

GOING TO GRADE 1

A parent guide to the
Ontario Curriculum

Dear Parents,
We know that this year has been hard. Moving back and forth between online and in-person learning was challenging for both students and educators. This guide is meant to serve as a blueprint for your child's learning. Inside you will find the essential learning goals for your child's grade level.

What's Included:

- Curriculum Essentials
- Strategies for Emerging & Excelling students
- Complimentary Resources



BY




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MATH

YOUR CHILD SHOULD KNOW HOW TO..

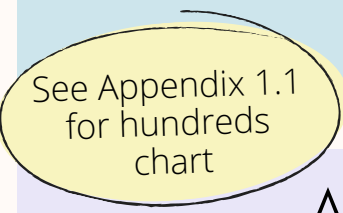


Count to 50

My child is struggling:

Use small objects, or a hundreds chart, to help your child practice

See Appendix 1.1
for hundreds
chart



My child is excelling:

Group small objects, or use a hundreds chart, to practice skip counting by 2's and 5's

Add and subtract numbers to 10

My child is struggling:

Have your child use small objects (buttons, marbles, lego etc.) to help them add and subtract

My child is excelling:

Practice adding and subtracting numbers up to 20

See Appendix 1.2
for flashcards



Recognize 2D shapes

My child is struggling:

Use flashcards to help your child recognize shapes

My child is excelling:

Take a walk outside, ask your child to find shapes in nature

Sort objects by size, shape & colour

My child is struggling:

Use bowls to help your child sort. Sort the first few items for your child, then have them try the rest themselves

My child is excelling:

Have your child create a pattern with the items they have sorted



LITERACY

YOUR CHILD SHOULD KNOW HOW TO..



Write their first name

My child is struggling:

Write your child's name out in small dots, have them trace it with a highlighter

Pro Tip: Put your paper in a page protector to create a reusable sheet!

My child is excelling:

Ensure your child's name begins with a capital letter and every letter afterwards is lowercase

Recognize letters and state their sounds

My child is struggling:

[Click here](#) or search "ASL phonics alphabet" on YouTube. Have your child watch the video, and do the actions

My child is excelling:

Practice blend sounds (ch, th, sh) and simple word families (-at, -op, -it)

See Appendix 1.3 for Dolch Words

Attempt to spell sight words phonetically

My child is struggling:

Review letter and letter sound correspondence. **Pro Tip:** [Click here](#) or search "Letter sound alphabet" on YouTube

My child is excelling:

Practice reading and spelling Grade 1 words

See Appendix 1.4 for prompts

Write 1 sentence in response to a writing prompt

My child is struggling:

Ask your child to state their sentence orally, and then write it down

My child is excelling:

Have them write 2-3 sentences in response to one prompt



LITERACY

YOUR CHILD SHOULD KNOW HOW TO..



Read DRA levels 3-4

My child is struggling:

Practice decoding strategies with your child. As well as, reviewing letter and letter sound correspondence

My child is excelling:

Practice reading more challenging texts with your child. Your child should be able to read 95% of the words independently before moving on

See Appendix 1.5
for decoding
strategies

DON'T FORGET

YOUR CHILD SHOULD KNOW HOW TO..

- Independently dress (shoes, snowpants & jacket)
- Self advocate their washroom needs
- Eat independently

APPENDIX 1

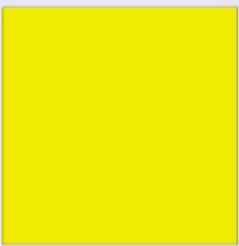
1.1

Hundreds Chart

| | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 |
| 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 |
| 51 | 52 | 53 | 54 | 55 | 56 | 57 | 58 | 59 | 60 |
| 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 |
| 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 |
| 81 | 82 | 83 | 84 | 85 | 86 | 87 | 88 | 89 | 90 |
| 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 |

1.2

2D Shapes



Square



Rectangle



Circle



Triangle



Hexagon



Heart



Star



Diamond

APPENDIX 1

1.3 Dolch Sight Words

Kindergarten

| | | | |
|--------|-------|-------|--------|
| all | am | are | at |
| ate | be | black | brown |
| but | came | did | do |
| eat | four | get | good |
| have | he | into | like |
| must | new | no | now |
| on | our | out | please |
| pretty | ran | ride | saw |
| say | she | so | soon |
| that | there | they | this |
| too | under | want | was |
| well | went | what | white |
| who | will | with | yes |

Grade 1

| | | | |
|-------|-------|-------|-------|
| after | again | an | any |
| as | ask | by | could |
| every | fly | from | give |
| going | had | has | her |
| him | his | how | just |
| know | let | live | may |
| of | old | once | open |
| over | put | round | some |
| stop | take | thank | them |
| then | think | walk | were |
| when | | | |

1.4 Writing Prompts

- What is your favourite thing to do on a rainy day?
- If you could travel anywhere in the world where would you go?
- What is your favourite book?
- If you could have a superpower what would it be?
- What is something you are really good at?
- If you made dinner for your family what would you make?
- What is something you like to do that makes you happy?
- If you had three wishes what would you wish for?

Misspelling words is okay, as long as they phonetically sound correct!

APPENDIX 1

1.5 DRA & Decoding Strategies

What is DRA?

The *Developmental Reading Assessment* is an individualized reading assessment tool that educators use to evaluate children's growth in reading performance over time.

*The reading level expectations outlined are based on TDSB recommendations. If you have levelled readers at that use a different system use this [correlation chart](#) to see what DRA level they are.

Decoding Strategies

Eagle Eye

Look at the picture.



Think, "What is in the picture that starts with the beginning letter?"

Lips the Fish

Get your mouth ready!
Say the beginning sound.



Stretchy Snake

Slowly stretch each letter sound to make the word.



Tryin' Lion

Try to re-read the sentence. Think, "What makes sense?"



Chunky Monkey

Break the word into chunks you already know
ship = sh - i - p



Flippy Dolphin

Flip the vowel sound.
Try the long and the short sounds



Skippy Frog

Skip the tricky word.
Read to the end.



Go back and try it again!

ABOUT GREEN DUPATTA CHARITABLE ORGANIZATION



Green Dupatta is a non-profit dedicated to creating spaces that educate, empower, and advance sustainable development.

We work with project participants to co-create community based structures and programs centred around education, empowerment and environmental sustainability.

To learn more visit: <https://greendupatta.com>

PAST PROJECTS

Guyana

- Community centre restoration
- Creation of community garden

India

- Well & shower enclosure for the village of Devdaspur
- Water harvesting & Irrigation System in Varanasi
- Community Garden & Recycling program
- Student scholarships

Canada

- Furnishing Minds Program

Trinidad

- Flash flood relief care packages

HOW YOU CAN HELP

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