

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	<b>1</b> VANILLA YOGURT Granola ^ Applesauce Cup Blended Fruit Juice	<b>2</b> BANANA MUFFIN ^ Mozzarella Cheese Stick Fresh Apple	<b>3</b> WHOLE WHEAT BAGEL Cream Cheese Mixed Fruit Cup Orange Juice Choice of Milk	<b>4</b> CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple
<b>7</b> FRUITY CHEERIOS ^ Animal Grahams ^ Diced Peaches Apple-Cranberry Juice	<b>8</b> STRAWBERRY BANANA YOGURT Granola ^ Blended Fruit Juice Diced Pears	<b>9</b> <b>Early Release</b> FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple	<b>10</b> RICE CHEX ^ Strawberry Pancake Square ^ Mixed Fruit Cup Orange Juice	<b>11</b> BLUEBERRY MUFFIN^ Mozzarella Cheese Stick Fresh Apple
<b>14</b>  <b>COLUMBUS DAY</b>  <b>NO SCHOOL</b>	<b>15</b> GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Diced Pears Blended Fruit Juice	<b>16</b> MOZZARELLA CHEESE STICK Chocolate Chip Mini Loaf Fresh Apple	<b>17</b> VANILLA YOGURT Granola ^ Grape Juice Applesauce Cup	<b>18</b> APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple
<b>21</b> TRIX ^ Strawberry Pancake Square ^ Diced Peaches Grape Juice	<b>22</b> RASPBERRY YOGURT Granola ^ Mixed Fruit Cup Blended Fruit Juice	<b>23</b> BLUEBERRY MUFFIN^ Mozzarella Cheese Stick Fresh Apple	<b>24</b> PUMPKIN MINI LOAF ^ Diced Pears Orange Juice	<b>25</b> CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple
<b>28</b> COCOA PUFFS ^ Graham Crackers ^ Mixed Fruit Cup Orange Juice	<b>29</b> STRAWBERRY YOGURT Granola ^ Diced Pears Apple-Cranberry Juice	<b>30</b> CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple	<b>31</b> GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Orange Juice Diced Peaches	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

Choice of milk is provided with every meal

# Breakfast

- \* Please write
- \* Please write
- \* Leave blank

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- If ordering Breakfast or Lunch
- If ordering Milk Only (LUNCH ONLY)
- If **NOT** ordering

Please visit the website below for ALLERGY INFORMATION:

[www.PreferredMealsmenu.com](http://www.PreferredMealsmenu.com)

**DUE NO LATER THAN: SEPTEMBER 18, 2019**

St. Patrick School

FIRST NAME	LAST NAME	GRADE
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**October 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> RIB-B-QUE Hamburger Bun ^ French Fries Diced Peaches Ketchup	<b>2</b> MEATLOAF PANINI ^ Crunchy Celery Sticks Light Ranch Dressing Corn Diced Pears Ketchup	<b>3</b>  Chef's Choice	<b>4</b> CHICKEN DRUMSTICK Corn Muffin ^ Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Mixed Fruit Cup BBQ Sauce
<b>7</b> PANCAKES & SAUSAGE ^ Tropical Veggie Juice Applesauce Cup Syrup	<b>8</b> HOMESTYLE SALISBURY STEAK W/GRAVY Hamburger Bun ^ French Fries Mixed Fruit Cup Ketchup	<b>9</b> <b>Early Release</b> PEPPERONI PIZZA ^ Romaine Lettuce Light Ranch Dressing Orange Juice	<b>10</b> CHICKEN NUGGETS ^ Diced Carrots Diced Peaches BBQ Sauce	<b>11</b>  <b>PAPA GINO'S PIZZA!!!!</b>
<b>14</b>  <b>COLUMBUS DAY</b>  <b>NO SCHOOL</b>	<b>15</b> CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ Green Beans Applesauce Cup	<b>16</b> CHICKEN TACO Tortilla Chips ^ Fiesta Beans Mixed Fruit Cup	<b>17</b> *NATIONAL PASTA DAY* PENNE PASTA W/MEAT SAUCE ^ Mixed Vegetables Diced Peaches	<b>18</b> TERIYAKI CHICKEN PATTY Hamburger Bun ^ Romaine Lettuce Fresh Baby Carrots Light Ranch Dressing Orange Juice
<b>21</b> CHEESE PIZZA ^ Mixed Vegetables Orange Juice	<b>22</b> BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Diced Pears	<b>23</b> PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ Romaine Lettuce Light Ranch Dressing Mixed Fruit Cup	<b>24</b> CHICKEN NUGGETS ^ Country Blend Vegetables Sliced Apples Honey Mustard Cup	<b>25</b> CHEESEBURGER Hamburger Bun ^ French Fries Diced Peaches Mustard Ketchup
<b>28</b> POPCORN CHICKEN ^ Corn Mixed Fruit Cup BBQ Sauce	<b>29</b> RANCH TURKEY BURGER Hamburger Bun ^ Golden Potato Rounds Orange Juice Chipotle Ranch Ketchup	<b>30</b> MACARONI & CHEESE Broccoli Florets Fresh Baby Carrots Light Ranch Dressing Diced Peaches	<b>31</b> PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Fresh Pear	

*Lunch*

\* If you signed up for daily breakfast and/or lunch just keep the menu.

\* Otherwise fill out your choices and return menu by due date.

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