

DIVINE DANCE

Messages of Love from Mother Mary

Received by Marietta Beregi



Embraced in Love Publications

Divine Dance:

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The Birth of the Book

With great love, I share with you all the messages of our Heavenly Mother, the beautiful Mother Mary, which I received and transcribed. They provide an opportunity for the sweet, tender love of our Divine Mother to reach us.

Mother Mary has always been a part of my life. I grew up in a deeply religious Catholic family. I knew and felt that She loved and cared for me very much. However, in the summer of 2020, while I was translating into Hungarian the book *Choose Only Love* received by Sebastián Blaksley, I felt Her presence as never before. I saw Her beautiful, shining being before my mind's eye. Her embracing love radiated constantly, filling my heart with heavenly happiness and which my body perceived as a warm, pulsating, energy. Deep peace washed over and through me.

She delighted and thrilled me a number of times with Her presence and Her gentle embrace until one day I clearly heard Her voice too, which was as loving and tender as Her presence. She said: "I brought you a present. Imagine an openable heart locket, in the front of which you can hide any image inside. I will give you

the most important message you can ever receive: 'I love you!' Hide it in this locket and keep it in your heart. Whenever you feel like it, open the heart locket and receive this beautiful message again and again. I will embrace you with all the tenderness and love of my heart. These beautiful words fall like tiny seeds on the fertile ground of your heart to bring flowers one day. I love you!"

It was wonderful to be with Mother Mary, so I got up early in the morning, before my family woke up, to be with her in silence. This togetherness—or “intertwining” as Mother Mary calls it—is still part of my daily routine, a beautiful relationship and a new path that fills me with complete happiness.

On August 31, 2020, Mother Mary reappeared with unspeakable kindness and said, “My dear child, it is time for us to begin working together. Feel the tenderness of my heart that surrounds you.” This is how the unfolding of the messages began—a sacred journey that continues to this day and has brought forth six books, with *Divine Dance* being the second to be published.

The words of Mother Mary always bring certainty, are uplifting, and fill me with reassurance and happiness. She is an understanding, supportive, helpful mother who treats me as Her child and friend. Her love is completely free of expectations and conditions, giving me absolute freedom and joy.

I experience each message on several levels. I feel and experience them in the events of my life and also the happenings of my soul. I feel them in my heart like a small package that has a definite energy. This energy package, which is a sum of feelings, colors, music, and thoughts, turn into words in me. Without figuring out how to form them, the words flow constantly. I immediately write them down in Her presence. A very high level of energy sometimes pulsates around and inside me—being calm, blissful, and uplifting all

at the same time. It is as if another dimension has opened up for me to be transported, and to enjoy for a while.

Mother Mary does not appear before my physical eyes but before my spiritual eyes. When I am writing I do not see, but feel Her. When I immerse in Her presence, sharing the happiness which we mean to each other, I see Her before my spiritual eyes. I see Her as a beautiful lady and mother whose presence gives me the impression of indescribable beauty, and glorious spring colors and scents. Her face and whole figure shine in a wonderfully distinctive light, radiating a glowing spectrum of colors both beautiful and subtle.

There are also times when I am able to grasp more of Her being, leading to a world beyond words, to Heaven, where we are all one heart, one soul, and where God is all in all. I am sustained in a pulsating light and a soft world full of colors and music, the explosive joy of which flows in waves over my body and soul.

I feel the presence and support of Jesus in the same way as that of Mother Mary. He has been present too from the beginning of my beautiful experiences, sharing His incomprehensible love and peace. I have also recorded His messages but to date none have been published.

I know that wherever I am, wherever I go, my beloved Mother will always be with me. It gives me enduring reassurance and great happiness. She helps, comforts, embraces, and gives advice. She loves, and loves endlessly. She does not consider me sinful or flawed, but instead treats me as if I were the most beautiful flower in Her garden. There is not a single created soul and being who is not surrounded by Her supreme love and eternal care. When you sense and experience this unconditional, beautiful love, you long to become one with it and simply melt into this unfolding miracle.

I am immensely grateful to our Heavenly Mother, the Blessed Mother Mary, the shining Mother of Love for embracing me with the loving rays of Her heart. And I sincerely wish with all my heart that you also experience this wonderful miracle.

