

Cheat Sheet

Top 10 Ways Spirit Sends You Signs

Keep this list close. Spirit speaks in whispers, nudges, and gentle signs—reminding you that you are loved, guided, and never alone.

1. Feathers

Finding a feather in an odd place? It's often a little hello from Spirit. Especially white feathers — they're like angel mail!

2. Numbers (like 111, 444, or your loved one's birthday)

Seeing repeating numbers or meaningful dates is a classic way Spirit gets your attention.

3. Songs on the Radio

A certain song playing at *just* the right moment? It might be your loved one saying, "This one's for you."

4. Dream Visits

If someone you love appears in a dream and it feels *different* — peaceful, vivid, or comforting — it's likely a soul visit, not "just a dream."

5. Chills or Goosebumps

That sudden wave of goosebumps out of nowhere? It's often a yes from Spirit, or a sign they're near.

6. Flashing Lights or Electronics Acting Up

Lights flickering or your phone doing weird things? Spirit loves to play with energy to say, "Hey!"

7. Coins (especially pennies or dimes)

Finding coins in random places is a classic sign — a reminder that you're supported and not walking alone.

8. Animals or Insects Acting Differently

A butterfly that lingers, a bird that flies close, or a dragonfly that won't leave — sometimes they're messengers in disguise.

9. Scents with No Source

Smelling perfume, smoke, or something familiar when no one's around? That's Spirit making their presence known.

10. Sudden Thoughts, Feelings, or Memories

Thinking of a loved one out of the blue, feeling a wave of peace, or hearing their voice in your head — trust it. That's soul-to-soul communication.

Quick Tip:

Don't overthink it. If something makes you pause and think of Spirit, *that's the sign*. Trust your gut. They're always near.

Why Do Loved Ones Send Signs?

Your Loved Ones on The Other Side send you signs because they *love you*. They're safe, they're at peace, and yes — they're happy. Despite what TV shows and movies often portray, they don't need your help or rescuing. They're not stuck, lost, or trapped.

They send signs simply because they *still care*. They want to support you, guide you, and remind you they're still part of your life — just in a new way.

Sometimes the signs are gentle nudges to help with a decision... a heads-up that something is shifting... or a reminder that you're on the right path. But most often? It's just a soulful little *"hi"* to remind you that you're never alone.

These signs are sacred gifts — not everyone is open to receiving them. So when you do notice one, take a moment to pause, smile, and say thank you. 💖