

## **A TASTE OF SOUL Newsletter: News & Updates-August 2023**

From Lou Fields, CVO, 443.983.7974, email: [atasteofsoul443@gmail.com](mailto:atasteofsoul443@gmail.com)  
[www.atasteofsoul.biz](http://www.atasteofsoul.biz) | [www.bdxlive.biz](http://www.bdxlive.biz)

What's included...A TASTE OF SOUL (ATOS)-defined, August 8, ATOS zoom meeting, upcoming events, new members, benefits of membership. How to become an ATOS member. Please share this newsletter with your business associates.

See entire ATOS Business Directory at [www.atasteofsoul.biz](http://www.atasteofsoul.biz). To enroll your business, please send an email to: [atasteofsoul443@gmail.com](mailto:atasteofsoul443@gmail.com).

A TASTE OF SOUL (AOTS) is a culinary tourism program that combines heritage tourism, Black-owned Businesses, corporate tourism partners and Maryland's vibrant culinary scene. ATOS services include business coaching, networking, attracting, educating, and entertaining our tourists and residents via heritage tours and monthly mixers.

A TASTE OF SOUL (ATOS) is also a digital and print directory that includes restaurants, retail shops, tourist attractions, small business, festivals, unique events, service providers and our corporate tourism partners. The ATOS guidebook also contains historical sites map and a freedom fighter profile section. Our corporate tourism partners include the National Great Blacks in Wax Museum, Visit Baltimore, MD Dept of Commerce, the tourism offices of Talbot, Anne Arundel, Calvert, and Worcester County Tourism. More to come. See digital guidebook at [www.atasteofsoul.biz](http://www.atasteofsoul.biz). For more information, to enroll your business, send an email to: [atasteofsoul443@gmail.com](mailto:atasteofsoul443@gmail.com).

- **ATOS member benefits include** Business Coaching, MBE Certification Assistance, Hyperlinks to your website & email, Business Referrals, Information Services, Event Announcements & Promotions, Travel & Tourism Industry Mixers, Member2Member Business Discounts.
- **ATOS member activities include the following clubs:** Birthday, Dining, Travel, Wellness, Book, Coach, Membership, Event hosting.
- **ATOS is the business network that works via supporting and patronizing our member businesses, making referrals, and working together.**
- Enrollment Fee \$120 a year or \$60 semi-annual
- Send to CASH APP: LCFBDX, a receipt and enrollment confirmation will be sent to you.

### **MEET OUR NEWEST A TASTE OF SOUL MEMBER!**

**ExecuHome**  
REALTY

**ELAINE FORDHAM**  
REALTOR®

443-384-6000  
443-865-1203  
celainefordham@gmail.com  
efordham.execuhome.com

### **upcoming events: (Red letter dates are hosted by ATOS member events)**

Motional **Mondays: 6pm-8pm:** ATOS member event: House of Chiefs, 6pm-8pm, Call Ertha Harris 443.655.7198  
Tight Knit Talk Show: Saturdays, 1pm-2pm, WOLB 1010am. Call-in # 410-481-1010.

## August is MD Vegan Restaurant Month



**Aug 19, 2023 @ 12:00 pm - Aug 20, 2023 @ 7:00 pm**

**VEGAN SOULFEST 2023 (8TH ANNUAL)**, West Covington Park, 101 W. Cromwell, St. Bmore, MD

Hosted By Black Veg Society, Vegan SoulFest, Naijha Speaks: **Tickets: [blackvegansociety.org](https://blackvegansociety.org)**

## Support ATOS Vegan Business owners!

**LAND OF KUSH Vegan Café (cm)**

840 N. Eutaw St, Bmore, MD 21201

[info@thelandofkush.com](mailto:info@thelandofkush.com) | <https://landofkush.com>

**NuVegan Café**

3105 St. Paul St, Ste A, Bmore, MD 21218

443-721-6022, [info@nuvegancafe.com](mailto:info@nuvegancafe.com), [www.ilovenuvegancafe.com](http://www.ilovenuvegancafe.com), IG: @nuvegan

other locations-WDC, College Park, Richmond, Woodbridge

100% Vegan Catering, order ahead for pickup/delivery

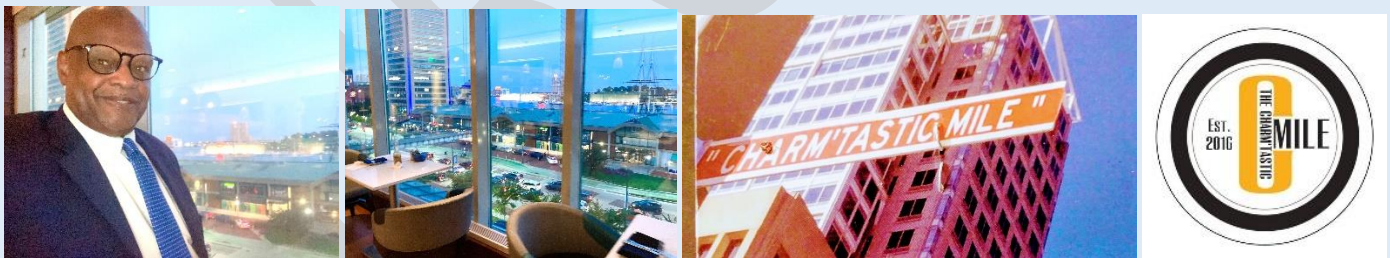
## A Taste of Soul Hospitality Happy Hour Meet-up

**August 29, 2023, 6pm-9pm**

**Water Table Restaurant @ Renaissance Hotel**

Harborplace, Rsvp: [atasteofsoul443@gmail.com](mailto:atasteofsoul443@gmail.com)

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## Vegan Block Party 2023

FESTIVAL, FAIR & FESTIVAL, FOOD & DRINK, VEGAN, PARTY

September 16, Saturday at 3:00pm-8pm

One Charles Center

100 N Charles St, Baltimore, MD 21201

September 16: Baltimore County African American Cultural Festival, Towson, MD. Go to [www.facebook.com/BCAACFest/](http://www.facebook.com/BCAACFest/)

September 22-24: 38<sup>th</sup> Annual Artscape Festival, Mt. Vernon Cultural District, Bmore, MD. Go to [www.Artscape.org](http://www.Artscape.org) .

September 24, ATOS member event: [www.thebrandedexpo.com](http://www.thebrandedexpo.com)



September 30: ATOS member event: 4<sup>th</sup> Annual Bold, Beautiful & Bald Benefit Fashion Show. Morning Star Baltimore Church, Woodlawn, MD. Tickets \$30. call Joan Carter-Smith at 443-670-2005

October 6-8, Fell's Point Fun Festival, Fell's Point, Baltimore. Go to [www.fellspointfest.com](http://www.fellspointfest.com).

November 8-10, MD Travel & Tourism Summit, Marriott Hotel, Owings Mills, MD. Go to [Maryland Tourism & Travel Summit | Maryland Tourism Coalition \(mdtourism.org\)](http://Maryland Tourism & Travel Summit | Maryland Tourism Coalition (mdtourism.org)).

### new ATOS members cm-Charter Member

- Please email the businesses below to request a detailed description of their products and services.

#### **BC TEEZ**

Bryant Claiborne

(t-shirts, printed items, etc)

410-599-7075, [bcteez@gmail.com](mailto:bcteez@gmail.com)

#### **Charm'Tastic Mile (cm)**

aka downtown Pratt St

Derrick Vaughn (cm)

443-851-5244/443-708-5927, [Thecharmtasticmile@gmail.com](mailto:Thecharmtasticmile@gmail.com)

