

AND I WILL GIVE YOU REST BIBLE READING PLAN

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#### AND I WILL GIVE YOU REST

#### August

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IN HIS GRACE - BIBLE READING PLAN

#### What it means to dig deeper.

**Read:** Read the Bible verse of the day. Don't forget that when you read a Bible verse, you also need to look at the context surrounding it.

**Cross-reference:** Reference another text or part of a text, typically given in order to elaborate on a point.

**Research:** Look further into what the Bible verse means. Is there an overarching theme throughout the Scriptures? Is it a timeless teaching, meaning does it transcend time? Or is it a cultural concession, meaning was it meant specifically for the time it was written. Then identify how you are to apply this to your own life.

**Meditate:** Filling your mind with God's Word. Thinking about what you just read and learned. **Write:** Write out questions or thoughts about what you just read and learned. Any prayer requests or praise reports that you have.

**Pray:** Speak with God. Communicate with Him, don't just talk to Him. Praying is communication with the Lord. Prayer is not only asking God for things, but praising Him for what He has done, for what He will do, and what He chooses to do. And don't forget to pray the Scriptures.

**Listen:** Take time to sit and listen to the Lord's response to your prayers.

**Respond:** Here is where you get the opportunity to do what God has asked you to do.

Michele Arnold

COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED, AND I
WILL GIVE YOU REST.
MATTHEW 11:28 NIV

THE NAME OF THE LORD IS A STRONG TOWER; THE RIGHTEOUS RUNS INTO IT AND IS SAFE. PROVERBS 18:10 NASB

YOU WILL KEEP IN PERFECT PEACE ALL WHO TRUST IN YOU, ALL WHOSE THOUGHTS ARE FIXED ON YOU! ISAIAH 26:3 NLT

LOOK TO THE LORD AND HIS STRENGTH; SEEK HIS FACE ALWAYS.

1 CHRONICLES 16:11 NIV

THIS IS HOW WE KNOW THAT WE BELONG TO THE TRUTH AND HOW WE SET OUR HEARTS AT REST IN HIS PRESENCE:

1 JOHN 3:19 NIV

LET ME LIVE FOREVER IN YOUR SANCTUARY, SAFE BENEATH THE SHELTER OF YOUR WINGS! PSALM 61:4 NLT

THE LORD REPLIED, "MY PRESENCE WILL GO WITH YOU, AND I WILL GIVE YOU REST."
HEBREWS 4:10 NIV


HE STILLED THE STORM TO A WHISPER; THE WAVES OF THE SEA WERE HUSHED.

PSALM 107:29 NIV

I LAY DOWN AND SLEPT, YET I WOKE UP IN SAFETY, FOR THE LORD WAS WATCHING OVER ME. PSALM 3:5 NLT

YES, MY SOUL, FIND REST IN GOD; MY HOPE COMES FROM HIM. PSALM 62:5 NIV

TAKE MY YOKE UPON YOU AND LEARN FROM ME, FOR I AM GENTLE AND HUMBLE IN HEART, AND YOU WILL FIND REST FOR YOUR SOULS.

MATTHEW 11:29 NIV

TASTE AND SEE THAT THE LORD IS GOOD;
BLESSED IS THE ONE WHO TAKES REFUGE IN HIM.
PSALM 34:8 NIV

TRULY MY SOUL FINDS REST IN GOD; MY SALVATION COMES FROM HIM.
PSALM 62:1 NIV

FOR I HAVE GIVEN REST TO THE WEARY AND JOY TO THE SORROWING.

JEREMIAH 31:25 NLT

DO YOU NOT KNOW? HAVE YOU NOT HEARD? THE LORD IS THE EVERLASTING GOD, THE CREATOR OF THE ENDS OF THE EARTH. HE WILL NOT GROW TIRED OR WEARY, AND HIS UNDERSTANDING NO ONE CAN FATHOM.

ISAIAH 40:28 NIV

RETURN TO YOUR REST, MY SOUL, FOR THE LORD HAS BEEN GOOD TO YOU.