With embracing love,
Marietta Beregi
Budapest, Hungary



A Note from the Author

For the past five years I have been receiving the messages of Mother Mary – the fruit of a wondrous, grace-filled process that I have already shared in the Birth of the Book section. I invite you to read each message with your heart. Like my brothers and sisters who also receive heavenly messages, I too carry the same human filters as anyone else. While I strive to set these aside and to open myself fully to the flow of Divine Love, so that I may serve as a clear channel, it may still happen that certain thoughts are colored by the limitations of human perception. Each message is carefully reviewed, yet if you find something that does not speak to you, please release it gently and with love.

Regarding the name of God, I would like to note that in my mother tongue, Hungarian, no gender distinction is made. In English, however, I currently use the pronoun *He*, yet throughout these messages of love, God is also referred to as *She* at times. Please be mindful that God is neither *He* nor *She*, but both at once – and infinitely more, beyond anything our human mind could ever comprehend.

During the publishing process of *Divine Dance*, I was inspired to write a booklet called *Dancing with The Divine Flow*, which is a 7-day journey to help us enter the Divine Flow with greater ease and grace. It is included as a gift with this book as a free download. It can be accessed at: www.embracedinlove.com/divine-flow

Thank you for receiving these messages with an open heart, for they have been written with all the love of mine.

With embracing love,
Marietta Beregi



It's Me:
Introduction of the Divine
Mother

Sweetheart, I am the one who always existed, from whose womb creation flowed, and who at a certain point in time took on the form of Mother Mary. The one you are talking to now, the one you are hearing through these words, is my never-changing, eternal self, who is beyond time and all creation. It's me; and you will know me by my voice. There wasn't a time when you did not know me, or a time when I did not hug you with unfailing love.

You, too, took on a body from the never-ending rushing current of my love flowing towards you. I was there in every moment because you were born from my soul. My love gave life to you, like it did to everything else. I am the eternal, the only, the embrace of God. Yet you and I are not separate as you might believe. It is only part of the Earthly world of illusion. What I am, you are. And what you are, I am. We are inseparably one, since we are each one face of the one

reality as the divine self. When you ask me who I am, you want to know how I am different from you, how can I distinguish myself from you. The same spirit, power, energy, and love makes up every part of our soul, but takes on a different face in me and in you in every moment. It always brings something new and yet always remains the same. This dynamic dance is our life, eternal life.

I am the one who always hugged you and always loved you. I am the one in whose bosom you have been held from time immemorial. I am your Heavenly mother, who at some point in time incarnated as Mother Mary.

Mother Mary



Greetings from Mother Mary

Dear Soul! Your whole life is a beautiful dance with God, with Love. Whether you think of the unity of body and soul, or the intertwining of human and divine nature, or even the rhythmic harmony of your thoughts and breathing, everything is dancing within you, seamlessly intertwined.

You feel the power of oneness from all sides. Oneness is the state of divine existence. Everything exists exclusively in oneness, which is what we naturally desire to create on Earth.

For a long time the different aspects of your being have existed as separate little worlds. The body and the soul, as well as the mind and the heart, followed separate paths. That is, they did not form your experiences harmoniously intertwining with each other. All this happened unconsciously and was a natural part of the process of separation and becoming an individual. Now that humanity has gone all the way and created a multitude of seemingly separate worlds, it is time to reverse this process.

In this new world you will have experiences that will bring the longed-for happiness of the heart, that comes from the reality of oneness. The seemingly separate realities are reunited and begin to return to oneness, to God, to love. But all this was necessary, my dear children. Every creation, whether it comes from love or not, brings experiences that become treasures along the way. And humanity is now returning home to love with these very treasures. Oneness will be enriched by every single experience, the beauty of which will be revealed before your eyes.

We are now entering the age of oneness, which will be a blissful dance of heart and mind, an experience of the intertwining of divine and human nature, in which you will recognize your identity in God.

Everything within you strives for unity, every aspect of your being yearns for the dance of oneness. As we make this journey together, you will be delighted to discover that it is all so natural and blissful that every part of your human nature will want to intertwine. And any initial resistance simply dissolves in the light.

Everyone wants to be happy, even your tiniest cells. This desire drives us toward unity, toward the liberating bliss of intertwining. All of your reality wants to dance with love within you forever and ever.

I love you and will stay with you, so that you can always see yourself in the light of my heart. Your Divine Mother.



