

ALL MEALS ARE  
SERVED WITH  
MILK AND FRUIT

# OCTOBER 2026

## BREAKFAST/LUNCH MENU

ALL LUNCHES  
ARE SERVED  
WITH A SIDE OF  
VEGETABLES

| MONDAY                                                                                                | TUESDAY                                                                                                          | WEDNESDAY                                                                                                       | THURSDAY                                                                                                        | FRIDAY                                                                                  |
|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
|                                                                                                       |                                                                                                                  |                                                                                                                 | 1<br><b>Breakfast:</b><br>Blueberry Breakfast<br>Bread<br><br><b>Lunch:</b> Chicken<br>Tenders & Dinner<br>roll | 2<br><b>Breakfast:</b> Bagel<br>with Cream Cheese<br><br><b>Lunch:</b> Cheese<br>Pizza  |
| 5<br><b>Breakfast:</b><br>Strawberry Pancake<br>Puffs<br><br><b>Lunch:</b> Hamburger                  | 6<br><b>Breakfast:</b> Apple<br>Cinnamon Nature<br>Valley Round<br><br><b>Lunch:</b> Lowell<br>Grande Nachos     | 7<br><b>Breakfast:</b> Goldfish<br>and Fruit<br><br><b>Lunch:</b> Chicken<br>Nuggets                            | 8<br><b>Breakfast:</b><br>Breakfast Bread<br><br><b>Lunch:</b> Cheesy<br>Popcorn Chicken<br>Potato Bowl         | 9<br><b>Breakfast:</b><br>Cinnamon Bun<br><br><b>Lunch:</b> Cheese<br>Pizza             |
| 12<br><b>NO SCHOOL</b>                                                                                | 13<br><b>Breakfast:</b> Banana<br>Chocolate Nature<br>Valley Round<br><br><b>Lunch:</b> Hamburger                | 14<br><b>Breakfast:</b><br>Chocolate Filled<br>Crescent<br><br><b>Lunch:</b> Chicken<br>Broccoli Alfredo        | 15<br><b>Breakfast:</b><br>Breakfast Bread<br><br><b>Lunch:</b> Teriyaki<br>Popcorn Chicken &<br>Fried Rice     | 16<br><b>Breakfast:</b> Bagel<br>with Cream Cheese<br><br><b>Lunch:</b> Cheese<br>Pizza |
| 19<br><b>Breakfast:</b><br>Strawberry Cream<br>Cheese Bagel<br><br><b>Lunch:</b> Chicken<br>Dumplings | 20<br><b>Breakfast:</b> Apple<br>Cinnamon Nature<br>Valley Round<br><br><b>Lunch:</b> Crispy<br>Chicken Sandwich | 21<br><b>Breakfast:</b><br>Powdered Sugar<br>Donut and Fruit<br><br><b>Lunch:</b> Penne<br>Bolognese            | 22<br><b>Breakfast:</b><br>Breakfast Bread<br><br><b>Lunch:</b> Pancake &<br>Omelet                             | 23<br><b>Breakfast:</b><br>Cinnamon Bun<br><br><b>Lunch:</b> Cheese<br>Pizza            |
| 26<br><b>Breakfast:</b> Cherry<br>Frudel<br><br><b>Lunch:</b> Pizza<br>Crunchers                      | 27<br><b>Breakfast:</b> Banana<br>Chocolate Nature<br>Valley Round<br><br><b>Lunch:</b> Arroz con<br>Pollo       | 28<br><b>Breakfast:</b><br>Strawberry Cream<br>Cheese bagel<br><br><b>Lunch:</b> Waffles and<br>Chicken Sausage | 29<br><b>Breakfast:</b><br>Breakfast Bread<br><br><b>Lunch:</b> Orange<br>Chicken Lo Mein                       | 30<br><b>Breakfast:</b> Bagel<br>with Cream Cheese<br><br><b>Lunch:</b> Cheese<br>Pizza |

