## The White Light Prayer

The White Light Prayer is one of the very first protection prayers Michael my Spirit Guide shared with me when I was young. It is also one of the number one prayers/affirmations I encourage all my clients and friends to say on a daily basis.

So, what makes this prayer so "magical"?

The White Light Prayer is a powerful tool that not only protects you from negative spirits and entities but also shields you from toxic energy, difficult people, and challenging circumstances. That, in my books, is a game-changer.

Over the years, my Guide has shared prayers and rituals that have helped me—and so many others—navigate even the darkest of times. And they have ALWAYS worked.

I share these sacred practices inside the **Circle of Soul Alignment**, where I guide members in strengthening their intuition, clearing heavy energy, and stepping into their power.

If you're feeling drained, stuck, or weighed down by negativity, know this:

- You are not alone.
- 决 You are more powerful than you think.
- And this is NOT your fault.

Attachments, energy drains, and spiritual interference happen every day—but you don't have to accept them as your reality. You CAN shift the energy, and The White Light Prayer is a simple yet profound way to start.

I say this prayer every night when I go to bed but you can say it anytime!

## Dear God,

Please surround me with the White Light of the Holy Spirit and protect me from any and all negativity.

Thank you.

## Amen.

Simple. Easy. Extremely Effective.

If you're ready to step into more light, clarity, and peace, the doors to The Circle are always open.

- M DM me if you'd like to learn more.
- **Save this guide** so you can find The White Light Prayer when you need it most.
- **Follow me** on social media at **Psychic Linda Blais** for more ways to fill your life with love, protection, and positivity—one day at a time.