

RSE Curriculum

Year 5
Human Reproduction
Changes in Boys
Changes in Girls
Changing Emotions
Relationships and Families
Where Do I Come From?
Year 6
Changing Bodies
Changing Emotions
Just the Way You Are
Relationships
Let's Talk About Sex
Human Reproduction
Year 7
Puberty and emotional changes.
Menstrual well-being.
Healthy and unhealthy relationships.
Managing family conflict.
Introduction to consent
Catch up/revisit/questions
Year 8
Relationship values.
Influences on relationship expectations.
Sexual orientation and identity.
Consent – avoiding assumptions.
Introduction to contraception.
Catch up/revisit/questions
Year 9
Respectful relationship behaviours.
Freedom and capacity to consent.
Sexual health.
Contraception.
Managing the end of relationships.
Catch up/revisit/questions
Year 10
The role of intimacy and pleasure.
The impact of pornography.

Pressure, persuasion and coercion.
Managing relationship conflict and breakups.
Addressing relationship abuse.
Catch up/revisit/questions
Year 11
Family conflict.
Long term commitments.
Sexual health, fertility and routes to parenthood.
Pregnancy outcomes.
Pregnancy choices: abortion.

RSE (Relationships and Sex Education), is a mandatory subject in UK schools covering Relationships Education, Health Education, and non-statutory Sex Education.

It is the legal right of parents to request their child be withdrawn from the Sex Education component of RSE, but not from Relationships or Health Education. This withdrawal is generally permitted until a child is within three terms of their 16th birthday, after which the child has the choice to opt-in.

If you wish to withdraw your child from any of the above topics, or from Sex Education in general, please place a tick next to the lessons you wish us to omit from their curriculum, and sign below.

Kind regards

Karen Holmes

(Headteacher)

I,, the parent/carer of
..... request that he/she be
withdrawn from the lessons I have marked above.

I understand that I can change my mind at any time, and that I can ask for further information if required.

Kind regards

Signature: Date: