

Veterans and Active Military, Your Mental Health Matters

**Now Enrolling
for Spring
2026**



***Limited Spots
Available in SC/NC**

Mental Wellness for Veterans

12-Week Sessions

***No Cost to Veterans or Family Members**

***Confidential**

***Learn Proven Stress-Management & Coping
Skills Through the Horse-to-Person Connection**



Guiding Reins
REINING IN LIFE THROUGH THE HEART-MIND CONNECTION