

# Checklist „Las vistas de Estibali“

## Check for Preparation

### Insurance

- Travel health insurance

### Documents / Money

- ID card and valid passport (min. 6 months)
- Flight tickets
- Train tickets
- Credit card / Maestro-card
- Driver licence (international)
- Luggage labelled with address
- Cash

### Other Travel Preparations

- Map of trails
- Travel guide
- Dictionary in Spanish
- Use of mobile (roaming)

### By Car

- Book a rental car
- Navigation device
- Inspection
- Child`s seat
- Sun screen

### Health

- Check of health
- Immunisation protection
- Vaccination certificate

### First-Aid Kit

- Pain-killing tablets
- Cough mixture
- Diarrhea sickness tablets
- Allergy tablets
- Salve / After Sun
- Nasal spray
- Clical thermometer / medicine

### One Week before the Trip

- Travel documents completed

- Copy of ID card and passport
- Arrange care for pets
- Care of flowers
- Leave a copy of Estibali`s address: Calle Extramuros 13b, 11140 Conil de la Frontera
- Arrange home care

## Check for Cabin Luggage

### **General**

- ID/passport
- Money Credit Cards
- House key/car key
- Mobile phone/emergency phone numbers
- Airline specifications
- Important medicines
- Reading (books, magazines, etc.)
- Neck cushion
- Glasses and spare glasses
- Sunglasses
- Digital camera

### **Travel Documents**

- (Int.) driver's license
- Health Insurance Card/Certificate
- Credit card
- Flight/train tickets

### **For the Children**

- Nappies
- Wrap bag
- Wet wipes
- Pacifier
- Baby food
- Bib
- Children's books on the go

## Check for Baggage

### General

- Underwear
- Socks/stockings
- T-shirts
- Shirts
- Sweatshirt
- Cardigan
- Blouse
- Pants short/long
- Sweater/Rolli
- Rainwear
- Nightgown/sleepsuit
- Jogging suit
- Evening wear
- Accessory (belt, scarf, etc.)
- Flipflops/shoes
- Dresses/skirts

### For the Children

- Clothes (if necessary swimming trunks, rubber boots, etc)
- Buggy/stroller
- Towel/carrier backpack
- Ceiling
- Cuddly toys/toys
- Suppositories
- Anti-slip socks
- Still deposits
- Swimming nappies/wings
- Baby monitor
- Vials, drinking cups
- Children's tableware/cutlery
- Children's food
- Sun hat/glasses/hat

### Beach / Pool

- Bikini/swimsuit swimming trunks
- Bath mat
- Sun Hat
- Air mattress
- Beach towel
- Beach shell
- Diver's Brille/snorkel/fins
- Frisbee/Ball/Beach Toy

### **For „Her“**

- Tampons/Binds
- Nail polish/nail polish remover
- Makeup things
- Pill
- Curl stick

### **Toiletries**

- Soap
- Shower gel
- Shampoo/rinse
- Toothbrush/toothpaste brace
- Deo
- Face wash gel
- Shaving equipment
- Body lotion
- Sun Milk/Après Sun/Lip Protection
- Hair gel-spray foam
- Hand cream
- Perfume
- Cotton buds
- Haarbrush dash-amm/gum
- Contact lens dash medium
- Towel
- Mosquito repellent

### **Travel Accessories**

- Mobile phone
- Charger, battery, batteries, headphones
- Camera/video camera card
- Flashlight

### **Others**

- Handkerchiefs
- Game/sporting goods
- Nail feile/-schere/tweezers
- Condoms
- Sewing equipment
- Umbrella
- Lighter