

3. Social Emotional Learning (SEL) the third Educational Curricula that can be harmful to our children's culture.

SEL was developed and has been implemented to some degree for the last 25 years. SEL recognizes differences focusing on emotions, feelings, behaviors, values, goals, and beliefs. One aim is to put students on equal footing for success – through better understanding thoughts and emotions, becoming self-aware, and developing empathy for others. SEL expanded to Collaborative for Academic, Social, and Emotional Learning (CASEL) which has five core competencies: self-awareness, self-management, social awareness, relationship skills, and making responsible decisions. How is SEL recognized in schools: student surveys of feelings, journals of thoughts and feelings, younger students have a buddy classroom, and self-delegated group projects. Time spent on core competencies in math, science, reading, and language arts is reduced in order to make time for SEL. SEL is unproven and only supported by a ten year old meta-analysis of eight studies asking if academics may improve with SEL activities. The risks include becoming too obsessive regarding feelings and thoughts, student psychological profiling, and behavior tracking. In addition teachers may not be trained or qualified to lead children in discussion involving difficult or inaccurate information. Parents are responsible for the emotional wellbeing of their children.

I believe that SEL can be harmful and result in student psychological profiling and behavior tracking. Transparency in education is important to protect our children.