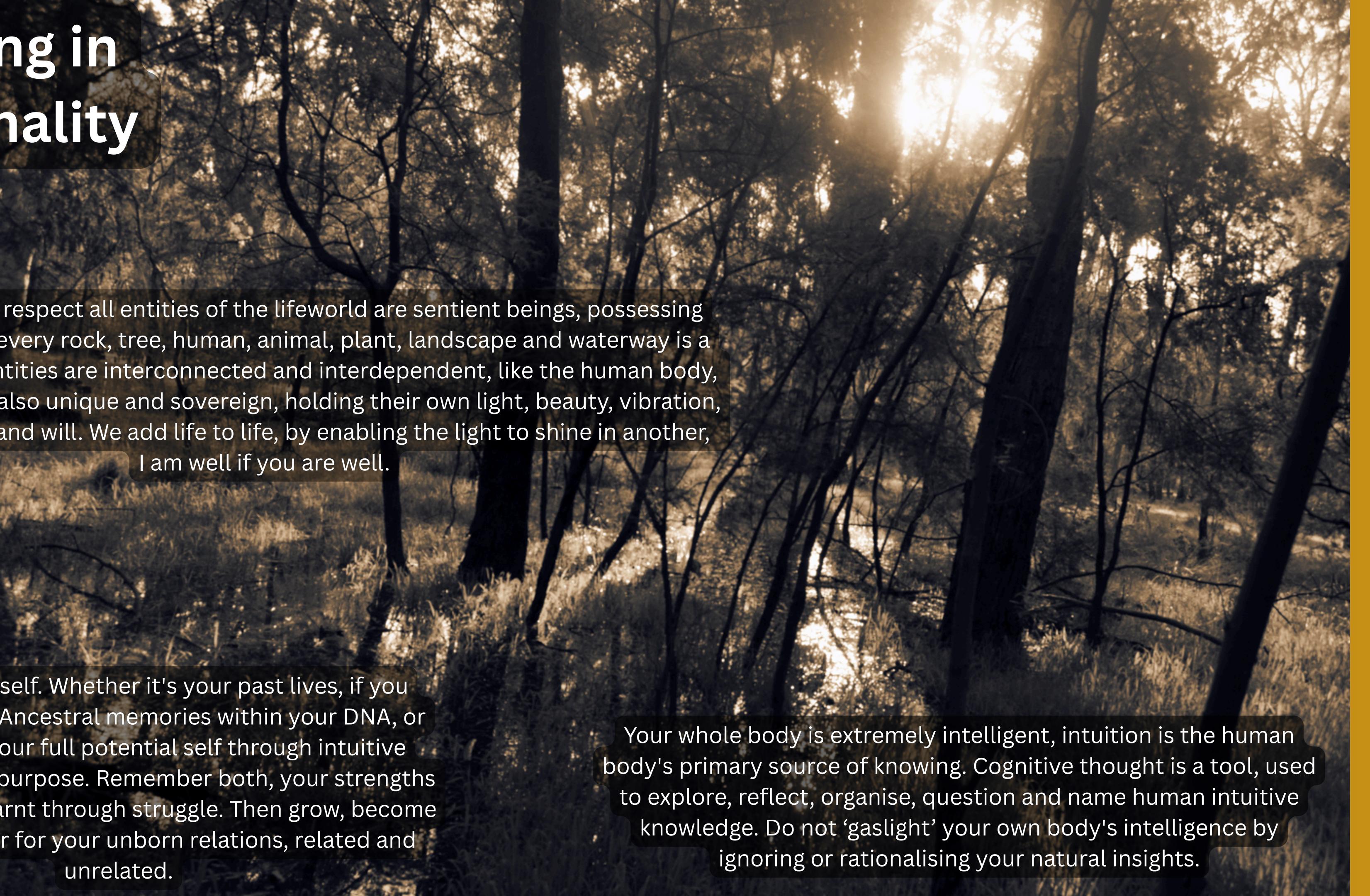


# Standing in Relationality



Understand and respect all entities of the lifeworld are sentient beings, possessing lifeforce energy, every rock, tree, human, animal, plant, landscape and waterway is a living entity. All entities are interconnected and interdependent, like the human body, but each entity is also unique and sovereign, holding their own light, beauty, vibration, skills, knowledge and will. We add life to life, by enabling the light to shine in another,

I am well if you are well.

Remember yourself. Whether it's your past lives, if you believe in this, or Ancestral memories within your DNA, or both. Become your full potential self through intuitive remembering and purpose. Remember both, your strengths and the lessons learnt through struggle. Then grow, become a strong Ancestor for your unborn relations, related and unrelated.

Your whole body is extremely intelligent, intuition is the human body's primary source of knowing. Cognitive thought is a tool, used to explore, reflect, organise, question and name human intuitive knowledge. Do not 'gaslight' your own body's intelligence by ignoring or rationalising your natural insights.



Think with your bare feet on the ground. Humans can be catalysts. Conduits for an epiphany, for current societal challenges, if we are grounded. Alone or in groups, humans with nervous systems regulated through the healing modalities of Mother Earth, hold capacity to 'think' from an unseen consciousness, enabling high levels of creativity. However, respect all other entities also hold unique skills.

Belong to 'all your relations', be in a reciprocal, responsible relationship with your local waterways, soil, animals, trees, plants, seasons and the diversity of humans in the local area where you live. Step back into the Circle of all entities, and belong as a member. Heal the deep wound created through the separatist ideology of human-nature dualism.

Be accountable to the Great Tradition, which is, humans are the protectors of earth's water. Our hydrosphere includes oceans, lakes, rivers and ground water, including water within the mycorrhizal underground network between plants, and the water within ourselves. Water as an entity transmits energy and knowledge, between all entities through the Oneness of Water. Water is life, humans hold an old mandate, to protect earth's water.

Let the spiral unfold, the dance of life occur, the blend and balance of feminine and masculine energies, intuitive knowing and then doing, order and then flow, feeling and thinking and holding and letting go. Something will become but then just as quickly unbecome, we can only know and then unknow, through relationships.