Thursday, 27 March 2025

**WELCOME TO KUTHETHA NATHI / TALK TO US**

Dear [Client’s Name],

Welcome to Kuthetha Nathi / Talk to Us counselling services. I’m [Your Name], and I’ll be your counsellor. I appreciate you reaching out, and I look forward to walking alongside you on your journey toward growth and healing.

To get started, I’d love to set up our first session. I’m available at the following times:  
 [Insert available dates/times].  
 Please let me know which time works best for you, or if you need an alternative.

At Kuthetha Nathi, we believe that financial constraints should never be a barrier to mental health support. Our sessions are based on a sliding scale, with a minimum contribution of R30 per session, which we can discuss further if needed.

My aim is to create a safe and comfortable space for you to share whatever is on your mind. If you have any questions or concerns before our session, please don’t hesitate to reach out via email or WhatsApp.

Looking forward to connecting with you.

Best,  
 [Your Name]  
 Counsellor  
 Kuthetha Nathi / Talk to Us

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