

Connecting as an Earthkeeper



This week we are looking at the Earthkeepers and Medicine People of the World and what they have to teach us.

The link to the "Down to Earth" movie that inspired this is:

<https://downtoearthfilm.com/payl>



Here are some thoughts that came out of the mouths of these humble Medicine People:

"Humans are not being who they are - that is the **Great Illusion**."

"**WE ARE ALL PART OF CREATION**"

"Simply **follow the stories** and **TRUST** that we will find the answer."

"Our only **obstacle** is fear."

"A hungry stomach has **wisdom**." (vs. continually consuming)

"Learn to live with the seasons. **Learn to live with what is provided**, taking only what you need."

"Man/Woman cannot detach him/herself from **Nature**."

"**Everybody has a gift** but doesn't always show it. How will we know? We will know by watching and observing."

"Walk the straight road, nothing will stop you and **Destiny will meet you**."

"In Global Transformation, the True Path is **working together**."

"You might have developed your disease because you didn't walk your **true path**."

"Become a **Seeker**, not of somebody else's truth, but **YOUR OWN**."

"We all tap into the **same Source**, the same Spirit."

"Healing is removing an energy from events in the past that are causing that person separation from **their Essence**."



Journal about your role as Earthkeeper or Medicine Person



Use these prompts to do some free-flow writing about what inspires you.



 Write about co-creating with Spirit and the world.

 Which Medicine person inspired you in the documentary and why?

 The Medicine people believe we are in a place of transition for a more harmonious way of living together as people and with the Earth.
If you could dream in a perfect world, what would it be?