



Area Agency on Aging & Disability

YOUR ONE SOURCE FOR AGING AND DISABILITY SERVICES

Call us today for assistance and information regarding the following services:

Options for Community Living

In-home care: meals, homemaker and personal care services

Public Guardianship

Court-appointed guardian for financial and medical decisions

Ombudsman

Advocates for persons in nursing homes and other long-term care institutions

Nutrition Services

Nutritious meals at community locations or home-delivered

Elder Abuse Prevention

Outreach and education about fraud, scams and domestic violence affecting seniors

Caregiver Support

Helping families provide better care to their loved ones

TN SHIP (State Health Insurance Assistance Program)

Counseling and assistance with Medicare and Medicaid

Senior Centers

Community centers that provide resources, support groups and activities to seniors and their families

TennCare CHOICES

Medicaid long-term services & supports (LTSS)

For more information, call:

1-866-836-6678

For Medicare Questions call: 1-877-801-0044



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Districts in Tennessee

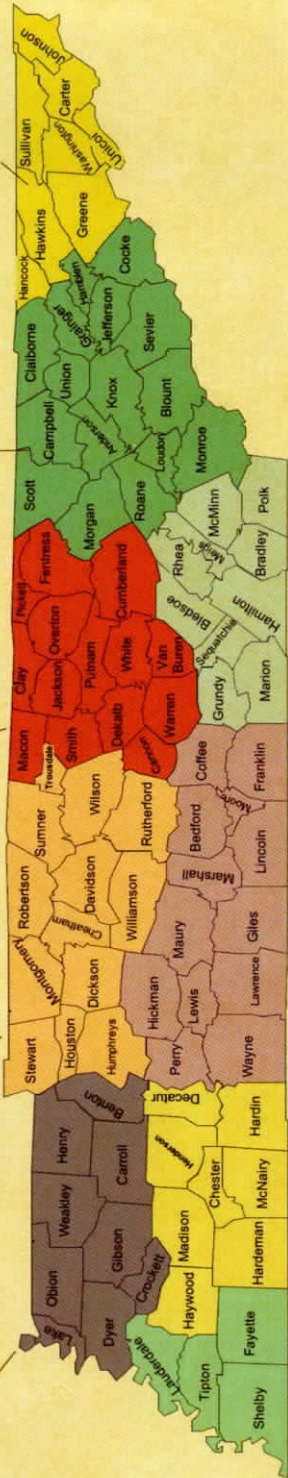
Northwest Area Agency on Aging and Disability (NW AAAD)
731-587-4023

Greater Nashville Area Agency on Aging and Disability (GNRC AAAD)
615-255-1010

Upper Cumberland Area Agency on Aging and Disability (UC AAAD)
931-432-6170

East Tennessee Area Agency on Aging and Disability (ET AAAD)
865-251-4897

First Tennessee Area Agency on Aging and Disability (FT AAAD)
423-928-3258



Aging Commission of the Mid-South Area Agency on Aging and Disability (ACMS AAAD)
901-222-4111

Southwest Tennessee Area Agency on Aging and Disability (SW AAAD)
731-668-6967

South Central Tennessee Area Agency on Aging and Disability (SC AAAD)
931-379-2929

Southeast Area Agency on Aging and Disability (SE AAAD)
423-424-4256