

Resources for Advanced Care Planning

Courtesy of
[Dr. Lisa Oliver.com](http://Dr.LisaOliver.com)



THESE LISTINGS DO NOT INDICATE AN ENDORSEMENT

Resources on Advanced Care Planning

How can I learn more about advance directives/advance care planning?

The links below explore a variety of resources to help you make, discuss and document future healthcare wishes and decisions.

- **AARP:** [End-of-Life Planning](#)
- **Aging with Dignity:** [Five Wishes](#)
- **American Bar Association:** [Tool kit for Health Care Advance Planning](#); [10 Legal Myths about Advance Medical Directive](#)
- **American Health Lawyers Association:** [Guide to Legal Issues in Life Limiting Conditions](#)
- **American Hospital Association:** [Put It In Writing](#)
- **Caring Connections:** [Advance Care Planning](#); [Financial Information](#); [Planning Ahead Checklist](#); [Free Brochures](#)

THIS IS NOT AN ENDORSEMENT

Resources on Advanced Care Planning (Cont.)

- **Center for Practical Bioethics:** [Caring Conversations Workbook](#)
- **National Association of Social Workers:** [Advance Care Planning](#) and [Psychiatric Advance Directives](#)
- **Where can I get an advance directive?** [Aging With Dignity \(Five Wishes\)](#)
The *Five Wishes* document helps individuals express care options and preferences. The advance directive meets the legal requirements in most states and is available in 20 languages for a nominal fee. [Order online](#) or call 850.681.2010.
- **[Caring Connections](#)**
Caring Connections offers free, state-specific advance directives for all 50 states and DC that meet the legal requirements for each state. [Download individual copies for free](#) or call 800.658.8898 to have a copy mailed to you.

THIS IS NOT AN ENDORSEMENT

Resources on Advanced Care Planning (Cont.)

- **Center for Practical Bioethics**

Caring Conversations is a workbook to help individuals and families communicate with each other about their healthcare preferences and contains advance directive documents. These forms are valid in every state when notarized *and* signed by two witnesses. [Download for free](#) or call 800.344.3829 to order.

- **Project Grace**

Project Grace offers a free Advance Care Planning Document that is legally valid in states that do not require forms to be notarized. [Download for free](#) or call 877.99.GRACE to order a copy.

Resources on Advanced Care Planning (Cont.)

Lifecare Advance Directives

The Lifecare Advance Directive website offers free state-standard advance directives for all 50 states, the District of Columbia, and four major United States territories (American Samoa, Guam, Puerto Rico, and the Virgin Islands). Research validated comprehensive advance directives, as well as completion guides, agent guides, and other important advance directive support documents are also available.

Prepare for your care <https://www.prepareforyourcare.org/login>

The Conversation Project <http://theconversationproject.org/>

The GoWish! Game <http://gowish.org/>

New! Digital Advanced Care Planning

- **MyDirectives® and MyDirectives MOBILE™**

MyDirectives is easy to do. Apple® and Android® users anywhere can access and enjoy the full MyDirectives online experience by downloading MyDirectives MOBILE. Visit www.mydirectives.com.

- **Vital Decisions**

The company's secure online platform, My Living Voice, makes advance care planning and documentation simple and effective, grounded in clinical excellence. In just a few minutes, individuals can:

- Choose a healthcare proxy
- Express what matters most when making critical healthcare decisions
- Indicate preferences for life-extending treatment
- Create, download and share a digital advance directive

- In the spirit of National Healthcare Decisions Day, Vital Decisions is proud to offer My Living Voice to everyone, for free. Visit vitaldecisions.mylivingvoice.com.

THIS IS NOT AN ENDORSEMENT

New! Digital Advanced Care Planning (Cont.)

- **Vynca**

Vynca offers a complete end-to-end EHR-integrated advance care planning solution for hospitals and health systems. Vynca's eRegistry offers a solution to connect all clinicians across a state to the registry. Visit www.vyncahealth.com.

- **Apple®**

The Health app from Apple, preloaded on many iPhones has a place to store your directive. On an iPhone, look for the red heart icon.