1. New Forms of Beautiful Love

Beautiful soul! How wonderful human beings are. Look at the power that lies within you. You carry on living life day after day even if you do not understand why, even if you suffer. Strength and the desire to live surpasses everything. Love wants to spread through form. Love ennobles the form, sanctifying it with its presence.

You, the human being is beginning to awaken to the consciousness of your divinity, of love, which will be on a different vibrational level. Your whole being is imbued by the divine presence. You are coming into conscious connection with your own spirit, and your body is attuned to this blissful vibration. You are now able to perceive the energy of love on another level, to perceive it more fully. Imagine that you are in a wonderful world, although you have no senses to fully grasp that. What you can sense through all this however, is similar to viewing through tiny binoculars that can only show you a circle, a vague slice of the whole picture.

Presently you can only detect tiny rays of this beautiful reality with the senses you currently have.

Human beings are going through a wonderful evolution. But why do you have to go through this? Why cannot you fall into this great happiness without undergoing phases? The answer is very simple: for the unspeakable joy of creation and the experience itself. Of course, this does not seem so to you from the reality of a single Earthly life of suffering.

You are on the verge of the next leap in human evolution. Do not look at this from the reality of a single life, but let us move away from the Earth a little so that you can see and feel it more clearly. This leap is not a single moment and is not realized in all people at the same time. It will now involve a huge shift in consciousness. Everything you have experienced so far is meant to serve this step. The steps build on each other because they are organized around a specific principle. Now is the time for humanity to take this step as a single whole. This is not the reality of a single life on Earth, but a part or slice of a comprehensive process.

What does a change of consciousness mean? You, the human being, is ready to see yourself as more than an individual, and is ready to step out of this state and awaken to the reality that you do not have only a human nature. You will now awaken to the consciousness of the divine spirit living in you, that is, you awaken to yourself. As you can only perceive a small ray of the extended consciousness of the divine spirit at this time; this experience will be limited, yet nevertheless is a huge step compared to the previous state, and is of great significance in itself. The tiny ray that you are now able to sense from the divine spirit fills you with happiness and whose power is able to keep you at a higher level of vibration. It is a process that unfolds step by step. As more and more people experience it on an individual level, it is becoming easier for others

to make this leap because the overall vibrational level of the Earth increases as each individual awakens. Old patterns are also still present, but more and more new patterns of energy are forming from the reality of love that permeates through the Earth and the human being. By tuning in to these new patterns, everything changes. A new reality is taking shape. Souls awakened to self-consciousness are in constant contact with their divine spirits, through which they live their human lives. This connection when intertwining, creates an opportunity for the new to appear. As souls move into a different state of consciousness, different skills appear, so to speak, and new sensory organs develop that make the new state of consciousness perceptible. With these new senses, one can more fully grasp the reality of love. The tiny binoculars that have been available to you so far will be transformed. It still remains a binocular, because at this stage of development human beings are not yet able to fully comprehend extensive consciousness, but in due time, it will be experienced as complete freedom and a vast, liberating, and magnificent panorama.

The seeds of this are already on Earth, and there are many people in whom these abilities are already beginning to develop, and some skills are already fully present. But that is not the goal. However exciting the emergence of a new skill is, the goal is to embrace and experience the happiness of love as comprehensively as possible, in which these new skills only help.

Remember what St. Paul says, "If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal."

I want you to see the fuller picture so you can feel where this beautiful humanity is heading. You will experience love in a whole new way. More fully, connected to the God within you.

Experiencing a new state of consciousness is made possible by connecting with love, but the power of habit still vibrates in you, so it is important that you take time each day to feel the beauty of your divine spirit. Love never results in a feeling of superiority, but serves with a humble heart. Love is the sun around which everything revolves. God, the God of love, is the only one that every person awakened to love wants to serve. Love guides and leads you to the experiences with which you are able to express more fully the love that lives within you, the light of yourself.

This change of consciousness can also be said to ennoble matter, that is form. Please appreciate that I tend to use form in a broader sense, by which I mean not only physical reality, but human nature along with its qualities, its personality. The divine presence, the realization of the divine Spirit, permeates all areas of your human existence. You allow the divine soul within you to live through your humanity. It changes everything, although love is never meant to change, just simply embrace and expand. But from the fact that the divine Spirit permeates humanity, changes occur. Your body is able to contain the nourishing energy of love, and be recharged by it. All of this is under the control of the divine Spirit, which requires only openness to it. Step by step, you will learn to let love guide you.

