















## PERFORMANCE NETBALL TRAINING CAMP NEWTON LONGVILLE HOUNSLOW HALL ESTATE MK17 OBU AGES 13-17

Netball training camp INDOORS – Led by Julie Tucker, UK Coaching National Talent Development Coach 2021, Head Coach of MK Dons and MK Netters and U19 Wasps Superleague lead coach - supported by Performance Netball Youth Coaches. 2 days focusing on fun, attack and defence skills and drills, basic s&c, nutrition, daily afternoon fun tournament and team building activites.

Packed lunch needed daily, Plenty of water and essential kit bag including ball, hand santiser, snacks, towel for sweat and towel for wiping equipment-appropriate clothing & footwear.

Training carried out using social distancing guidelines - all ages and abilities catered for in ability groups-suitable for ages 13-17, strong club to performance players. (The camp will have different working groups dependant upon age and ability). Reserve A Place Email:

ToobeeMK@gmail.com

With the title APR1314Camp and we will mail the booking form. Payment must be made when returning the booking form to secure your place.



APR 13 & 14 WED THUR 10am – 3pm £25 PER DAY





