with the assistance of Tribal leaders, on the cultural needs and traditions of the American Indians
- Work with IHS and Public Health to create North Dakota advertisements for health promotion
- Work with local universities and conduct live educational lectures by local Tribal leaders about American Indian unique health needs

# INTERDISCIPLINARY MEMBERS INVOLVED



Social worker: what do you have, what can we address, resources



Case manager: Informatics, data review & retrospective review



Nurse manager/educator: ensuring clients are receiving appropriate care, implementing education to the unit, ensuring completion of CEUs



Informatic: create the survey in the chart, updates online resources, create CUE for recognizing historical trauma



Community healthcare workers, Public Health and partnership with Tribal Leaders

# POTENTIAL BARRIERS



Compliance & Lack  
of Engagement



Time Constraints



Nursing Shortage  
and retention

# HOW TO OVERCOME BARRIERS:



Build trusting relationship between patient and nurse



Create space and increase time for visits to allow AI to speak at their pace and needs



Offer compensation benefits for nursing in rural areas



Utilizing multimodal learning to promote engagement and knowledge retention

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# EVALUATION: IMPACT



IMPROVE REPRESENTATION,  
PATIENT OUTCOMES, & SAFETY



CULTURALLY CONGRUENT  
CARE



INCREASE KNOWLEDGE &  
ENGAGEMENT

# EVALUATION: ASSESSMENT

- Surveys
- Internal review
- Official reports
- Monitoring utilization of resources

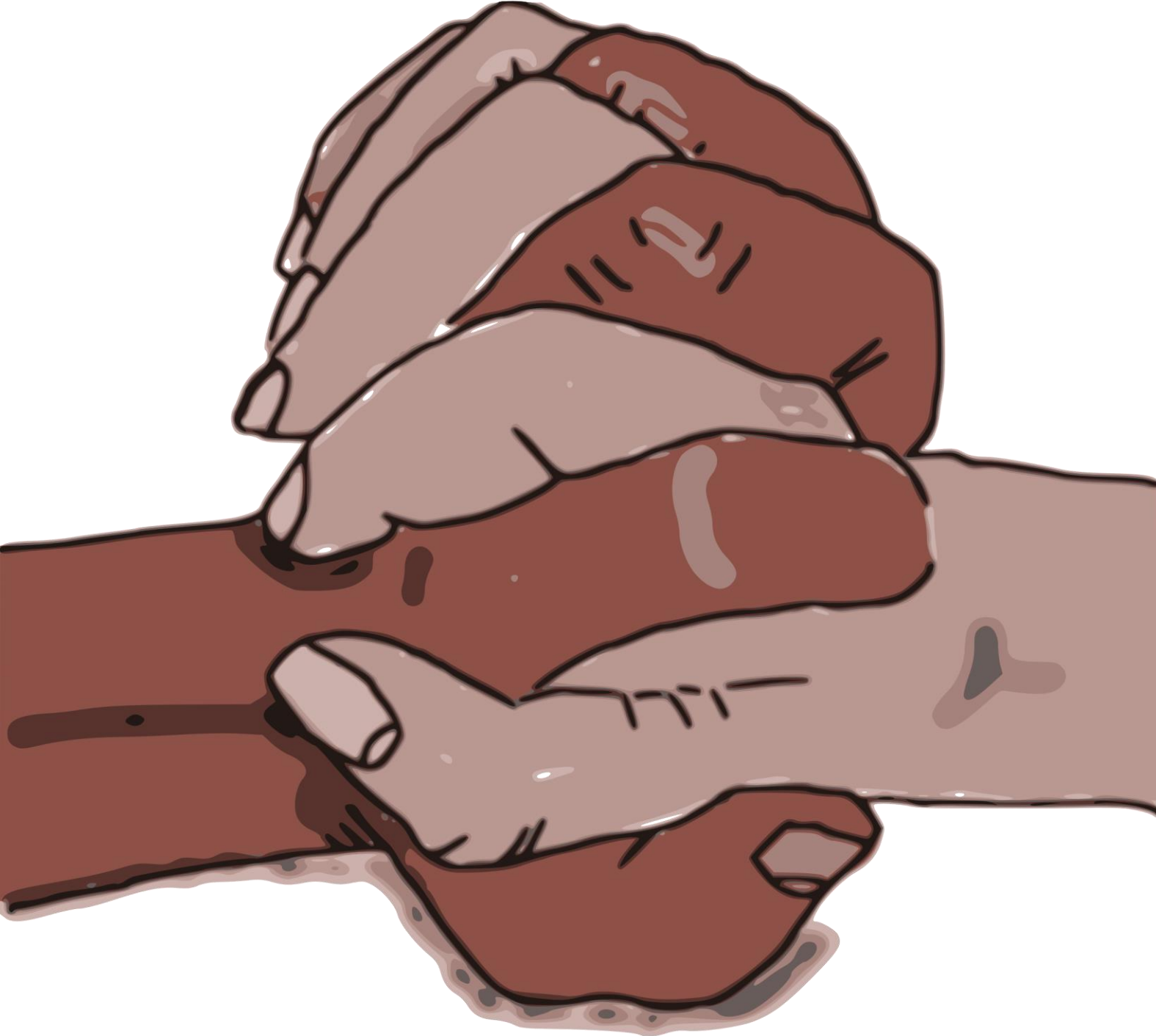


# EVALUATION: REVISION

- Implementing assessment tool
- Revise CEU modules
- Additional opportunities for cultural competence & addressing underserved populations



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# FUTURE IMPLICATIONS

- Continue implementation & revision efforts
- Integrated, multisectoral approach
- Patient-centered care

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# CONCLUSION

Health Care Equity

Steps for Change

Evaluation

Everyone deserves access to equitable care.

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