



Dissertations, Research Studies and Review Articles in Energy Psychology Published in English Language Books or Peer-Reviewed Journals

In Reverse Chronological Order

Updated February 2022

In addition to the papers in this database, more than 90 clinical trials reporting investigations of energy psychology have been published in foreign language journals. They report encouraging outcomes with a wide range of issues, such as anxiety disorders, aggression, addictions, dementia, depression, diabetes, post-traumatic symptoms, and post-operative pain. These studies were not included in this database because only the abstracts had been translated, and so they could not be reviewed for methodological rigor. Also not included are English-language publications for which ACEP was unable to verify the legitimacy of the journal. In this era of predatory journals, we are not inflating our count of legitimate energy psychology studies.

2022

Church, D., Kip, K., Stapleton, P. (2022). Corrigendum supports therapeutic contribution of acupoint tapping to EFT's observed effects. *J Nerv Ment Dis*, 210: 143-47. doi: 10.1097/NMD.0000000000001439
https://journals.lww.com/jonmd/Abstract/2022/02000/Corrigendum_Supports_Therapeutic_Contribution_of.13.aspx

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Spielmanns, G. & Rosen, G. (2022). Corrigendum compounds errors and again fails to support the specificity of acupoint tapping. *J Nerv Ment Dis*, 210(2): 139-42.
doi: 10.1097/NMD.0000000000001376.

2021

Bakır, N., Irmak Vural, P., & Körpe, G. (2021). The Effects of Emotional Freedom Techniques on coping with premenstrual syndrome: A randomized controlled trial. *Perspectives in Psychiatric Care*, 1–10. <https://doi.org/10.1111/ppc.12957>

Barndad, L. (2021). The long-term effects of Emotional Freedom Technique on anxiety. The Chicago School

of Professional Psychology, Pro Quest Dissertations Publishing. 28652647. <https://tinyurl.com/yckrekyy>

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Connolly, S., Vanchu-Orosco, M., Warner, J., Seidi, P., Edwards, J., Boath, E. & Irgens, A. (2021). Mental health interventions by lay counsellors: a systematic review and meta-analysis. *Bulletin of the World Health Organization*, 99(7). Article ID: BLT.20.269050 <https://www.who.int/publications/journals/bulletin/online-first>

Dincer, B. & Inangil, D. (2021). The effect of Emotional Freedom Techniques on nurses' stress, anxiety, and burnout levels during the COVID-19 pandemic: A randomized controlled trial. *EXPLORE*, 17(2), 109-114. <https://doi.org/10.1016/j.explore.2020.11.012>. (<https://www.sciencedirect.com/science/article/pii/S1550830720303839>)

Dwivedi, S., Sekhon, A., & Chauhan, B. (2021). Effect of Emotional Freedom Technique (EFT) on heart rate, blood pressure and performance in national level shooters. *International Journal of Sport and Exercise Psychology*, 19, pp. S230-S231. <https://www.indiansportspsyche.com/post/research-abstract>

Farzad, M., MacDermid, J., Ring, D., & Shafiee, E. (2021). A scoping review of the evidence regarding assessment and management of psychological features of shoulder pain", *Rehabilitation Research and Practice*, vol. 2021, Article ID 7211201. <https://doi.org/10.1155/2021/7211201>

Feinstein, D. (2021). Applications of energy psychology in addressing the psychological roots of illness. *OBM Integrative and Complementary Medicine*, 6(2), doi:10.21926/obm.icm.2102014 <https://www.lidsen.com/journals/icm/icm-06-02-014>

Feinstein, D. (2021). Energy psychology in the treatment of substance use disorders. In R. Carroll, (Ed), *Complementary and integrative approaches to substance use disorders* (pp. 69-106). New York: Nova Science Publishers.

Feinstein, D. (2021). Perceptions, reflections, and guidelines for using energy psychology: A distillation of 800+ surveys and interviews with practitioners and clients. *Energy Psychology: Theory, Research, and Treatment*, 13(1), 13-46. [Link](#).

Feinstein, D. (2021). Reply to "How do energy psychology modalities work?" by Debra Greene. *International Journal of Healing and Caring*, 21(1). [Link](#).

Feinstein, D. (2021). Six empirically supported premises about energy psychology: Mounting evidence for a controversial therapy. *Advances in Mind-Body Medicine*, 35(2), 17-32. [Link](#).

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