



Connecting to a Higher Vision

05

Align your Sacred Calling with a Higher Purpose so that what you do will have an impact on the world.

Welcome to our 5th Month together!

The theme for this month is “Connecting to a Higher Vision”

The healing work of Shamanism is so we become clear and open vessels for Spirit for our Essential Self to come through and express itself more fully in the world. However, it also needs to be **in alignment with a greater good**.

The Q'ero use the word, “ayni” to mean: **reciprocity** or mutualism. Other ways to express this can be mutual integrity or **alignment**.

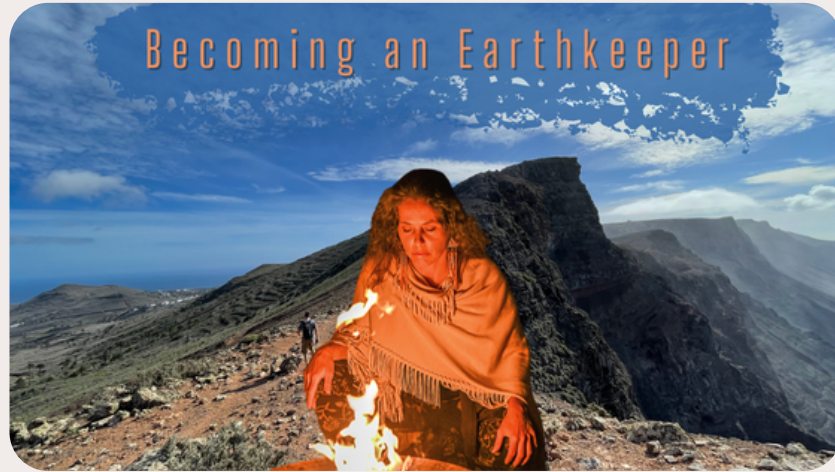
The law of ayni states that **everything in the world is connected**. As a verb, this often refers to the **cooperation** between the members of a community when one member gives to another, he or she is entitled to receive something back.

Five principles define the Andean way of life: **munay** (to love), **yachay** (to learn, know, and remember), **llan'kay** (to work), **kawsay** (life), and **ayni** (reciprocity). Among them, ayni is regarded as the most important principle, as it provides the backbone of life. This is because ayni is not limited to being compensated for earlier help; a more broad definition of ayni would be the **exchange of energy between humans, nature, and the universe**.

We manifest with most grace and flow when these principles are in alignment.



Becoming an Earthkeeper



Answer the following questions after taking the Earthkeeper journey in this week's video. Allow them to be open-ended inquiries, the breadcrumbs to your Destiny.

 What is the Higher Vision for yourself as an Earthkeeper that Pachamama transmitted to you? Did you see a vision of how you could give back?

 What gift of the Earth elements did she give you to put in your Medicine bag?

 How does this gift translate into what needs to come into alignment in your life?