



CONGRATULATIONS TO SHEV SEGAL – OPERATIONAL MANAGER

Release Date: 17 December 2025

MEMORANDUM

Press Release – Kuthetha Nathi Staff and Broad Public

From: Chairperson and Board

Effective from: 12 December 2025

The Chairperson and Board of **Kuthetha Nathi / Talk to Us** are delighted to announce the appointment of Shev Segal as our organisation's new Operational Manager.

Shev studied at the South African College of Applied Psychology and is a Registered Counsellor with the Health Professions Council of South Africa, holding a Bachelor of Social Science Honours in Psychology (BPsych Equivalent Programme). She has specialised training in Emotion Aid and certification as a Psych-K facilitator. She passionately advocates for sign language (being South Africa's 12th official language) emphasising its vital yet underutilised role in the community counselling space in South Africa.

Her professional interests focus on trauma-affected individuals, those struggling with addictions, and minority groups including the hearing impaired, disabled, and LGBTQI+ communities. Her community counselling experience is discernible through her dedicated volunteering at the Counselling Hub, where she provided in-person and online counselling, contributed to advocacy and policy formation, developed psychosocial training materials, conducted psychoeducational training, and ran upskilling workshops. In management, Shev successfully runs Posticino's, one of Sea Point's most beloved restaurant brands renowned for its delicious pizza, overseeing waiters and kitchen staff with outstanding leadership.

At Kuthetha Nathi / Talk to Us, she has served as a counsellor at our Sea Point hub in both in-person and online capacities; has played a key role in establishing our training programme, and will now present our Discovering Me and Supporting You training programmes.

Combined with her proven dedication to Kuthetha Nathi / Talk to Us, and her track record of problem-solving, reliability, and improving lives, Shev is perfectly positioned to drive our vision and our mission forward.

Please join us in warmly welcoming her aboard and wishing her every success in tackling the future challenges that lie ahead.

ENDS