

## Key Stage 3 and 4 PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	DISCOVERY	SAFETY	UNIQUENESS	HEALTH	EXPLORATION	CELEBRATION
PSHE	Health and wellbeing		Relationships		Living in the wider world	
Year 7 and 8	Other cultures and Lifestyles, beliefs, customs and festivals (religion, race, belief)  Racism, prejudice & Discrimination  Civil Liberties	You and other people  Bullying and bullying people with disabilities (disability)  Friends and friendships  Older people	Being a good neighbour The school as a community Taking action on the local environment Taking Action: raising money for charity Pressure groups & campaigning	Growing and changing  Smoking, alcohol, drug taking, eating and exercise. Contraception and safer sex (pregnancy and maternity)	You and your family  Getting on with others  Divided families  (Civil partnerships/ marriage).	Pocket money, budgeting & saving Gambling You as a consumer Making the most of your money Banking and ways of saving
Year 9 and 10	You and your choices (Age)  Transition  Motivation  Attitudes to work	Safe relationships: sexually, mentally, physically  Dealing with loss, loneliness, grief, support	You and the world of work Attitudes to work  Understanding business employment/ unemployment	You and global issues: resources, waste and recycling  Food and water (Gender and sexual orientation)	You and your values, where do you stand? Right and wrong. Why we have laws Crime & punishments Children's rights The police Youth justice	How is Britain governed?  You as a citizen of the European Union  Britain's government - which political party do you support?
Therapeutic offer	<b>Self-awareness</b>  Cooperating sharing	<b>Safety and emotional literacy</b> Managing feelings Empathy	<b>Perspectives and negotiation</b> Social skills	<b>Social inferencing</b>  Managing feelings	<b>Social problem-solving</b> Conflict resolution	<b>Assertiveness skills</b>  Colour therapy
PSHE	Health and wellbeing		Relationships		Living in the wider world	
Protected Factors	Age, sex, sexual orientation and gender reassignment (KS4)		Civil Partnerships and marriage, pregnancy and maternity		Disability, religion/belief and race	
BV	RULE OF LAW, INDIVIDUAL LIBERTY, DEMOCRACY, RESPECT, TOLERANCE					
SMSC	SOCIAL, MORAL, SPIRITUAL, CULTURAL					