



## **Preparing for your treatment**

### **What do I need to know**

Due to the Covid 19, we no longer offer a waiting area, please arrive for your treatment on time rather than too early as you will not be able to access the building.

If you have mobility restrictions please inform me of this when booking appointment.

At this time no refreshments will be provided , please bring your own to the treatment.

Towels will not be provided please bring a fleece or towel to your treatment.

Preferable method of payment would be bank transfer or correct cash for treatment.

### **What do I need to do**

Complete screening questionnaire and bring with you.

Please attend treatment on time.

Please text or call me on arrival at the treatment centre I will come and collect you.

Remember to bring refreshments and fleece or towel

Please call me if you have any questions.

On entering the building please wash your hands or use the sanitiser provided.

**Thank you and I will see you soon**