

Recipe

Savory Chicken Stock

Ingredients

Bones from one butchered chicken or about 3/4 lbs. chicken bones

2-3 medium carrots peeled and rough chopped (about 1 inch pieces)

1/2 large onion rough chopped same as carrots

4-5 celery ribs chopped as above

5-6 large garlic cloves peeled and halved

1/2 bunch of parsley stems and tops

8-10 fresh sage leaves

8 sprigs of fresh thyme

2 stems rosemary

3 bay leaves

1 tsp. black peppercorns

1 tsp. pink peppercorns

1/2 cup white wine

8 cups cold water

Directions

- Roast bones on a sheet tray on 350 for about 25 minutes, or until caramelized and dark golden brown
- Remove bones from tray and add to a large 4-6-quart stock pot
- Place tray on stovetop eye on med-high heat until just starting to sizzle
- Deglaze the pan by pouring the white wine onto the pan, and using a flat wooden spoon to scrape off all the cooked-on chicken, skin, fat and all (do not discard)





- Add all the deglazing liquids and morsels to the stock pot with the bones along with the carrots, onions, celery, garlic, herb stems, peppercorns and bay leaves
- Add water and bring to a boil over high heat
- Reduce heat to a low simmer and continue simmering up to 1½ hours.
- Strain and reserve liquid (stock) through a colander into a large bowl or port
- Strain again with a fine mesh strainer or chinois

Chef's Notes

