



Name: _____ Date: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work phone _____

DOB _____ Age _____

Occupation _____

E-mail Address _____

Referred by: TV AD ___ Internet ___ Yellow Pages ___ Radio ___ Health & Wellness Expo ___

Salon _____ Other _____

Medical History

Allergies _____ Are you allergic to shellfish? _____

General Health _____

Previous Surgery with General Anesthesia _____

Do you have any of the following medical problems?

**Stroke Congestive Heart Failure Irregular Heart Beat Coronary Artery Disease
Hypertension (High Blood Pressure) Anemia Depression Thyroid Disease**

Presently Undergoing Medical Treatment for _____

Physician's name _____ Date of last physical _____

Stress: High _____ Medium _____ Low _____

Blood work: Have you had any of these tests done in the past year?

CBC w/Diff Thyroid Panel Glucose Tolerance Ferritin/Iron test

Hormone: DHEA/Testosterone /Estrogen Other_____

Medications: Please list the name of any medication (or supplement) and dosage you take daily

Females

Only

Female issues: Yes___ No___ Post Menopausal Yes___ No___

Are you planning to get pregnant in the next 6 months? Yes___ No___

Are you currently pregnant or nursing? Yes No How many weeks?_____

Males Only

Have you currently had or plan to take a PSA blood test for the screening of prostate cancer? Yes___ No ___

Do you have an enlarged prostate, prostate cancer? Yes___ No___

Nutrition:

Are you a vegetarian? Yes___ No___ How many servings of protein do you get a week?___

Serving red meat *per week*_____ Snacks_____

Gained or lost weight recently?_____ How much?_____

Conditions of Hair and Scalp

Scalp: Dry___ Oily___ Redness Yes___ No___ Dandruff Yes___No___

Painful itchy scalp: Yes___No___ Itchy scalp only: Yes___No___

Do you pull your hair? Yes___No___

Bumps or raised areas: Yes___ No___ Goose Bump feeling: Yes___ No___

Recurrent attacks of patchy loss: Yes___No_ Hair of different lengths Yes___ No___

Areas of hair loss: All over scalp___ Front___ Crown___

Alopecia Areata___ Totalis___ Universalis___

Did you lose any hair at a young age? Yes___ No___ How old were you?_____

Any loss of hair on body? Yes___No ___ What area_____

At what age did you notice hair loss?_____ Was loss sudden?_____ or Gradual?

Is your hair loss getting worse_____ How many hairs lost per day? _____

What kind of shampoo do you use? _____ Conditioner_____

How many times per week do you shampoo? _____

Do you use a hair dryer? Yes___ No___ What temperature? Hot___Medium___Cool___

When hair is wet, do you use a towel to rub dry? Yes___ No___

Is your hair loss caused by any medical problems or medications that you are aware of?

HEREDITY Does hair loss run in your family? Yes___ No___

BALD THINNING HAIR NOT BALD UNKNOWN

Parents	___	___	___	___
Grandparents	___	___	___	___
Siblings	___	___	___	___
Aunt/Uncle	___	___	___	___

What options have you researched for your hair loss (Including over the counter and prescriptions)?

Transplants ___ Scalp Treatments ___ Hair Replacement or weaves___

Over the counter products___ Prescription products___ Avacor___

Minoxidil___% Other _____ Clubs or Hair Loss Clinics _____ **How much does your hair loss bother you?** Slightly___ Moderately___ Highly___

Would you like to consider using prescription strength topical and pills if you could get better results? Keep in mind, prescription products in general increase the cost

Yes___No___

What are your goals and expectations?

Prevent further loss___

Gain back hair quickly___

Gradually gain back some hair____ other _____

Knowing that treatment and/or surgical options may take 6 months or more to show success, are you willing to wait that long? Yes ____ No ____