You will no longer want to act out the energy that you experience and feel in your body as a result of various impulses, but rather to embrace it with your divine spirit. The energy coming through your heart and body will nourish you, if you do not act it out right away. Energy is a pure nourishing and creative power that you cannot yet use. However, you will be able to learn all this through the embrace of love living within you. If you perceive and embrace the energy that lies behind the rage with the love that lives in you, it will not appear as destructive energy, but instead will follow the path of love. To do this, you must be in union with your Christ-self.

When you are able to feel your beautiful spirit, you are more able to absorb the vibrations of love. This is where your body resonates and certain diseases avoid you.

I want you to be able to place this knowledge in the right context. I am talking about energy, a change of consciousness, the emergence of new skills being all different manifestations of love. Let tender and sweet love fill you. Everything is meant to express love and the form without love is empty. Skills will only take you elsewhere without love. The form becomes ill without love. The energy, based on love, is distorted by perception that is lacking love.

The sweet, gentle, warming and comforting fire, the outpouring of God's infinite love, is what refines the form, and all aspects of human existence. This fire is there in you, it is part of your self and inseparable from you. Feel its amazing power and connect with it. This is the real you. Experience this burning, blissful fire, a tongue of the flame of God's outpouring.

I love you and will stay with you, so that you can always see yourself in the light of my heart. Your Divine Mother.



2. Drops of Happiness

What is happiness, beautiful soul? I cannot condense it into words. Sometimes you think that happiness is what makes you fly, which motivates you to share yourself. You imagine happiness as a kind of activity. If you are happy, you want to rush, fly, create, embrace, dance, paint, write.

This experience of happiness leads the way to a joyous place. You discover a gate and with joy and bursting enthusiasm want to become one with the gate. You desire to experience everything to be found beyond that gate. You pause at the gate, savouring the newly found drop of happiness and you want to act it out. You ride on the back of the flying bird and let it delight you. You cling to the drop thinking you have found happiness. Your heart wants to burst out, feeling it can be nothing but total happiness itself! How beautiful your dance is my dear heart. But this is not complete happiness, just this single drop. Go further beautiful soul, go even deeper. Do not yet get on the wing of the bird of happiness, do not act it out just yet, but rather let yourself be immersed further, going deeper and deeper until you reach yourself.

Stay with the expanding desire in your heart, and become one with it. Feel it, and inhale the drop. Let yourself be nourished by it. As you absorb it into yourself, as you remain in the stillness of happiness, the gate within you begins to expand infinitely. You become a dance that is now motionless. You become an inexhaustible wellspring of love. You are the light that nourishes and enlivens all.

Words are insufficient here. You next need to deeply inhale the drops of happiness until they become one with your being. You let the dance—that wants to soar—abate within you. It does not diminish as a compelling desire, but is diverted to another plane. You transfer the momentum you experience to the world that is within, which is yourself. You have to be nourished by it first, letting the feeling become one with you in the silence, in the mystery of the heart. When the drop has become one with you, you feel more complete, so that henceforth you are giving your whole self to the world, not merely a single drop. You will savour the experience, becoming one with it and consequently be deeply nourished.

A thousand drops of light and happiness flow to you, and you eagerly drink it in – acting out the moment by celebrating it in dance. You fly merrily like a hungry butterfly who collects sweet nectar, and flies on and on always hungry for more and more nectar.

Close your eyes to the world for a moment, and absorb the drop of happiness you perceive as coming from the outside deeply into yourself. Then from this depth extract what you want to spread. Feel this ripple flow from outside to inside. And from high above to deep below, then turn the dance around. You steer the movement in a new direction by stopping the momentum of the form. You impregnate it with your essence and saturate it with love. You raise the form within yourself which is permeated by the holiness of the divine presence. You move with the Creator within you. You

allow the newly created movement to be God's movement within you. You let God lead the dance. The momentum of the form must be contained, so as not to act out immediately the feeling that appears. This is how you hand over the leadership to God who will start the dance in you and whose movement will appear in your arms and through your whole being. There will be both softness and strength in your elegant dance of beauty and harmony.

I love you and will stay with you, so that you can always see yourself in the light of my heart. Your Divine Mother.



3. The Wise Heart

My beloved! The new is here, reaching another phase in consciousness. How wonderful you are. Let God dance in you. There is an unconscious energetic reservoir within you that you have not noticed yet, and it tosses you from side to side. Living life sometimes from the reality of the heart and at other times from the mind.

