

**Marriage & Family Counseling Service**

**Counseling Intake Form**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ [ ]  [ ]  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Name M F Date of Birth**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ [ ]  [ ]  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Spouse Name M F Date of Birth**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Phone**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Email**

**Address**

**Occupation Occupation of Spouse**

**Relationship Status:** Single [ ]  Married [ ]  Divorced [ ]  Engaged [ ]  Widowed [ ]  Separated [ ]

Length of current relationship? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have you been married before? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What is the reason(s) for seeking counseling?**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What are your goals for counseling?**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please list the names of the children, gender, age, and biological relationship:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Name Gender Age Biological relationship**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Home Church Pastor**

**Have you received prior relationship counseling?** Yes [ ]  No [ ]

 If yes, when, by whom and length of treatment:

Reason for previous counseling:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What was the outcome?** [ ] Very successful [ ] Somewhat successful [ ] No changes [ ] Somewhat worse [ ]  Much worse

**Emotionally, have you struggled with the following:**

|  |  |  |  |
| --- | --- | --- | --- |
| [ ] Anger | [ ] Depression | [ ] Fear | [ ] Suicidal tendencies |
| [ ] Mood Swings | [ ] Anxiety  | [ ] Breakdowns | [ ] Confusion |

**Please list any emotional issues not listed above:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Do you see a doctor for physical or emotional issues?** Yes [ ]  No [ ]

If yes, with whom and for what? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Do you take prescription medication?** Yes [ ]  No [ ]

If yes, for what? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Have you ever been admitted to a mental or psychiatric facility?** Yes [ ]  No [ ]

If yes, for what reason(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Family History**:

**Who parented you during your early childhood years and adolescent years? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Do you have blank/gap periods in your memories growing up?** Yes [ ]  No [ ]

**Describe any family alcohol, smoking, and/or drug use:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parents**: Married [ ]  Divorced [ ]  Separated [ ] Deceased [ ]

If your parents divorced/separated, how old were you? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Have you ever been arrested, charged, or convicted for any criminal offense?** Yes [ ]  No [ ]

**Check if you have experienced any of the following:**

Pornography via media, phone, or internet [ ]

**How often?** Daily [ ]  Weekly [ ]  Monthly [ ]  Occasionally [ ]

**Have you ever self-harmed?** Yes [ ]  No [ ]

**Have you struggled with any of the following?**

|  |  |
| --- | --- |
| [ ] Anorexia/Bulimia/Compulsive over-eating | [ ] Unwanted fantasies |
| [ ] Co-dependency | [ ] History of verbal abuse |
| [ ] Compulsive sexual behavior/Promiscuity | [ ] Occult affiliation |
| [ ] Confusion/Insecurity in gender | [ ] Prescription drug abuse |
| [ ] Emotional dependency | [ ] Illegal drug use |
| [ ] Sexual addiction | [ ] Alcohol abuse |

[ ] History of sexual abuse – by whom (relationship)? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

At what age did you experience sexual abuse? \_\_\_\_\_\_\_\_\_\_\_\_

Please attach the following:

* **A one-page description of your relationship with your mother.**
* **A one-page description of your relationship with your father.**
* Note: If you were not raised by your biological parents or were adopted, what are your feelings about your biological parents and the person(s) who raised you?

This two-page paper is critical to counseling. Clients must be fully open and honest. Please do not try to sugarcoat, hide, or diminish the reality of any experiences. My role is to support and help you and that begins with your honest reflection.

**Consent to counseling**

**Our Goal**: Our goal in providing Christian counseling is to help you meet life's challenges in a way that will please and honor our Lord and Savior, Jesus Christ. We desire that you come to fully desire His love for you and His plans for your life.

**Biblical beliefs**: We believe that the Bible provides thorough guidance and instruction for faith and life. Therefore, our counseling is based on the uncompromising word of God for yourself and all relationships. Our theories, practices, and counsel are based on God’s word and a Christian worldview of relationships and salvation.

**Confidentiality**: Confidentiality is an essential aspect of the counseling process, and we will carefully guard the information you entrust to us. There are four situations, however, when it may be necessary for us to share certain information with others:

1. When referred by another religious affiliation, the counseling is related to a continued relationship with the congregation or staff.

*Suppose the client is referred by a religious institution that is covering the cost, and the institution requests progress reports. In that case, the therapist will give the institution updated reports based on the institution's standards. However, this is understood and agreed upon by the client.*

1. When the counselor believes that consultation with their pastor or overseer is helpful in the evaluative process for healing.

*This is only done with the consent of the client.*

1. When it is clear that harm can or will come to another person unless some form of intervention occurs.

*This is only in cases of legal issues.*

Grounds for ending the counseling relationship:

1. When a person refuses to renounce sin, and it is necessary to follow biblical directives to encourage repentance and reconciliation based on Proverbs 15:22; 24:10-11; Matthew 18:15-20.

We will make every effort not to disclose personal information to other responsible persons, and we will make every effort to resolve any issues in our sessions together.

If a counselee feels unsafe, disagrees, or desires to discontinue counseling, they have the right to terminate the relationship. If the counselor feels unsafe or the sessions are no longer productive, the counselor has the right to terminate the relationship.

**Agreement**: By signing this consent, you agree that you will not attempt to subpoena or require any counselor to appear in any legal proceeding related to any matters discussed during counseling, nor will you attempt to subpoena any notes or records associated with this counseling.

Having clarified the principles, policies, and practices of our counseling ministry, we welcome the opportunity to minister to you in the name of Christ and to be used by Him as He helps you to grow in spiritual maturity and prepares you for usefulness in His body. If these guidelines are acceptable to you, please sign below. If you have questions about these guidelines, don't hesitate to contact your counselor.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_