PSALM 116:7 NIV

THE LORD REPLIED, "MY PRESENCE WILL GO WITH YOU, AND I WILL GIVE YOU REST."

EXODUS 33:14 NIV

THEN, BECAUSE SO MANY PEOPLE WERE COMING AND GOING THAT THEY DID NOT EVEN HAVE A CHANCE TO EAT, HE SAID TO THEM, "COME WITH ME BY YOURSELVES TO A QUIET PLACE AND GET SOME REST."

N	MARK 6:31 NIV

PEACE I LEAVE WITH YOU; MY PEACE I GIVE YOU. I DO NOT GIVE TO YOU AS THE WORLD GIVES. DO NOT LET YOUR HEARTS BE TROUBLED AND DO NOT BE AFRAID.

JOHN 14:27 NIV

I SAID, "OH, THAT I HAD THE WINGS OF A DOVE I WOULD FLY AWAY AND BE AT REST.

PSALM 55:6 NIV

SURELY YOUR GOODNESS AND LOVE WILL FOLLOW ME ALL THE DAYS OF MY LIFE, AND I WILL DWELL IN THE HOUSE OF THE LORD FOREVER.

PSALM 23:6 NIV

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HE MAKES ME LIE DOWN IN GREEN PASTURES, HE LEADS ME BESIDE QUIET WATERS.HE REFRESHES MY SOUL. HE GUIDES ME ALONG THE RIGHT PATHS FOR HIS NAME'S SAKE.

PSALM 23:2-3 NIV

#### Migging Neeper

WHOEVER DWELLS IN THE SHELTER OF THE MOST HIGH WILL REST IN THE SHADOW OF THE ALMIGHTY. I WILL SAY OF THE LORD, "HE IS MY REFUGE AND MY FORTRESS, MY GOD, IN WHOM I TRUST."

PSALM 91:1-2 NIV

FOR THE LORD YOUR GOD IS LIVING AMONG YOU. HE IS A MIGHTY SAVIOR. HE WILL TAKE DELIGHT IN YOU WITH GLADNESS. WITH HIS LOVE, HE WILL CALM ALL YOUR FEARS. HE WILL REJOICE OVER YOU WITH JOYFUL SONGS."

ZEPHANIAH 3:17 NLT

IN PEACE I WILL LIE DOWN AND SLEEP, FOR YOU ALONE, LORD,
MAKE ME DWELL IN SAFETY.
PSALM 4:8 NIV

HE WILL COVER YOU WITH HIS FEATHERS. HE WILL SHELTER YOU WITH HIS WINGS. HIS FAITHFUL PROMISES ARE YOUR ARMOR AND PROTECTION.

PSALM 91:4 NLT

TRUST IN THE LORD FOREVER, FOR THE LORD, THE LORD HIMSELF,
IS THE ROCK ETERNAL.
ISAIAH 26:4 NIV

**AUGUST** 

THE LORD IS MY SHEPHERD; I HAVE ALL THAT I NEED. HE LETS ME REST IN GREEN MEADOWS; HE LEADS ME BESIDE PEACEFUL STREAMS.

PSALM 23:1-2 NLT

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"I HAVE TOLD YOU THESE THINGS, SO THAT IN ME YOU MAY HAVE PEACE. IN THIS WORLD YOU WILL HAVE TROUBLE. BUT TAKE HEART! I HAVE OVERCOME THE WORLD."

JOHN 16:33 NIV

#### MORE FROM IN HIS GRACE

#### **DEVOTIONALS**

- Peace "To be complete"
- Hope "To trust"

#### **BOOKS**

- The Journey 40 Days of prayer for your husband
- Who God says I am Girls Edition
- Who God says I am Boys edition

#### **MAGAZINES**

- Journey: Light for my path a Bible study style magazine
- Journey: Who God says I am a Bible study style magazine

#### **NOTECARDS**

- Open when...
- Just a reminder Postcards

#### **KEEP IN TOUCH**

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