The heart and mind alone and separated, roaming without each other, are always lost. The two together are needed for something new to be born. You are led out of this state by the two becoming one now. The heart and mind can only lead the way joined together, fully intertwined with each other. Because you still need guidance, you need a compass living on Earth.

What can you do to bring about the unity of heart and mind? Understand that they are one. That they do not have to become one, because they have always existed as one. But you have thought about them existing in two separate planes, which you observe from one perspective or the other. However, if you relocate from your point of view to a more elevated vantage point, you will see

that they were always one, but appeared otherwise because you did not hitherto know how to look from above. You are elevating now as the movement itself puts everything in a different perspective. However, nothing has changed in the process, nor have you, only your point of view has changed. By slightly moving away from the previous position, a new perspective opens up in front of you. You now discover the wise heart. The presence of the word "wise" refers to the mind, and the heart leads by its own power.

The wise heart is the new reality—for you, at this moment. Actually this has always been the case, but your perception has been distorted until now. All we have to do is to take on newer and expanding perspectives to see the blissful reality more and more fully.

You love the vibration of the words: the wise heart. Realize that wisdom cannot exist without the heart. Without wisdom, the heart would be a cavalcade of colored sounds. They have never existed separately. They exist in such a wonderful intertwining that neither can live without the other. They need each other, like creatures need air. They always move in a circle, constantly showing the way.

My dear heart! How can you feel the power of the guidance of the wise heart?

First, you need to know that it is one. You have to absorb the power and smell of the words. You need to let the knowledge rest in your heart.

You need to let your thoughts permeate your heart and your feelings through your mind. You have to look behind the present reality. You need to feel the color and smell of the thoughts. When a thought pops up in your mind, you let it descend into your heart.

Or when a feeling appears in your heart, you bring it into your mind so that it can put on the garment of wisdom. They form an eternal circle in a beautiful dance. They appear at once, as the two form a dance, but you do not see and feel that yet. The mind must meld with the heart, and the heart with the mind, and enter into the reality of the one wise heart.

Maybe you feel too removed from this perspective, so I will bring it a little closer. Let's take a thought as an example. I say to you: '*God is love.*' You are trying to grasp the thought while due to its own power and momentum it continues to spin within you, but is becoming already distorted a little because the mind is unable to comprehend the fullness of reality.

As soon as I spoke the words to you, feelings immediately appeared in your heart, whether you realized it not, because the role of the mind is very amplified in your world. The heart translates the sentence into feelings, which immediately appears in the mind too, but the mind wants to make the world of feelings immediately visible, tangible, so that it can be grasped for what it is. Thus a mental image with colors is created as a result of the joint effort of the mind and heart. This is not the real truth, but constitutes a very important phase. You desire to give shape to the formless at this point.

But if we deviate from what we have experienced so far, a new perspective opens up. I say to you: '*God is love.*' Now you deeply absorb the scent and color of the words. Your mind wants to stop you by saying that words have no scents and colors. But you continue further on because you know it will lead you to a new perception. You allow your mind to gently repeat the words: '*God is love.*' Your desire now is to experience the taste of words. Your mind is no longer involved because it has been given the task of repeating the words. You try to capture the taste, scent, color, and music of the words. If

the mind wants to intervene, you gently repeat the words. This will open the reality of the wise heart to you. You let the words wash around in your heart. The heart and mind are now moving at a harmonious pace and are happily dancing, uplifting you joyously, being finally liberated and doing what they were destined to do.

The heart and mind have become a single movement pulsing and breathing within you, neither exists without the other—intertwined in a blissful dance. They transport you to a new world.

My beloved! Now we dive into silence a little, and let the wise heart guide you. You repeat softly: *'God is love.'* You inhale the words, feeling their taste, color, scent and music. You are not expecting anything new. You are not expecting any experience. You gently surrender to this dance, this ripple of movement. And remain in it for a little while.

This meditation, this prayer, is as simple and beautiful as the wonderful dance, rhythm and ripple of the breath. You cannot give words to this experience because it takes you beyond the realm of the senses and thoughts. Just be there and relax in it, to recharge your body and soul from the breath of love.

After a while, this condition becomes perceptible to you, which is like switching to another frequency. You slip into the soft fragrant silence on angel wings—light, sunny and smiling.

I love you and will stay with you, so that you can always see yourself in the light of my heart. Your Divine Mother.