



30 Day *Challenge*

YOUR GUIDE TO FLOURISHING IN LIFE

*Light up your life with intention and watch your Soul
shine.*

ABOUT ME

Hello!



I'm Linda

Hey there! I'm your Psychic/Medium and Spiritual Advisor. With more than 28 years of experience helping men and women all around the world. **I specialize as an Intuitive Empowerment Coach, helping my clients connect with their intuition and soul creating a life they love filled with Happiness, Love & Connection.**

I'm all about helping amazing women like you find their way in this crazy world. You know those moments when life feels like a jigsaw puzzle and you're missing half the pieces? That's where I come in.

My mission is to provide you with **direction, clarity, peace, and comfort.** Together, we'll tune into your Soul, Source, Guides, and Loved Ones to get you the **guidance, support, and insight** you need and desire.

I'm not your typical "fortune-teller." I'm all about genuine conversations that feel like chatting with an old friend. Forget the crystal ball, mystical smoke, and woo woo crap; let's connect heart-to-heart and soul-to-soul.

So, if you're searching for answers and crave a meaningful connection I'm here to support and uplift you every step of the way. Let's embrace the magic of life together and uncover the beauty and power within.

LET'S GROW TOGETHER

Linda

30 Day Challenge

LIGHT UP YOUR LIFE CHALLENGE

To establish and nurture powerful spiritual habits that can lay the foundation for consistent growth.

Instructions:

For the next 30 days, you're going to dedicate time and energy to two foundational habits that can make a tangible difference in your spiritual journey. Track your progress, stay committed, and remember that the compound effect of small daily actions can lead to monumental results.

Your Challenge Focus:

1 - Daily Reflection & Planning:

Spend 15 minutes every morning setting your intentions for the day and 15 minutes every evening reflecting on the day's achievements and learnings. What you focus on is what you create.

Daily Joy Infusion:

Dedicate time daily to doing something that feels good and brings joy into your life. Don't worry about the outcome or why. Just do it because it feels good and you like it.



Thank you!





**I'm so excited to continue working with you,
please reach out to learn more.**

As you close the up your 30 Day Challenge, realise that in many ways, your true journey is only just beginning. Each step, reflection, and joy you've experienced has laid the foundation for the myriad possibilities that await you. Keep shining, evolving, and above all, believing in the power of your Soul. Here's to your ever-blooming success, joys, and the many more milestones that lie ahead!

Linda

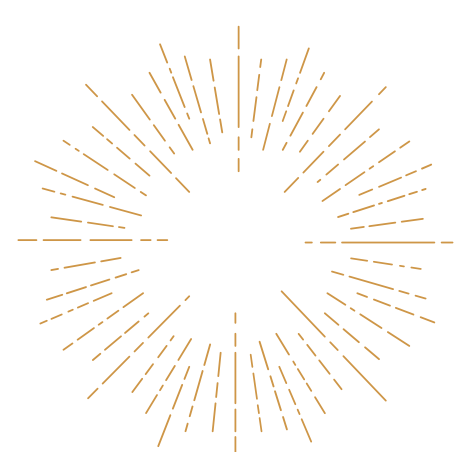


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