#### **Digital Printing & Graphics**

Brother Kenya

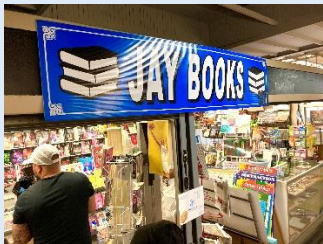
Same Day & Next Day Service

2901 Druid Park Drive, Suite A104, Bmore, MD 21215, [dpaorders@gmail.com](mailto:dpaorders@gmail.com), 410-807-6139

#### **Dopeish Boutique (cm)**

1057 S. Charles St, Bmore, MD 21230

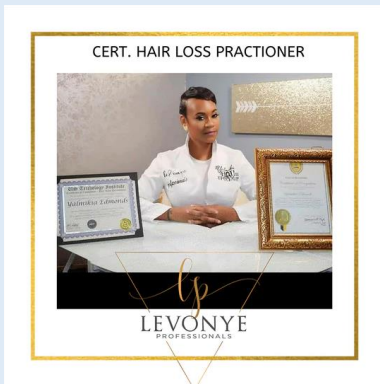
443-798-22911, [thedopeish@gmail.com](mailto:thedopeish@gmail.com), [www.thedopeish.com](http://www.thedopeish.com)



Jay Books, NE Market, 2101 E. Monument St, Bmore, MD 21205, 443-712-3138

**LAND OF KUSH Vegan Café (cm)**  
840 N. Eutaw St, Bmore, MD 21201

[info@thelandofkush.com](mailto:info@thelandofkush.com) | <https://landofkush.com>



**Levonye Professionals Brand & Hair Loss Center, LLC (Cm)**

Yalmikia Edmonds, 443-274-7381

[www.levonyeprofessionalsbrand.com](http://www.levonyeprofessionalsbrand.com) | [www.levonyeprofessionals.com](http://www.levonyeprofessionals.com) | [info@levonyeprofessionalsbrand.com](mailto:info@levonyeprofessionalsbrand.com)

**National Great Black in Wax Museum (cm)**

Dr. Joann Martin, President

1601 E. North Avenue, Bmore, MD 21205

410-563-7809, [jmartin@greatblacksinwax.org](mailto:jmartin@greatblacksinwax.org), [www.greatblacksinwax.org](http://www.greatblacksinwax.org)

**Negro League Museum of MD**

Hubert "Bert" Simmons/Ray Banks

Owens Mills Library, Metro Centre

443-469-0673, [negroleagueambassador@yahoo.com](mailto:negroleagueambassador@yahoo.com)

**NuVegan Café**

3105 St. Paul St, Ste A, Bmore, MD 21218

443-721-6022, [info@nuvegancafe.com](mailto:info@nuvegancafe.com), [www.ilovenuvegancafe.com](http://www.ilovenuvegancafe.com), IG: @nuvegan

other locations-WDC, College Park, Richmond, Woodbridge

100% Vegan Catering, order ahead for pickup/delivery

**Positive Products Only (cm)**

Bill Curtis, 410-369-8265

[Positiveproductsonly@gmail.com](mailto:Positiveproductsonly@gmail.com), [www.RBG123.net](http://www.RBG123.net)

**Selah de Federal Hill Furrier, Tailor & Designs (cm)**

1018 S. Charles St, Bmore, MD 21230

410-307-9307, [seldesigns@yao.com](mailto:seldesigns@yao.com), [www.selehfurstailoringdesigns1.com](http://www.selehfurstailoringdesigns1.com)

**Tamika Gauvin Realtor**



A real estate flyer for Tamika Gauvin. The top left shows a kitchen with a pink countertop and white cabinets. The top right text reads "BUYING or SELLING a home? LET'S WORK TOGETHER!". Below this is a portrait of Tamika Gauvin, a Black woman with short dark hair, wearing a dark blazer. Underneath her name "TAMIKA GAUVIN" is the word "REALTOR®". At the bottom left is the Long & Foster logo. To its right are contact details: "Baltimore Regional Center", "410-563-5700 (O)", "443-986-7395 (C)", and "Tamika.Gauvin@LNF.com". On the far right are QR codes for a website and social media, along with icons for a globe and Facebook.

**TMogul Printing & Branding**

Brother Darryl

667-312-2647, [tmogulusa@gmail.com](mailto:tmogulusa@gmail.com)

IG: @mogulprinting, [www.mogulprinting.com](http://www.mogulprinting.com)

**SEE FULL LIST OF ATOS MEMBER BUSINESSES AT**

[WWW.ATASTEOFSOUL.BIZ](http://WWW.ATASTEOFSOUL.BIZ)

[WWW.BDXLIVE.BIZ](http://WWW.BDXLIVE.BIZ)

**SAVE THE DATE:**

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